



wood High School

Name Here:



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**Paint
your
Future...**

Introducing the
Eighty-First Edition
of the
Norwood High School TIOT Yearbook

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Dedication

We proudly dedicate this yearbook to

What is your favorite part of working at Norwood High School?

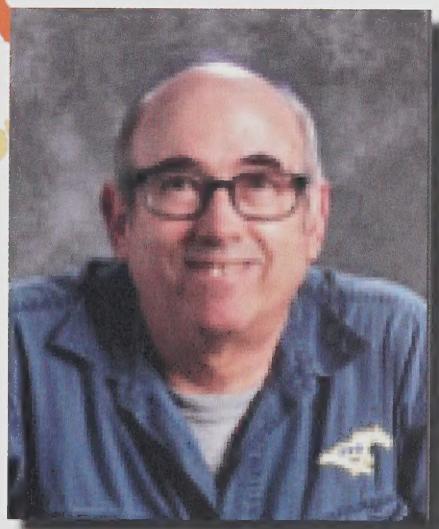
My favorite part about working at Norwood High is that in any given day, there's always something different going on. I enjoy working with the teachers and students and I try to help out everybody as best as I can.

How long have you been working at Norwood High?

I started working at Norwood High in 1991, and I have been employed here for 28 years.

If you could tell the world one thing what would it be?

A little common sense goes a long way!



What is your most positive experience at Norwood High?

My most positive experience while working at Norwood High, was when I was promoted to senior custodian in 2009.

Do you have any interesting hobbies?

I enjoy collecting old black & white photographs of movie stars, dating back from the 1930's through the 1970's. I also love watching hockey, football, baseball, etc...

Thank you so much to our senior custodian, Charles Griffiths (or Charlie, to his friends). With the constant hard work of Mr. Griffiths and his team, we continue to have a school we are proud of; the "new school on the hill" has not aged a day since its opening 8 years ago.

We are proud to offer this dedication as a small token of gratitude for your dedication, leadership, kindness, and hard work.

Thank you!

**GET TO
KNOW MR.
GRIFFITHS!**

**Charles
Griffiths**

Academics



When I first stepped foot inside the doors of NHS as principal, I felt an overwhelming sense of pride, inclusion, and kindness. Because of you, that spirit of pride, inclusion, and kindness has continued to grow and spread at NHS this school year. While you have many amazing qualities, I want to take a moment to recognize one that sets you apart.

You probably have never thought about this, but you are the reason that we as educators exist in this role. We would not be here if you were not here. You may think about your daily role as a student and how you “learn from” your teachers. But, Class of 2019, you are special because you have managed to flip the script. What you may not realize is how much we as educators learn from you. In a short time at NHS, I have come to realize that this is a special place because each day, we as educators, and you as students, are learning together. Each day, you show up – regardless of whatever obstacles stand in your way on your journey – and you engage in the learning process and capitalize on your experience. You collaborate with your peers and your teachers, you take on leadership roles, you solve real problems, and you model responsibility and respect for those around you. Every time you ask a question, every time you engage in a productive struggle for learning, and every interaction you take part in allows us to learn from you. You are already master teachers having a profound effect on everyone around you.



In my first year as NHS principal, I want you to know how much your dedication, respect, and work ethic stand out to me. I have learned so much from you already. I know that you will continue to “teach” others throughout your life.

**With Admiration and Respect,
Hugh T. Galligan
Principal**

NHS Staff



Dr. Hugh Galligan
Principal



Cindy Derrane
Vice Principal



Dr. David Thompson
Superintendent



Dr. Alec Wyeth
Assistant Superintendent



Jonathan Longley
Athletic Director



Catherine Connor Moen
Fine Arts Director



Norwood School Committee

Back row:

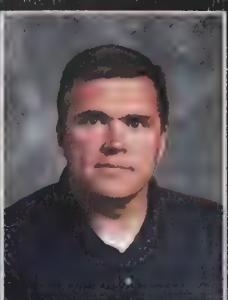
Maura Smith
Myev Bodenhofer

Front row:

Teresa Stewart
Michele Eysie Mullen
David Catania



John Sarianides
Class of 2022



Matthew Curran
Class of 2021



Kerri-Ann Quinn
Class of 2020



Andrew Garczynski
Class of 2019

Administration

Deans

Support Staff



Jennifer Bradley
Librarian



Anne Calligan
Secretary



Lisa Colosimo
Secretary



Kathleen Crowley
Nurse



Melaurie Jean-Noel
Career Advisor



Robert Jones
Technology



Michele Hilley
Speech Pathologist



Wendy Mannerling
Library Assistant



Carol McDonough
Nurse



Jane Mitchell
Psychologist



Paul Murphy
School Resource Officer



Jack Tolman
Technology & TV Production



Anne Marie Wagner
Secretary



Kristen McDonnell
Department Chair
Mustang Mentors



Molly Barefoot
Girls' Hockey
Spirit Club



Rory Cartland



Christine Daigle



Laura Giordano



Leah Stevens
Adjustment Counselor



Lisa Tartufo
Adjustment Counselor
GSA

Guidance

English



Stephen Angelini



Kathryn Benson



Elizabeth Colahan



Lindsey Connolly



Kendra Leavitt



James Lee



Angela Logan



Rachel Phelan



Julie Treloar



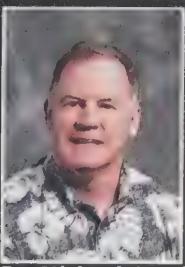
Howard Allen



Anne Marie Busler



John Churchill
Boys' Tennis



Dr. Michael Crowley
Robotics Club



Paul Betz
Department Chair



William Cyr
Dungeons & Dragons



Brian Irr



Stephanie Lemieux

Jessica Long



Joseph Pinola
Freshmen Volleyball



Melissa Romaine
Freshmen Field Hockey



Ann Shetfield

Science and Tech

Mathematics



John Casali
Department Chair



Elsa Apostoli
Math Club
JV Volleyball



Paula Curley



Kate Danner
Girls' Lacrosse



Natasha Ganson



Amy Lepley
Girls' Basketball



Laura Mullen



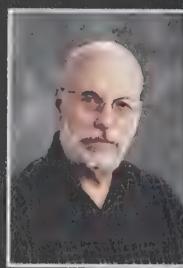
John O'Connor
Chess Club



Betty Jean Pinto



Jennifer Rodger
Swim and Dive



Richard Simon



James Sweeney



Jennifer Orlinski
Department Chair
GCP



Jason Andalo



Daniel Costigan



Eliza Crimmings



Matthew Curran
Dean '21
Boys XC and Track



Kate Curtin
Swim and Dive
Student Council



Laura John



Allison Leichtman
EYC



Jeffrey Loja
Track



Rebecca Newman
Girls' Soccer
National Honor Society



Donald Oliveira



John Sarianides
Dean '22



Molly Uppenkamp
Yearbook
Debate Club

Social Studies

Foreign Language



Jessica Kaplan
Department Chair
Post Prom



Phillip Buhler
German Club
ASL Club



Tyler Goncalves



Moriah Holmes
Latin Club



Michelle Kelley
Friendship Club



Sarah Malinge
French Club



Daniel Reyes
Spanish Club
Boys' Lacrosse



Jalyssa Soto



Kerry Szymczyk



**Saquora Lowe-
McLaurin**



Elizabeth Mullaney
NAHS



Steven Conant
Band
Orchestra



Jennifer Hartnett
Chorus
Madrigals



**Laurie Mead-
McGropy**
Department Chair
NAHS



Jeb Brunt
NHS Update
NHS-TV



John Quinn
Drama
Post Prom



Ryan Quigley
Department Chair



Jan Cohn
Mustang Mentors
SADD



Andrew Garczynski
Dean '19



Nora Glynn
Spirit Club
Assistant XC
Girls' Track



Justin Merenda



Tara Noyes
SADD

Fine Arts

Wellness

Special Ed



Daniel DeLuca
Department Chair



Melissa Blackburn



Christine LaRaia
Be The Change
Hearts of Hope



Brian Martinelli
Alternative Classroom



Janet Miller



Caitlin Nottebart
Field Hockey, Softball,
Hearts of Hope



Greg Noble



Kerri Ann Quinn
Dean '20



Karen Shilo



George Stamides



Beth Standring



Steve Burrill
Boys' Basketball



John DiCalogero



Shelbe Doliner



Brandon Davis



Dianne Ehrlich



Michael Flaherty



Suzanne Linehan



Thomas Manning



Ellen Molloy



Kevin Myles



Brigid Sandstrum



Molly Satter

Aides



Jennifer Botelho



Terri Chisholm



Veronica Gordon



Donna Gronroos



Sharon Hickey



Anna Lore



Judith Loud



Christine Masciulli



Anna Neves



Vicki Zammito



Back row: Paul Weta, Pete Bailey, Gerard Mullen

Front row: Goe Sores, Albino Dias, Charles Griffiths, Americo DaSilva

Dining Hall

Custodians

Teacher

Best Dressed



Mr. Loja and
Ms. Danner

Most Likely to Take a Phone



Ms. Kelley and
Ms. Mullen

Funniest



Mr. Lee and
Mr. Oliveira

Best Stories



Mr. Andalo and
Mr. Sweeney

Most Homework



Mr. Curran and
Mr. Betz

Most School Spirit



Ms. Glynn and
Mr. O'Connor

Most Likely to Win Jeopardy



Mr. Cyr and
Mr. Simon

Favorite Teacher



Ms. Lemieux and
Mr. Andalo

Superlatives

Most Sarcastic



Mr. Curran and
Ms. Logan

Most Likely to Give Detention



Ms. Lepley and
Mr. O'Connor

Most Passionate about Teaching



Mr. Loja and
Ms. Danner

Most Likely to Put You on Blast



Mr. Oliveira and
Ms. Drummeay

Most Likely to be Mistaken For a Student Most Likely to go on a Tangent



Ms. Romaine and
Mr. Goncalves



Mr. Cyr and
Mr. Lee

Most Likely to Make You Late



Ms. Drummeay and
Mr. Betz

CLASS OF

2019

Seniors

This is a very special time in your lives and I am very proud to be sharing it with you. This is a time to remember where you came from, the many paths you took to arrive here and those who helped you along the way. It's also a time to dream of where you will go in the future and the challenging journey that lies ahead. As you pursue your future endeavors, do not let any obstacle on your path prevent you from reaching your goals. Dream big, work hard, be kind and surround yourselves with good, positive people. I wish you the best!

Andy Garczynski
Dean of the Class of '19



A large group photograph of the Class of 2019 in front of Norwood High School. The students are standing in several rows on a brick-paved area. In the foreground, the words "CLASS OF" are written in white, and "2019" is written in large, bold, black numbers. The school building behind them is made of red brick with white trim, featuring multiple windows and a prominent white portico with columns.

NORWOOD

CLASS OF

2019



Seniors

President



Gia Rodriguez

Secretary



Noelle Abruzzese

Fine Arts Adviser



Sarah Jackson

Boys' Treasurer



Sam Wong

Boys' Athletic Adviser



Aidan Reardon

Vice President



Tim Rose

Girls' Treasurer



Surya Adeleye

Girls' Athletic Adviser



Bryn Garczynski



Volleyball 1-4
Secretary 3-4
Shoutout to THE SIX
(AO,KD,LN,MM,VS) & SAFTB
and GIRLS
Couldn't do it w/o the fam
Mashpee
""I Only Broke The Left Side
Tho""
""Kill Them With Success
And Bury Them With A
Smile""
& Thats The Tea Sis



"Sometimes you gotta
work a little so you can
ball a lot" -Tom Haverford
The baddest chicks in the
game: ZW PM SB MT SM
AN KH
I would be nothing
without my mama love u
(hannah's cute too)



"Until we meet
again, may God
bless you as he has
blessed me." -Elvis
Presley



"Believe in yourself,
and you will be
surprised of what
you are capable of
accomplishing."



NHS Class of 2019



"The scariest
moment is always
just before you
start." - Stephen
King



"Football 1-4,
Wrestling 1-4 (Captain
4), Lacrosse 2-4
"Target acquired. If
you know, you know" -
Dan Brown
Betty Jeans Accounting
Machines
Thanks Mom and
Bobby



Cross Country 1-4 (Captain
3-4), Indoor Track 1-4,
Outdoor Track 1-4, NAHS
2-4, NHS 3-4, Yearbook 4,
DO, GR, MJ, ED, VS, AM,
LC, Mead, Long,
McDonnell
"To give anything less
than your best is to
sacrifice the gift." -Pre.
Thanks Mom, Dad, &
Devin.



"Somewhere I have
heard this before
In a dream of
memory restored" -
On A Plain



"Knock Knock
Who's there?
I'm
I'm Who?
I'm Out!"

CARIN KIRKHAM



Your fav sisters:
PM, SM, SA, KH, MT,
ZW, AN!!
Shoutout to my favs
KMACK, JMo, and
Monsieur Buhler for
keeping me sane all
4 years!!

Sophia Deesche



Melanin has powers
to threaten the
ignorant and
intimidate the
misinformed



Jesus took the wheel
for real

Valerie Alvarado



Soccer 1-4 (Captain
4), Track 1,2,4, Swim
4, Madrigal 2-4.
Thanks to my mom,
my dad, my brother,
my family and
Mikayla. "Hands up,
don't shoot"

Kristie Bedeschiller



"If you're going
through hell, keep
going"-Winston
Churchill

Alexander Joseph



"Another day,
another migraine." -
Squidward

Theresa Troyano



"There are no
dangerous thoughts;
thinking itself is
dangerous" -Hannah
Arendt

Bethany Bro...
...n



"The most important
thing is to shake off
this erroneous notion
that life is there and
you're just going to
live in it, versus
embrace it, chance it,
and make your mark
upon it." -Steve Jobs

Eduardo Rivas



Robert Gutierrez

Soccer 1-3, Winter Track 1-4, Tennis 3-4, NHS TV 1-4, "***Silence***" Thanks family



Michael Ladd

Hockey 1-4 Certified beauty K-12 "The best route is to stay humble and stay true to yourself." - Rich the Kid
Hide your crossbars shoutout boyos



Anna Ziegert

"Does the brain control you or are you controlling the brain? I don't know if I'm in charge of mine." - Karl Pilkington

Thanks Mum and Dad! <3



Sophie Campbell

Field Hockey 1-4 (Capt 4), Hockey 1-4 (Capt 4), Lax 1-4 (Capt 4), ET, KW, MH, JK, MJ, CM, TF, Senyas 2019, Dozen Girlos, Tiny Trot, GG, Ohhh, Sally's Girls
#11/12, #JFI, EGGS, 3/17
Thanks Mom, Dad, Caroline, and Colin!



Matt O'Connor

NHS Class of 2019



Gillian Clegg

"Reminds me of the time we tried to eat the dude in the hot dog suit" - shaggy Rodgers



David Lopez

NHS Class of 2019



David Gutierrez

Cross Country 3-4, Track 3-4, Mustang Mentors 3-4, Spanish Club 1-2. "Be the change you wish to see in this world." Thank you to everyone for the memories, laughs, love, and support. Thank you to my parents, grandparents, and family for everything :)



Thomas Connor

"Good Morning Streaks" -Ghandi
"See you boys in Valhalla" -Shane Foley
Thanks to everyone that believes in me



Baseball 1-4,
Basketball 1-3,
Toothpicks cribs,
Mashpee.
" I'm outta here. See
you guys later."
Thanks Mom, Dad,
and Danny.

Isaac Colle



Hilary Dohner

"Soccer 1-2 Cross Country
3 Indoor Track 1-2 Track
and Field 1-4
Friends Season 10
Episode 2 2:47-3:06
AK AK SL CK
Alli and them, Senyas
2019, Dozen, MLK
Long Live BP's, 3/12
Thanks mom!!!! You're
countlessly awesome "



Argentina Diaz

Imagination is more
important than
knowledge.
Knowledge is
limited. Imagination
encircles the World.
#Bsmart2k19



NHSTV 1-4, STN 3-4,
Tennis 3, MUN 3, EYC 4,
"The story so far: In the
beginning the Universe
was created. This has
made a lot of people very
angry and been widely
regarded as a bad
move." -Douglas Adams,
The Restaurant at the
End of the Universe

John DeGalan



Michael Dunn

Golf 1-4 (GTBT), Hockey 1-
4, Ivan's Boys, NHS Update
2-4, STN 3-4, Putting for
Patient Champ, Big Boyo
Brand, Billy, SP, Pep Rally
Champs
"I already won the lottery. I
was born in the US of A
baby." -Creed Bratton
Thanks for everything
Mom!



Laura DeLuzio

Volleyball 1-4
Gymnastics 1-2
Softball 1-4
""I'm just here so I
won't get fined." -
Marshawn Lynch
RR, AG
Thank you to my
family for helping me
get through this.



"Give a man a fish and feed
him for a day. Don't teach a
man to fish...and feed
yourself. He's a grown man.
And fishing's not that
hard." -Ron Swanson
NHS Update 3-4, Football 1-
4, Wrestling 1-4 (Captain
4), Lacrosse 3-4. Thanks
Mom for everything!

Karen Colle



Kelly Baker

I thank my parents for
their love and support,
and my friends that
have always been by
my side since middle
school.
"Good, better, best.
Never let it rest. 'Til
your good is better and
your better is best" (St.
Jerome)



Andrea Tilly

"The only easy day
was yesterday"
-U.S Navy Seals



Soccer 1-4,
Basketball 1-4(Captain 4),
NHS 3-4
" You can do good work
simply staying up all night
and eating nothing but junk
food, but not in the long
term." - John Mulaney
Thanks Mom, Dad, and
Laura
Betty Jeans Accounting
Machine

Eric Dalton



why follow your
dreams when you
can follow me?
@big_papi_pedro



Football 1-4,
Baseball 1-2,
Lacrosse 4.
"Speed never hurt
anyone, it's
suddenly being still,
that's what gets
you."
-Jeremy Clarkson

Anthony, my brother



"That's hot"
- Paris Hilton

Olivia DeAngelis



Football 1 and 4,
Golf 2, Basketball 1
and 3, Baseball 1-4 (
Captain 4)
LBL4
" If you're not first,
you're last"
-Ricky Bobby

Timothy Donohue



Softball 1-4,
Gymnastics 2-4,
Mustang Mentor 3-4
"I wish there was a way
to know you were in the
good old days before
you've actually left
them"-Andy Bernard
Thanks Mom, Dad, and
T.J. for your support!

Alexandra Dumitrescu



They say cheaters
don't get anywhere,
but look where I
made it.

Denice Domingo



My whole life I was told
that I could do anything.
When I was diagnosed
with epilepsy my whole
world flipped. "Never say
never because limits, like
fears, are often just an
illusion." This quote got
me through the rough
patches of my life.

Jordan



Shout out to The Six. ily
guys. Angel's.
SAFTB&Girls
No cap Mashpee house
Cat house. Amanda huh?
Cheerleading 1-4
Thank you Mom, Dad,
and Nan, couldn't have
done this without you
guys!
"We really graduated
just to go to school
again."

Olivia



Lacrosse 1-4
Captian 3-4, Soccer
1-4, shoutout the
boyos, Mom, Brian,
Billy. "it really do
be like that
sometimes".
Free Bobby Shmurda



When I grow up, I
want to be Dwight
Schrute.



"You can't be proud
of what you were
born as, only of
what you become."



NHS Class of 2019



field hockey 1-4, spirit
club 1-4,
MJ, MH, ET, KW, CM, RC,
JK, MJ, MH
8sum, gucci gang, senyas
2019, goon squad, tiny
trot, tg 1060,
#itsfineimfine, #JF1,
#7/12,#EGGS, #terricakes



Basketball 1-3, Lacrosse
1-4, Chorus/Madrigal
Choir 4, Drama/Theater
4, Tri-M Music Honors
Society & Mustang
Mentor
"After the storm is when
the flowers bloom" -Kali
Uchis
I thank my family for
always loving me
unconditionally. I love
you all so much!



"Balance"



Track 1-4, Shoulda
chose da Bob, Stop
T-Series at all costs,
If you're reading this
future me, all I can
say is that we might
be a little too
awesome "Smile".



NHS Class of 2019



Hockey #4 (3-4) shoutout to all the boys , LBL4
The shack, the lake, wow, amos 1-3, cat house, mashpee and many more memories
"Even with whatever people want to label me with there are so many other sides to me" - wiz
Thank you to my dad, mom, hope

Hunter Ford



The truth is you don't know what is going to happen tomorrow. Life is a crazy ride, and nothing is guaranteed.
#Bsmart2k19

Kristen Fox



Field Hockey 1-4 (Capt. 4) Softball 1-4 (Capt. 4)
Basketball (1) Student Council Girls Athletic Adviser (1,3,4) DF. ZZ. SJ. JV
"We're adults. How did that happen?" - Meredith Grey. Thanks Mom, Dad, Kayla, Erin, & Ryan for everything!

Meredith Grey



If you have the ability to believe, never let self destruction and people break down your dreams.

Danyja Gardner



Volleyball 1-4
RR CW
"turn my textbook to a check book" - young ma

RR CW



To all my "children" and "grandchildren", thank you for such an amazing year. Thanks Mom and Dad for always supporting me through this year.

Avery Johnson



"Bruh we just graduated to go to school again"
ER
MJ
DC
MR
Volleyball 1-4
Softball 1-2
Mustang Mentor
Thank you Mom, Dad, John, and Auntie for all the help though the years <3

Emma Gribble



"One day, you're 17 and you're planning for someday. And then quietly, without you ever really noticing, someday is today. And then someday is yesterday. And this is your life." -Nathan Scott
Thanks Mom Dad James and Elvis for the love and support

Alison Golden



Experience life to the fullest



LIVE YOUR BEST
LIFE!!! M.C. <3



What a long strange
trip its been in
225/114. Thanks to
the TASC program
and two crazy
teachers for helping
me throughout
everything. <3



"You are braver than
you believe, stronger
than you seem, and
smarter than you
think."
- Christopher Robin



"Don't let your fears
overwhelm your desire.
Let the barriers you
face—and there will be
barriers—be external,
not internal. Fortune
does favor the bold, and I
promise that you will
never know what you're
capable of unless you
try."
-Sheryl Sandberg



still doin' math
when i miss my class



"Wtw this weekend"
-Everyone



Golf 1-4 (Captain 4)
"As you think, so you
shall become" -
Bruce Lee.
Thanks to all of my
teachers and to both
of my parents!



Cross Country 3
Friendship Club 4
Post Prom 4
Maybe she's born
with it. Maybe it's
Melanin



"[Cap and gown], I
[went] to class, I'd rather
die before I come in last."
- Ca\$h Carti
S/o Kiki & Juju <3, The
Walden Pond Demon
Summoning, Radical
Dan, BP's, TV gang,
9/27/17, concerts I
missed school 4-;, Psych
with Andalo, & Donny O.
RIP HS ily"

Charles Homan

Mia Starnell

Alexis Hatch



Ice Hockey 1-4,
Baseball 1-4,
Toothpicks crib,
Mashpee



"He who stops being
better stops being
good."

- Oliver Cromwell*

*Public Enemy #1 and
Killer of Christmas"



Thank you to NHS
music for letting me
discover what I truly
love to do. Thank you
to all my friends for all
the laughs.

"I knew exactly what I
was doing, but in a
much more real sense I
had no idea what to
do." - Michael Scott

Quinn Hayes

Caitlin Macmillan

Anna Hayes



Golf 1-4, Hockey 1-4
BBJ, SP, BBB Pep Rally
Champs, Cars full, PGH
"The sea was angry
that day, my friends -
like an old man trying
to send back soup in a
deli."

- George Costanza



"Be who you are and say
what you feel because
those who mind don't
matter, and those who
matter don't mind."

- Dr. Seuss



"That's what"-She
Field hockey 1-4
Indoor Track 1-4
Outdoor Track 2-4
Spirit club 1-4
S/o: 8sum, gucci gang,
senyas 19, dozen
girlos(4/12), tiny trot, milk,
goons
KW, ET, JK, RC, MJ, CM, TF,
RN
Special thanks to Mom, Dad,
and Ava!

Matthew Hayes

Sam Hayes

Anna Hayes



German Club, GCP, "We
choose to go to the
moon in this decade and
do the other things, not
because they are easy,
but because they are
hard.. because that
challenge is one that we
are willing to accept,
one we are unwilling to
postpone" -JFK



Softball 1-4
Mustang Mentor 3-4
"No act of kindness, no
matter how small, is
ever wasted." - Aesop
Thank you Mom, Dad,
and Cory for all your
love and support these
past four years!



Sorry I cant, I have
work tonight

Caroline Foxon

Jade Hayes

Kaylee Hayes



"Life moves pretty fast. If you don't stop and look around once in a while, you could miss it". - Ferris Bueller
(Ferris Bueller's Day Off)



"I can't believe I actually graduated on time"



Soccer 1-4, Track & Field 1-4, MMG 2-4, GCP 3-4

The Office, Season 2, Episode 22, 14:25
Thanks Mom, Dad, Aidan, Grace, & Emma!



NHS Class of 2019



I'm sorry, did my shoulders distract you from reading this quote?



sneezes in braille



We didn't realize we were making memories, we just knew we were having fun. Thank you to all my girls for always backing me up, and my family for always supporting me.
#Bsmart2K19



Sarah's laugh

I'm so thankful for everyone that I've met through my high school career, all of my amazing teachers and my friends. With out you guys I wouldn't be where I am today. Lastly to my parents and brother for being awesome.



Swim 1-4 (Captain 4), Indoor Track 1-3, Outdoor Track 1-4 (Captain 4), Soccer 4, Madrigals 3-4, National Honor Society (Secretary)
"This is America" - Childish Gambino and a special thanks to my Mom, Dad, Fiona, Davis, Brendan, James, and Anya

Seanne Johnson

Sarah Jackson

Nikawie Jord...



At the end of the day
you will grow and
become successful



Volleyball 1-4
Basketball 1-2
Softball 1-2
K&M Dance 3-4
ET, TF, RC, JK, CM, MH,
KW, EG, DC
8sum, Gucci Gang,
Senyas 19
Thank you Mom, Dad,
and Cody



Cheer 1-4 (Captain 4),
Hockey 1-4, Track 2-4,
NHS Update 3-4
CK, SL, LC, MB
alli and them, dozen
girlos, senyas 2019,
salami, amigos
long live BP's
#8/12, #sallysgirls
Thank you Mom, Dad,
Chris, Timmy, and
Grammiel <3

Danielle Jones



Tennis 3-4 (Captain),
Soccer 1-4 (Captain)
The Birds
MAGA
"If the teacher is not
here in 15 minutes, we
are legally allowed to
leave." - United States
Constitution



Cheerleading 1-4
Gymnastics 1-4 (captain
3&4)
Spring Track 1-4
AK, SL, LC, JS, KH
alli and them, Senyas
2019
Long live BP's, egg #10/12
Thanks Mom, Dad, Owen,
and Griffin. You guys rock
and roll



soccer 1-4 (capt 4),
hockey 1-4 (capt 4), lax 2-
4 (capt.4)
ET, RC KW, TF, MH, MJ,
CM, DT , 8sum, dozen
girlos, gucci gang, senyas
19, ohhh, sally's girls,
TWO ice creams?, 2/12,
#jfi
Thank you Mom, Dad,
Michael, Dante & Jake!



Tennis 3-4 NHS
Update 2-4
"I already won the
lottery. I was born in
the U-S of A, baby!"
- Creed, The Office.
Thanks Mom, Dad,
Meg, And all my
friends.

Football 1-4 Captain (4),
Lacrosse 3-4
Caps 18' MM JS BL Boys of
Fall, Burn the Boot, LC
""Anything in life worth
doing is worth overdoing.
Moderation is for
cowards"" - Shane Patton
Thank you to my family,
friends, coaches, Lifetime,
and school lunches



Volleyball 1-4 (Captain 4)
Indoor Track and Field 1-
2
Outdoor Track and Field
1-2
Thankful for my family,
my BEHFRAN O
WHATEVA, and coffee
Thank you Mom for
everything you do for me!
Shoutout to my vball gals
and Mr. Andalo



Riley Kroll



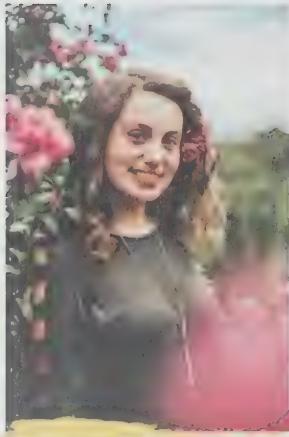
I don't think I'll miss high school, but I'll miss most of the people and the moments in it.



Thanks to all my teachers that helped me get through High School, and thanks to my family who supported me.



To all of the people that have helped me - mom, dad, my sisters Marissa, Jill, and Rebecca, also to the teachers who have helped me - thank you. And a special thanks goes to Dr. Crowley and Mrs. Shilo and all of my coaches in sports. Thank you.



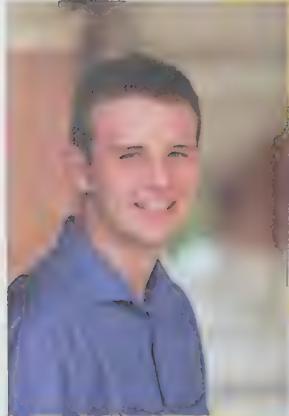
Cross Country
Track
AZ, CH, HM
"Thank You, Next"



NHS Class of 2019



Football 1-4 (Capt 4), WOW 2-4, Lax 2-4, National Honor Society 3-4
"I NEED 11 BAD DUDES"
- Coach Arbo
GG Caps 18 AK JS MM
Thank you to my teachers, friends, coaches, the boys of fall, WOW, and I guess my family helped a little too.



Football 1,3,4
"Winning isn't everything, it's the only thing."
-Vince Lombardi
Saturdays Are For The Boys



NHS Class of 2019



Cheer 1-4 (Captain 4)
LC, CK, AK, KM, BC
Alli and them, Dozen Girls, Senyas 2019,
Salami
Long live BPs!!
#5/12
Thank you Mom, Mike, Kendyl and Gabriella! I wouldn't have been able to do it without you guys.

Kevin D'Amato

Wesley Tappel Ganzelz

Skyler Smithfield



"Wubba lubba dub dub." -Rick Sanchez
(Rick and Morty)



"I'm not funny, I'm just really mean, and people think I'm joking."
Drama 1-4, German club 4, ASL club 4, Thanks to everyone, especially Mom and Dad, couldn't have done it without you!! Also thanks to my dogs!



Football 2-4,
Wrestling 1-4,
WOW 3-4
"Why get a job when you can just win the lottery?"
-Jon Maffeo



S/o Betty jeans
boyos, Senyas,
Boys, J.O
Thanks mom and
dad
"I could put a sack of
potatoes in your
chair and it would
do more work than
you." - James Lee



National Art Honors
Society 2-4
"Just because
something is
traditional is no
reason to do it, of
course."
-Lemony Snicket



Hockey 1-4 Golf 1-4
National Honor Society
3-4
"The road was icy, I
swear!" - Me
BBB, SP, BJB, Ivan's Boys,
Thanks to all my friends,
teachers, coaches, and
my parents for making
these last 4 years great.



NHS Class of 2019



Football 1-3, VS,
SAFTB and girls,
Pickle Gang,
shoutout to my
boys, Mashpee, the
shack, and all the
other memories,
"We made it." -Drake



Semua orang di
Norwood High School
adalah kepala lutut.
Mais, je suis
reconnaissante pour
tous les professeurs
qui m'ont éduquée
pendant toutes les
années à l'école. Aalis
na ako, ingat ka. Thank
you. #EthnicExperience



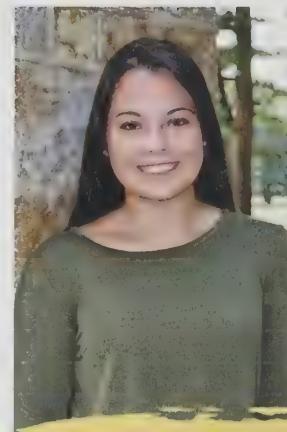
Gymnastics 1&2,
8sum, senyas19,
guccigang, AR,
thanks mom, dad,
and syd



Captain of Varsity Cross
Country and Varsity
Track and Field,
Much love for : ML, OB,
JP, EK, TB, EL, AZ, CH,
DV, CG, BC

"Be somebody nobody
thought you could be."
-anonymous

Thanks Mom, Dad and
Kylie! NM and SM I love
you



Volleyball 1-4
Shout out to THE 6 (VS,
NA, KD, AO, ON), SAFTB
GIRLS, coffee, & the gym
So grateful for my gran
grandpa, mom, dad, and
brother!
Could not have done it
without Ella and Matty
"Grow through what you
go through"



Baseball 1-4
NHS TV
Boyos, Senyas
"Your talking to the
Rolex wearin diamond
ring wearin kiss stealin
wheelin dealin
limousine ridin jet flyin
son of a gun And I'm
having a hard time
holding these alligators
down" Give me 2 claps
and a Ric Flair



NHS Class of 2019



SADD 1-4, NHS 3-4,
Kingfish Swimming Club
"I am a great believer in
luck, and I find the
harder I work, the more
have of it."
-Thomas Jefferson
Thanks to my family,
teammates, coaches and
peers for helping me
realize my dreams.



SADD 1-4,
A cappella 1-4, Spirit
Club 1-4, Madrigals,
Ethnic Experience:
SB PM SA SM AN MT
SJ
"Veni, Vidi, Vici"



"There were many, but few
would be masters, so the
young women, instead of
submitting, rose in sheer
desperation and slew their
brutal conquerors."
-C.P. Gilman
Many thanks to my family
& teachers for inspiring the
sage, visionary, and artist
in me<3



Baseball 1-4
"I done came up like
the top of the
stairs."
- Lil Skies



NHS's unofficial Candy Provider (A.K.A the girl with the Dum-Dums), "You miss 100% of the shots you don't take -Wayne Gretzky"
-Michael Scott.
Thank you Mom, Dad, and all my teachers!



NHS Update 2-4,
Mustang Mentor3-4,
Varsity Swim 1-3,
Varsity TF 1-4, 5-time
Baystate All-star, 2-
time MVP,
" I love a good nap.
Sometimes it's the
only thing that gets
me out of bed in the
morning." ~ George
Costanza



Football 1-4 Capt. (4)
Baseball 1-4
JDLY JW MJ AC DQ FK
MR TG Caps 18' AK JS BL
Boys of Fall, Burn the
Boot, Cat House,
"I woke up feelin' pretty
dangerous"
- Baker Mayfield
Thanks Mom, Dad, Matt,
Devan
ND4 life
Rest easy Grandpa



Swim & Dive 1-4
(Capt. 4), GCP 2-4
(VP 4), Celtic Strings
1-4, NHS Orchestra 1-
4 (Districts,
All-State, &
All-Eastern), NHS 3-
4, SCCO & SCYO 1-4.

Thanks Marc, Devan,
Mom, & Dad!



Soccer1-3, track 1-2,
lacrosse 4,
"Strive above
mediocrity"-Loja
"Unlucky"
Thanks to my teachers
for putting up with
me, family for helping
me, and my boys for
going to WOW with
me.



French Club 1-4
(President 2-4),
National Honor Society
3-4 (Treasurer 4), Celtic
Strings 1-2,
SADD 2-4.
"Somewhere,
something incredible is
waiting to be known."
—Carl Sagan
Thank you to all of my
family, friends, and
teachers!



First and last Toufic
to graduate, see ya
neva, sedun dnes,
DHN, Regina, S/O
Johnny N, Love you
Mom & Dad.



SADD 1-4
(Secretary),
Tennis 1-4
"That's what" -She
Ethnic Experience:
PM, MT, SA, SB, SM



People's opinions of
you are none of your
business. ;)



Yes, I in fact: rode a giraffe to the airport, used smoke signals for communicating, had pet Lions and learnt English in two days through afro magic before moving to this technological paradise.



Chess Club 2-3,
Robotics Club 3-4,
Winter Track 3, Tennis
1-4 (Captain 4)
"Live Long and
Prosper"- The Vulcans
Thanks Mother, Father,
Dr. Crowley, and most
of all my Friends!



"You haven't failed until you quit trying."
-Jon Gordon



S6: KD MM VS AO NA
Saftb & girls
Cathouse
Mashpee,
"Where r my raybans?
"Wait what?
"Everything comes out
in the wash"
"Every thing happens
for a reason"
Thank you Mom, Dad ,
James, Nicole, Nana and
Papa



Football 1-2, Takeaway 2-4
"Sometimes in life you're
on the right track, but on
the wrong train"
- James O'Toole
Thank you to all my
friends, family, teachers,
my shoulder for ending my
career, GG, Takeaway's
finest, and John Madden



I want to say a big thank
you to my parent, I also
want to say thank you to
my aunt for taking good
care of me and a big
thank you to all the staff
at NHS. I love you mum
not forgetting my
brother I love you so
much. God bless every
parent.

Olivia McNamee

Tyler O'Toole

Mia Hall



Cheerleading 1-4
(Captain), Gymnastics 1-
4 (Captain 3-4), Softball
1-4 (Captain),
"I spent 113,880 hours of
my life for a paper and
handshake."
Shout out to The 6,
Saftb and Girls,
Angels,Toufic's casa, Cat
house.Thank you Liz,
Mom & Dad. Kayla huh?



National Honors
Society, National Art
Honors, GCP, Track and
Field
Thank you to my
family, friends, and
teachers
"When you can't find
the sunshine be the
sunshine" :)



NHS Class of 2019

Amaria Gibbs

Brianna Cheffey

Callie Polizzi



Life really be like Kevin and his chili sometimes... Anyway, I'd like to thank my whole family for always supporting me. I love you guys

Mary Fanchi



NHS-TV 1-4
"You don't gotta be perfect, just keep it real"- Post Malone, Shoutout Boyos

Austin Jackson



"Being black and beautiful with a tons of obstacles,what's another hurdle to conquer?"

Tali Peralta



NHS Class of 2019

Elmer Farren



It Is What It Is
-Julyanny Peguero

Julyanny Peguero



Youtube.com/SMii7
Y

Collin Johnson



NHS Class of 2019

Michaela Kostner



"People learn in lots of different ways, but experience is the best teacher." - Dwight K Schrute
Thank you to my friends, family, and teachers
Soccer 1-4
Big Y employee

Daniel Ferguson



"The weakness you feel today will be the strength you feel tomorrow."
Soccer 1-4,
Volleyball 1-4 (captain),
National Honor Society,
Art Honor Society.
Thank you to all my teachers, friends, and my family. POOGIE OUT

Matt Peralta



"Stay hungry to be the best that you can be. Never be satisfied with the level of artistry you've attained. You can always be better"
- Mia Michaels
S/o to my sauce bbs and to all my dance family. Thank you Mom, Dad, Zac, Ash. I love you guys



Softball 1-4
"This wasn't High School Musical at all"
Thank you Mamma, Papà, Zizi, and Mark for everything you do for me!



Thanks Mom,
Thanks Dad, GR, Ly
CM, Hockey 1-4,
Soccer 1-2, Track 1,
Baseball 3, StuCo 1-
4, BBB, BPAA,
#roadtothegarden



Hockey 1-4 (Captain 3-4), NHS Update, Sauce, Don't Lose Sight



Tennis 3-4, Track 1-4, Soccer 1-3
"It only goes downhill from here. Smile."



"and so the adventure begins"
ER.EG.TW.KR.OD.AS.
AG. Thanks Mom and Dad for your endless love and support!



Soccer 1-4 (Capt. 4), Basketball 1-3, Track 1-2, " Excellence is not a skill. It is an attitude" - Ralph Marston.
Best times with JSOBS, DC, FG, KT, CW, "..."- AG. Love you Mom, Dad, Danielle, Shane, Tootsie, Nana and Grandpa F, Nana and Grandpa R



"Goodbye everyone. I'll remember you all in therapy"
- Plankton



Class President/ Student Council 9-12, Swim 9-12(Capt 12), National Honor Society 11-12, GCP 11-12, Mustang Mentors 11-12, Homecoming Queen "Thank you, next"
- Ariana Grande
Thank you to my family, friends, and teachers for your endless support!

Michael Johnson

Trinity Hwang

Cayenne Techniques



Gymnastics team,
National Honor Society
Thank you to my
parents, grandparents,
Annalise, and the
incredible sport of all
star cheerleading
"Life's too short to be
serious."
-Cory Monteith



NHS Class of 2019



NHS-TV 1-4, Student
Council 3-4 (VP),
Drama Club 1-4
"No mistakes, just
happy accidents."
-Bob Ross



CFAS "Hard work
beats talent when
talent doesn't work
hard."
Thank you to my
Mom and Dad,
Murph, and all my
wonderful coaches
and teachers for
always believing in
me



"Without music, life
would B flat"



This wasn't like High
School Musical at
all...



Volleyball 1-4.Fship
Club(Pres).
saftb&girls.TheSix.
MM.KD.AO.LN.NA.SM.mas
hpee.cat house.toothpicks
crib.
"If we wait until we're
ready we'll be waiting for
the rest of our lives."
Special Thanks to
Dad,Mom, Mario & Viktor
for all that you do for me



"you never know how
strong you are until being
strong is the only choice
you have."
Thank you to my girls
KF//SS for always having
my back <3 and being
there through everything.
Shout out to Martinelli for
all the help #Bsmart2k19.



"You can overcome
anything, if and only
if you love something
enough."
-Lionel Messi



SADD 3-4, Soccer 1-4 (Captain 4)
"I Am Malala by Malala" -Not Me



NHS Class of 2019



"We're all different, but there's something kind of fantastic about that isn't there?"
- Wes Anderson

Walter Johnson High School
Graduation Day
June 2019



Finally finished high school. Nothing can stop me now except airport security.



School gave me a harder time than TSA



When they hand you your diploma, keep moving. Just in case they try to take it back.

Walter Johnson High School
Graduation Day
June 2019

Walter Johnson High School
Graduation Day
June 2019



Football 1-4 (Cap 4)
Lacrosse 1-4 (Cap3&4)
Spanish NHS
CK,MM,AK,NM,BL,CM,MD
Boyos,Caps,Senyas
2019,GG
"So if you're feeling froggy, then u better jump, b/c this frogman's been there, done that, and is going back for more"
Thank you Mom, Dad, and Grace



Football 1-4,
Wrestling 1-4
(Captain 4)
"The best things are hidden in front of you." - Hidden Duo



Well that's all I have for today...
BBB,LB,0-19-1, GS,
Hockey 1-4,
Lacrosse 1-4
(capt 3,4)
Thanks Mom & Dad
for always being my biggest fans

Walter Johnson High School
Graduation Day
June 2019



Always keep moving forward, be redundant, strive for your dreams, and treasure your family.



Tennis 1-4, Mustang Mentor, NHS
"Sometimes you gotta work a little, so you can ball a lot"
- Tom Haverford



"I refuse to believe there won't be more adventures, more love, more family, and yes, there will be more loss because that's just part of life. And in the end, we can get passed it all with hope."
-Once Upon A Time, Regina Mills



NAHS(President), bassoon God, I'm the best there is, I wake up in the morning and exude excellence.



Field Hockey 1-4
Spirit Club 1-4
Mustang Mentor 3-4
JK, TF, RC, CM, KW, MJ, MH
8sum, Dozen Girlos, Gucci Gang, Senyas 19, Goon Squad, Tiny Trot
#yolo, TWO ice creams??, EGGS, 12/12, JFI
Thank you Mom, Dad, Alison, Kaitlin, Abigail & Mark!



Friendship Club 1-4, SADD 1-4 "Be so busy loving your life you have no time for hate, regret, or fear" Ethnic Experience: PM, SA, AN, SM, SB



You can call out sick to work, but you can't call out sick to the boys.
I'm nice - Chris Bray



You gotta do what makes you happy, you have to live selfishly in that aspect



"No cap, no rap cap." -Gunna



Hockey 1-4, Soccer
1-3, Track 2,
Lacrosse 1

"Well, I made the
duck blue because
I'd never seen a blue
duck before and I
wanted to see one."
- Billy Madison
BBB M Lee High 5



"I can handle this. Handle
is my middle name.
Actually, handle is the
middle of my first name."
-Chandler Bing (Friends)
Shoutout to my sisters:
SA,SB, Ms. Curtin,
Mr. Andalo(JLo), Ms.
Lemieux, Ms. Mead
Tennis 1-4
Swim 3-4 (Manager)
Art Honor Society 2-4
Yearbook 4



NHS Class of 2019



Field Hockey 1-4
Softball 1-4 (Captain4)
Basketball 1-2
Spirit Club 1-4
MH, JK, TF, RC, CM, ET,
MJ, TZ, LC
8sum, Girlos, Gucci
Gang, Tiny Trot, MLK,
Senyas 19
#JFI, EGGS, #6/12
Thank you Mom, Dad,
Sean & Sarah!



Shout out to BJB
Football 1-4
"You're not hurt, just
bite down on your
mouth guard."
-Coach



"There are two types
of people in this
world, people in the
parade and people
watching the
parade."
Soccer 1 Hockey 1-4
Lacrosse 2-4, Betty
Jean Accounting
Machines, Thanks
Mom, Dad, and
Patrick.



"Catch you on the
flippity flip!"
-Michael Scott



Detention 1-4
"If you got a dog
feed it every day.
But if you don't,
don't" -Bobby
Shmurda
Shoutout to the
Boyos and
Wikipedia. Hi Mom.



Marching Band 1-4
Art Honor Society 2-
4
"R.R.C. Always"



Football 1-4, Basketball 1-2 & 4, Baseball 1-4(Captain)
The Birds, AN, MM, MJ, AC, FK, MR, TG, MQ, DQ, JK, DT, SM, TD, MB
"Don't let the fear of striking out keep you from playing the game."
- Babe Ruth
Thanks Mom, Dad, Robbie, Tricia, and Sarah



Football 1-4, Baseball 1-4, Basketball 1, Student Council 1-4, National Honor Society 3-4, WOW 3-4, "In *The Inferno*, killing isn't fun, but torture is." :)

-Teresa Drumme GG



Marching Band 1-4, Track 1-3, Tennis 3-4
"I regret nothing. The end."
-Ron Swanson
Thanks Mom and Dad!



My sentence is up. I'm finally free!

A big shoutout to my friends and family for supporting me. Good times come and go, but the memories will last forever. Thank you :)
Track & Cross Country



Opinions are like mixtapes: I don't want to hear yours.

Canvas Shy...

Double Trouble!

Did you know the class of 2019 has 5 sets of twins?

The Linehans



Kevin



Fraternal or Identical?: Fraternal
Who's older?: Kevin by 3 minutes



Brendan

The Pentowskis



Nick



Fraternal or Identical?: Fraternal
Who's older?: Nick by about 4 minutes



Caitlin

The Pugatchs



Sean



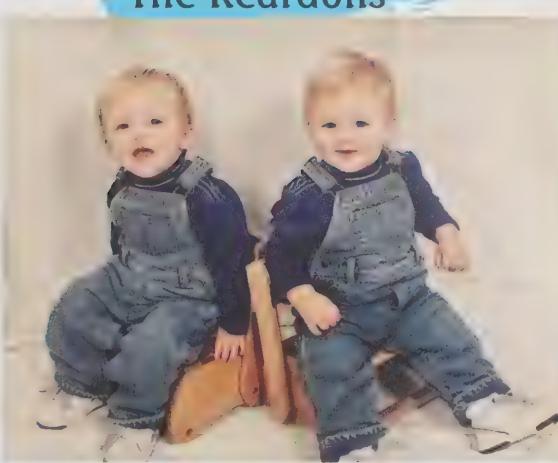
Fraternal or Identical?: Fraternal
Who's older?: Sean by 2 minutes



Dan



Aidan



Fraternal or Identical?: Fraternal
Who's older?: Austin by 2 minutes



Austin



Matt



Fraternal or Identical?: Fraternal
Who's older?: Marc by about 2 minutes



Marc

Now and Then...



Amanda Najm
Zena Watfa



Lily Cronin
Katie Welch



Evan Van Hoesen
Robert Bussiere
Tim Rose
Katy Schmidt



Jake Smelstor
Alli Kelleher





Tess Wilkinson
Kayla Rowan



Tegan Bartlett
Bryn Garczynski
Gia Rodriguez



Amanda Najm
Prerana Mistry
Stephanie Mastinggal
Sophia Bellande
Surya Adeleye



Kevin Linehan
Brendan Linehan
Ryan Kelly
Tommy Connor



Senior



Most School Spirit

Myra Hines and
Bryn Garczynski



Most Likely To Succeed

Emily Murray and
Sarah Mohiuddin



Biggest Townie

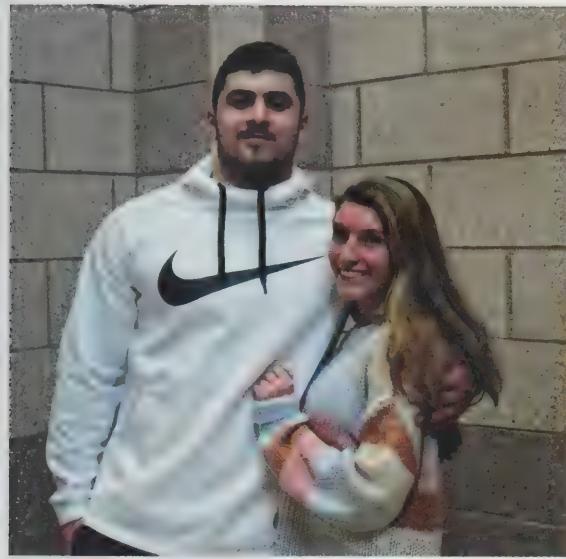
Joe Spadocia and
John Cotter



Best Smile

Sophia Bellande and
Lily Cronin

Superlatives



Cutest Couple

Abdallah Khalil and
Lily Cronin



Class Clown

James O'Toole and
Mark Dunn



Best Laugh

Nico Fabrizio and
Sarah Jackson



Best Personality

Aidan Mulligan and
Surya Adeleye



Best Dressed

Amanda Najm and
Surya Adeleye



Best Friends

Gia Rodriguez and
Dagney Overbey



Most Athletic

Jake Smelstor and
Bryn Garczynski



Best Instrumentalist

Amy Heil and
Matt Murphy



Best Singer

Gia Rodriguez and
Fiona Campbell



Most Likely To Be Famous
Rachael Ringler and
Tim Rose



Cutest
Nico Fabrizio and
Chris Martin



Best Tweets
Angie Varon and
Joe Spadocia



Best Snapchat
Toufic Nabbout and
Stephanie Mastinggal



Best Instagram
Dagney Overbey and
Mohamed Shuman



Most Artistic
Mya Tomlinson and
Emily Moran



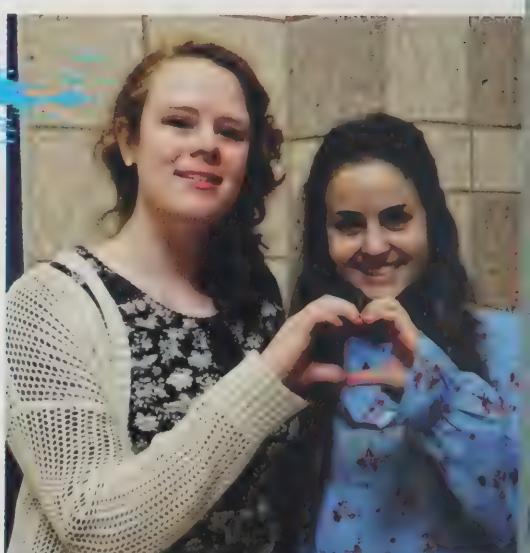
Most Theatrical
Colleen Cardinal and
Tim Rose



Most Sarcastic
Finn Kelley and
Kiara Guglietti



Most Talkative
Mark Dunn and
Christina McCue



Most Caring
Emily Moran and
Lea Saab



Most Likely To Get Upset Over Not Winning A Superlative

Anthony DeAngelis and Emily Trahon



Best Hair

Jake Smelstor

Best Hijab

Zena Watfa

NHS is such a great place to celebrate our inclusive and diverse community!



Worst Driver

Myra Hines



Most Likely To Be On Reality TV

Madi McDonough and Kiara Guglietti

In 10 YEARS

Noelle Abruzzese will be owning her own business, and thriving at life.

Surya Adeleye will have destroyed the patriarchy, and be living happily! Or maybe she will have been abducted by aliens - we don't know!

Ethan Almeida will be will be living the dream his mother always had for him.

Ceide Alvarado will be a college graduate, and working hard to make her parents' dreams come true.

Eva Bala will be debt free and living life.

Daniel Barron will still be Dan Brown.

Tegan Bartlett will a successful Occupational Therapist, and living her best life. Oh...and probably running Oak Street-Extended with the wolf pack.

Cole Beades will be working from home paying off student debt.

Carl Bechara will still ignore the fact that he need glasses to see.

Sophia Bellande will probably still be drowning in med school, still FaceTiming P Mi\$try every night, and still sending urgent emails to KMACK every chance she gets.

Nariya Benjamin will be 10 years older.

Nancy Blankson will be finishing up her residency for medical school.

Anya Bodenhofer will be working with Doctors Without Borders to help refugees and people in war-torn countries.

Alex Boulette will be serving his country.

Natasha Boykin says it still won't matter.

Nathan Brown will be partying at the Big Boy Bathroom Bash with the West Side Protractors.

Eldrick Buissereth will still be wondering where "Ledrick" came from.

Robert Bussiere doesn't know, but probably will be paying off college debt.

Michael Cahill will be a lottery winner.

Fiona Campbell will be in Australia or Sweden designing games...hopefully.

Rose Campbell will still be hanging out with the same friends.

Colleen Cardinal doesn't know where she will be!

Luca Colosimo will be working at an Accounting firm, traveling the world, and meeting wonderful kinds of people.

Tommy Connor will still be talking to anyone he sees in his general vicinity.

John Cotter will probably still be in Norwood.

Lily Cronin will still be third wheeling Jake and Abdallah at Chipotle

Angelina Cuesta will be in the Navy serving as a Lieutenant or starting in the FBI.

Xavier Cullen will be drowning in student loan debt, and regretting taking a journalism major in Trump's America.

Michael Curley will still be missing the 12th fairway.

Danielle Curran will be far from Norwood living with five dogs, one grey cat, a husband, and kids.

Kevin Curtis will be sitting on a beach, sipping a beverage.

Kelly Daher will be helping people be confident with their smiles.

Andrew Daly will be playing video games at a competitive level.

Erik Danehy will still be almost as tall as Donnie O sitting down.

Pedro De Oliveira (big papi pedro) will be telling the story of how he led the football team to an undefeated season.

Olivia DeAngelis will be in Hawaii on a beach.

Anthony DeAngelis IV will be happy and loving life.

Tim Denehy will be sitting on a beach chair in Miami.

Alexandra Dimitriou will still be wasting her money on Camila Cabello.

Jessica Dorneval will be working at a barber shop.

Jordan Drenkhahn will be replacing humans during operations and other jobs.

Kayla Duffy will be eating chicken nuggets in her Range Rover, still sending it.

Mark Dunn will be in Fiji teaching fish the most epic fortnite emotes.

Nico Fabrizio will be pulling over friends from high school.

Theresa Flaherty will still be stuttering, and then falling asleep.

Madeleine Flores will be in a big city performing on stage with her closest friends with a crowd full of supporters in front of her. She will be traveling around the world and be living comfortably with her friends and family. She will love everyone around her with the best of energy, including herself and never forget where she came from. She will be living her best life as strong independent woman.

Shawn Flynn will still be getting yelled at for not doing his homework, or he'll be your employer.

Liam Fogarty will be listening to Joyner Lucas, and loving every second.

Hunter Ford will be somewhere on a boat.

Kirsten Fox will hopefully be the person that inspires people to be the best they can be, somewhat like an inspiration, who knows? Only time will tell.

Bryn Garczynski will be a Massachusetts State Trooper, and living in her big pretty house with her husband, one kid (planning on another), and her 2 dogs.

Danayja Gardner will be making money moves.

Annabelle Gasbarro will be living her best life somewhere warm.

Gregory Gassoway will be sitting on a couch, contemplating life.

Emma Gerbutavich will still be working late nights at Boncaldo with Marissa, Dante, Braydon, Joe, TJ, and Angelo.

Andrew Golden will be pursuing his engineering career.

Alison Golden will be chilling on the beach in North Carolina.

Ashley Gomez will be the director of the F.B.I while also looking bomb doing it. DUHHH! And of course M.C. will be there too. <3

Mackenzie Goode will be doing special effects horror makeup on a movie set.

Kaitlyn Grantner will graduate college with a degree she is happy with, and have a great job that she can support her family with.

Hannah Grupposo will be dreaming about sleeping.

Kiara Guglietti will be long gone.

Hassan Hachem will be richer than you.

Charles Hanoian will be golfing somewhere warm, but most importantly taking care of his family.

Mia Harnett will be living her life like it's golden.

Alexia Hatch will be in California, on the deck of her beach house making millions off her podcast, while checking in on her other apartment in NYC.

David Hayes will be a state detective.

Celia Hazerjian will be living her best life. She'll be dedicated to public service while slowly traveling the world; meeting new people, eating good food, and listening to good music.

Amy Heil will probably be teaching by day, but trying to cook better than Gordon Ramsay by night.

Matthew Hennessey will be laughing at how bad the Patriots are without Tom Brady.

Sean Hernon will be a nurse in a hospital in Boston.

Myra Hines will still be saying the wrong thing at the wrong time

Cameron Hixon will be potentially educating your kids about history, and making significantly less money than you.

Addy Hodson will be on another cruise to Bermuda.

Kaylee Hoover will be practicing as a veterinarian, and owning about 5 cats.

Rachel Howard will be trying to be the best her she can be.

Kateleigh Hunt will be living in a nice house with about a million dogs. In case you didn't know, she loves dogs.

Catherine Hurley (Catherine/Charlotte/Caroline Hurley) will still be reminding people of her name.

Skylar Intravesato will still be 4'11".

Owen Ivory will be modeling for Victoria's Secret.

Serena Jabour will be a successful business woman getting ready to start her family.

Sarah Jackson will be in her house making a good dinner of dinosaur chicken nuggets, apple juice, and smiley fries.

Mikayla Jordan will be an officer in the United States Navy, sailing her ship around the world and fixing nuclear reactors.

Danielle Joseph will be living her best Life with Danayja, Em, and Will!!!!!!

Marissa Jurgelewicz will be working late nights at Bon Caldo with Angelo, Emma, TJ, Joe, Dante, and Braedyn.

Allison Kelleher will win American Ninja Warrior.

Jessica Keller will still have a broken car.

Finn Kelly will still be a cashier at Norwood Big Y.

Charlotte Kelly will still be wearing a flannel every Friday.

Ryan Kelly will be eating a Wendy's 4 for 4 while playing Madden with the boys.

In 10 years...

Abdallah Khalil will be at Chipotle with Jake Smelstor.

Jenny King will be living in a penthouse in New York driving a G wagon.

Salomon Klarou will be making your favorite music with Travis Scott.

Brett Lampron hopes to be successful in what he loves doing.

David LaVange will be putting to use the skills and techniques that he has learned, and use them to do good in the world.

Elena LeSavage will be traveling the world.

Brendan Linehan will still be using his lucky pencil, going to WOW, eating school lunch, and counting down the days until gym class.

Kevin Linehan will be watching the Patriots win Super Bowl LXIII, and playing MUT squads with BarbedLobster82 and rkelly_island.

Skylar Lundblad will still be chilling with her cat.

Kian Lyon will be making a lot more money than his friends.

Meave Lyon will still be drinking Dunk's coffee, and heelying.

Jonathan Maffeo will be living large because he won the lottery.

Nicholas Marchionda will still be wearing sports jerseys.

Christopher Martín will be working for Ms. Pinto, and her accounting machine.

Catherine Martin will be making art, and traveling the world.

Sean Mason will be making millions selling stocks, and financing in his penthouse.

Stephanie Mastinggal will be getting that international bread.

Christina McCue will be cooking dinner for all her friends. :)

Haley McDonagh will be at Children's Hospital working as a Nurse Practitioner!!

Madison McDonough will still be sipping her coffee, married, and living in a penthouse in Boston working as a neuroscientist.

Calvin Meyer will come back to Norwood to hang out with Donald Oliveira.

Connor Miller will be playing a key role as an engineer in the commercial aerospace industry.

Prerana Mistry will be living in NYC making bank, and will still be FaceTiming Brophia every night while she's in med school.

Sarah Mohiuddin will be actively pursuing a fulfilling career that gives back to society, vacationing around the world with her family, and still finding time to watch The Office reruns. She can frequently be spotted at your local polling booth wearing a shirt urging you to register to vote. She hopes to never stop learning.

Matt Moleon will be competing in the Biggest Loser

Emily Moran hopes she'll be someplace nice.

Aidan Mulligan will be probably be in his jammies watching cartoons, and eating froot loops.

Matthew Murphy will still be in school, somehow checking his grades on Aspen every spare minute.

Marc Murphy will be throwing go routes to Jay Wladkowski for six at Murray Field.

Aidan Murray's son will be eleven.

Emily Murray will be studying the universe.

Toufic Nabbout will be 28.

Amanda Najm will still be crying about how beautiful Zayn Malik is.

Hazel Narcisse will be a successful entrepreneur getting ready to travel the world.

Kimberly Ndegwa will be somewhere in the world shooting a film or performing.

Saikeshav Nedunchezhian will still be telling people how to pronounce his name.

Kusum Nepal will still be in College figuring out what to do with her life.

Olivia Norton will be a successful RN living in her mansion.

James O'Toole will be whipping up pizzas with Bobby Leblanc, and playing Madden with the boys.

Waliat Ogunnyemi will be a medical doctor, a wife and a mother(a happy family), Living a happy life a life of no worries or trouble.

Amanda Olbrys will be a Physical Therapist, and still sending it with the six at my beach house in South Carolina.

Dagney Overbey will be traveling the world with her best friend, Gia, and saving the planet one reusable straw at a time.

Mary Panetta will still be quoting John Mulaney without anyone getting the reference.

Nicholas Parkinson will NOT be in Norwood.

Tori Paul will be well known in the the world for doing something good.

Julyanny Peguero will be living in a house on a beach out of country making money online living life.

Caitlin Pentowski will still be playing PS4 for hours on end, and claiming she is bored.

Dan Pugatch will be working in the science field.

Sean Pugatch will be Making the world a better place.

Alexis Pungitore will be a successful dance studio owner living in a The Notebook kinda house with her husband, and kids.

Eva Ravesi will still be learning how to pronounce her R's.

Aidan Reardon will be playing Men's league hockey with the boys still thinking he can dangle.

Austin Reardon will be going a little too fast on his motorcycle.

Rajeev Relangi will probably still be in college maybe in med school. At least he knows he's on his way to being in debt the rest of his life.

Madeline Rice will still be busy with dance everyday.

Rachael Ringler will be a billionaire, and married to the luckiest man in the world.

Daniel Rodriguez will be 10 years older.

Giovana Rodriguez will still be traveling the world with her best friend, Dagney.

Abby Rogers will be happy with life, and taking every day as it comes.

Timothy Rose will be anchoring the news for people across the country.

Kayla Rowan will be on the newest ride at Disney World, not Disneyland, THEY ARE DIFFERENT!

Erin Ryan will be spreading her passion for music through teaching.

Lea Saab hopes that deadlines won't be a thing. :)

Vera Sabha will be living in Boston working at a dentist office and traveling the world. On the weekends her and the gals will be out for a fun night still sending it.

Kiara-Rose Sales will be out of college working full time at a hospital with kids of her own.

Bryan Sanchez-Ledezma will still be saying warriors blew a 3-1 lead.

Valter Santiago will be heckling his child's little league soccer game.

Katy Schmidt will be using all the knowledge that she's learned in her four years of high school, and to use them to be the best person she can be.

Mohamed Shuman still won't have dropped Eternal Atake.

Briana Simms will have a little family.

Jake Smelstor will be at Chipotle with Abdallah Khalil.

Cordell Souther will be in his office stressed out about one of his businesses.

Joe Spadorcia will be telling you to follow @UStangs_Sports on twitter

David Sparks will be the most redundant person alive.

Andrea Stebbins will be producing movies in Hollywood, and hanging with her celeb friends!

Nadine Thomas (The Magnificent Nadine Thomas) will write an amazing YA novel that will become a New York Times Bestseller. It will be so great that J.K Rowling, Veronica Roth, and John Green will be seething in jealous rage, because she will have taken all of their fans, and then some.

Mya Tomlinson will be in Eric Forman's basement.

Emily Trahon will still be making steak bombs at D&G Deli.

Morgan Turchetta will be in Portugal fulfilling her destiny.

Evan Van Hoesen will be in New York City.

Angelina Varon will be living on another continent, trilingual (at least), and thriving.

Xavier Vasquez will be on ESPN yelling at Stephen A. Smith.

Brandon Walsh will still be giving you facts.

Zena Watfa will still be spilling tea to Ms. Curtin. Shoutout to her!

Katherine Welch will still be getting sunburnt.

Michael White will still be going to WOW.

Matthew Whouley will be at Lewis's with the boys.

Tess Wilkinson will still be going to Town Spa every week.

John Williams will be a manager at the gourmet Launch Cafe whipping up them frozen pizzas.

Amelia Wilson will still be explaining to people what a mellophone is.

Jay Wladkowski will still be telling everyone he's a kicker.

Sam Wong will still be cold blooded wearing shorts year round.

Alex Yuen will be paying off student loans.

Ariana Zavala will be flying above the Atlantic.

Zina Zoromba will be owning her own hookah bar, and have multiple different franchises in different states.

Senior Survey

Percentage of seniors at NHS who...

32%
have dated an
upperclassman

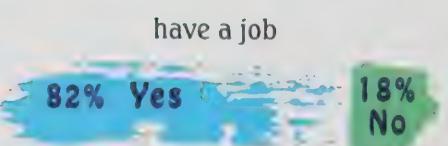
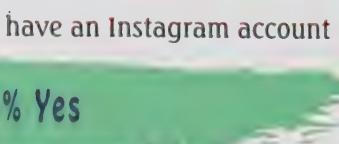
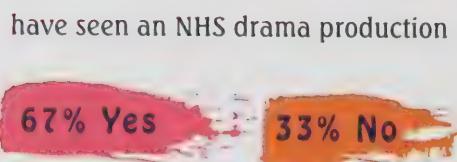
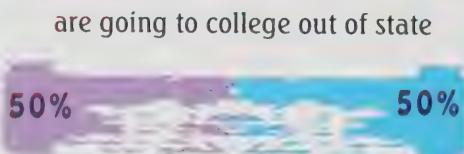
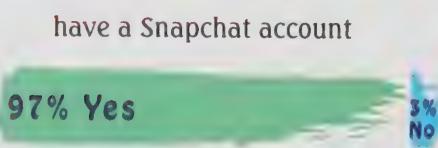
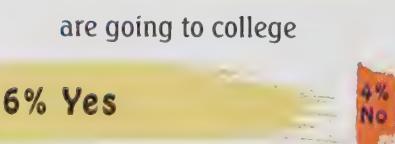
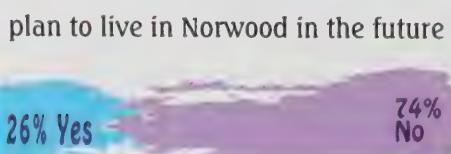
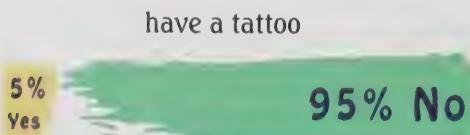
57%
have waited at
SPoT! for more
than an hour

88%
get tired
climbing up the
stairs at NHS

62%
have a twitter
account

66%
have played a
varsity sport

68%
have been
denied a
pass to
the library



44%
have
smuggled
coffee into
class

86%
are taller than
Mr. Oliveira

18%
have dated an
underclassman

34%
have dyed
their hair

86%
have NOT
received
office
detention

81%
have made
honor roll

Sibling Shoutouts

THANK YOU SO MUCH EMILY FOR HELPING ME GET AROUND ON THE FIRST DAY -ALI TRAHON

JESS, THANK YOU FOR TAKING ME UNDER YOUR WING. MEANS THE WORLD -JAKE RUSSO

ZENA-
THANKS FOR BEING MY UBER. HAVE FUN IN COLLEGE
-HUSSEIN WATFA

MICHAEL, WAY TO BE A HARD WORKER AND NOT GIVING UP ON MOST THINGS, EVEN THOUGH YOU GET MAD AT EVERYTHING I SAY -KYLE CAHILL

JAKE,
I DON'T KNOW WHAT I WILL DO WITHOUT YOU.
KEEP ON SLAYING THE GAME.
LOVE, GRACE SMELSTOR

CHRIS, I'M GOING TO MISS YOU SO MUCH NEXT YEAR!
I'LL ESPECIALLY MISS SAYING, "HI" TO YOU IN THE HALLS!
-ALLIE MARTIN

SARAH, YOU'RE OKAY, I GUESS. I HOPE YOU KILL IT IN COLLEGE LIKE YOU ARE NOW - BEN JACKSON

ANABELLE,
THANKS FOR BEING A GOOD SISTER -MIKEY GASSARRO

TIMMY, YOU'RE WASHED.
GOOD LUCK NEXT YEAR
-JASON DENEHY

CHRISTINA,
SHE TRIED HER BEST BUT I'LL BE SURPRISED IF SHE WALKS AT GRADUATION. -SYDNEY MCCUE

I'VE LOOKED UP TO JAY SINCE I WAS A KID AND I'M GLAD TO SEE THAT HE'S COME THIS FAR AND HAS BEEN VERY SUCCESSFUL. THANKS FOR EVERYTHING BRO. MUCH LOVE.
ROBBIE WLADKOWSKI

DEAR [NOT SO] BIG BRO,
THANKS FOR ALWAYS PUSHING ME TO MY LIMITS AND SOMETIMES A LITTLE BIT PAST. BUT THAT IS WHAT HELPED ME THROUGH.
LOVE YOU BUBBY, NICK SPUD



Seniors

20





19



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2020



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Sean Chisholm



Boys Athletic Advisor

Brady Sheehan



Boys Athletic Advisor

Jaden Ryan



Girls Athletic Advisor

Erin Wagner

Sahuti Adhikari
Stephen Ailingar
Osamwonyi Airmiuwa

Jason Amis

Mathew Angelico

John Araujo

Tejasvi Aryaputra

Danessy Auguste

Renee Babineau

Johnny Baez

Jhostin Baez Peguero

Joseph Barry

Anabella Bartkovich

Alexandra Bedard

Ara Bernal Torrico

Sara Bezerra

Tara Bilotta

Larston Boothroyd

David Brittan

Shawn Brutus

Grace Buckman

Charles Dylan Burgess

Adam Burke

Sean Butters

James Campbell

Anthony Capodilupo

Massimo Carchidi

Daniel Carr

Jennifer Carroll

Alexia Casanova

Michael Catalano

Nicole Catalano

Rory Cayer

Sean Chisholm

Justin Clarke

Briana Clermont

Sam Cerveau

Courtney Cole

Noelle Connelly

Vincent Connors

Natalia Cordero

Christopher Cox

Julia Cropper

Kaelyn Curran

Laura Danehy

Claire Desouza

Sonika Dhakal

Joseph DiBlasi



JUNIORS

2021



Alessandro Dices
David Dipierro
Marion Donovan
George Dorfeuille
Christina Douaiji
James Downing
Olivia Dunn
Robert El Doueihy

Anjanetta Erius
Mackenzie Eugene
Cosby Exavier
Michael Eysie
Frances Fadrigalan
Patrice Fanfan
Dominic Fanizzi
Thomas Fehm

Nayelie Fernandez Irizarry
Gabriella Ferreira
Pedro Ferreira De Souza Silva
Carolyn Ferris
Amanda Flahive
Joshua Flores
Paul Forrest
Noirret Francis

Sean French
Heather Gagliard
William Gamel
Michael Gawargi
Alison Giambanco
Meghan Goffredo
Makayla Goss
Harrison Gover

Brody Graham
Daniel Grasso
Stephen Grenham
Nonna Grigoryan
Daniel Gruber
Isabel Haglund
Leah Hall
Cheyenne Henry

Khalil Horton
Michael Huha
Ava Hurwitz
Jose Ingles Salmeron
Isabella Inzodda
Beshouy Iskandar
Mayco Ricardo Isme
Benjamin Jackson

Kyle Jackson
Jasmine James
Bhavana Jammalamadaka
Geoffrey Jandrule
Robert Jandrule
Peyton Jeannetti
Keyshawn Jeannot
Adelene Jeneid

Bryce Jenks
Jonathan Jimenez Perez
Robyn Jones
Johana Joseph
Jonathan Joseph
Audra Jurgela
Francis Keady
Shayla Keady

Jack Kelley
Catherine Kennedy
Solomon King
David Laakso
Sarah Lacerda
Jarred Langlois
Mark Larrivee
Sungjae Lee

Kaileigh Lennon
William Levesque
Kathy Lima
Taylor Lynch
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Brian Mackinnon
Ryan Mahoney
Jake Manning

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Ithalo Marcus Cavalcante
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Elizabeth Marquis
Alexandra Martin
Emma Mastro
Jenna Mazzola
Brianna McCarron
Sawdah McCloud
Caroline McDonald
Allison McDonough
William McGonagle
Justin McGuire
Kathryn McTeague
Isabelle Mena
Isaiah Mendez-Godley



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Michael Mergl
Ryan Moran
Robert Moran-Gillis
Antonio Mosca
Catherine Murphy
Owen Nee
Joseph Needham
Grace Nelson

Matthew Norris
Kenneth Obour-Bekoe
Tara O'Brien
Raggi Ojha
Trinity Osagie
Adriano Otayek
Kushal Kumar Patel
Thebeau Paul

Jalea Perry
Joseph Phillips
Bernice Pierre
Azaria Pittman
Tomas Plasencia
Jacob Pratt
Aidan Prior
Lily Prior

George Priore
Mikaili Puckerine
Tarun Ramani
Joycelyn Ramos
Dorian Raynaud
Delaney Reardon
Morgan Reen
Stephen Reen

Zachary Regan
Tahj Reid
Raheem Remi
Paige Rigby
India Roberson
Hailey Roberts
Jaelynn Rodgers-Dickerson
Tatiana Rodriguez

Jason Rogers
Katerine Romero
Chloe Ronco
Dea Rosa
Christopher Russo
Jaden Ryan
Naphtaica Saint Hilaire
Julie Salvaggio

Jonathan Santana

Audrey Scafati

Matthew Schallmo

Sierra Scott

Kevin Semakula

Emma Senna

Emili Serratore

Sophia Serratore



Alrina Sharra

Angela Sharra

Brady Sheehan

Conor Sheehan

Michael Sheehan

Connor Shoop

Ahmad Shuman

Marisa Silk



Samuel Silver Walker

Jeylyn Simono

Erick Singonon

Kevin Sisk

Riley Smith

Lara Souza

Brady Stanton

Joseph Stenstrom



Erika Sullivan

Matthew Sullivan

Clarissee Sylvestre

Elyo Tabbak

Brian Terrell

Andreas Thaxter

Samuel Tomasello

James Ugochukwu



Kevin Umanzor Yanez

Kristen Utorka

Jose Velasquez

Anthony Venuto

Gianna Viele

Erinn Wagner

Samantha Weinstein

Sean Wetherell



Paige Whitcomb

Hailey Whitston

Theodore Willett

Elise Wilmore

Joel Yamoah

Priscilla Zhang



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Fine Arts Advisor



Jenny Charletto

Boys Athletic Advisor



Robbie Wladkowski

Girls Athletic Director



Rose Donovan

2021



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Miguel Acevedo
Marianna Achi
Samara Addo
Zachary Agonis
Layla Al-Hussaini
Zachary Almeida
Declan Andrews

Shaelyn Avery
Bassam Awde
Savannah-Leigh Bannon
Hailey Barrows
Brendan Bartucca
James Beauchemin
Olivia Beaudet
Chris-Johnatan Bellande

Tiffany Besley
Jose Arthur Bittencourt
Keilin Bonilla
Jayda Boyulkin
Taylor Brincklow
Elizabeth Broderick
Biana Buissereth
Caprice Bush

Kyle Cahill
Kristen Campbell
Jaylynn Cantave-Callender
Marianna Carey
Liam Caulfield
Sherry Chen
Jennifer Ciarletto
James Clary-Washington

Angelina Clayton
Jillian Coakley
Vivica Coard
Kayla Cormier
Jae-Mario Corrielus
Preston Coyle
Mollie Cronin
Margaret Curran

Alexa Curriwan
Bryanna DaIencourt-Wilson
Council Dariah
Venkata Dasuri
Caroline Davey
Christopher Deangelis
Annelise Delaney
Jessica Delli Carpini

Joseph Demarais
Jason Denehy
Juliette Desharnais
Kendra Ditullio
Loren Dommaja
Rosemarie Donovan
Thomas Dooley
Joel Du Plessis

Brenda Duarte
Catherine Earle
Uchenna Ekechukwu
Mariam El Awad
Sophia Eliopoulos
Alexandra Eppolito
William Fehm
Erin Fitzsimmons

Jenna Flagg
Kaitlyn Flaherty
Carlos Flores Reyes
Kaitlyn Ford
Jake Francis
James Gamel
Marisa Geary
Kaitlin Gillette

Brendan Gillis
Marissa Gjika
Maeve Glavin
Mason Gold
Aldo Gomez
Anthony Gordon
Adam Gorine
Victor Greene

Yoselin Gudiel-Najarro
Shane Gurney
Therese Habib
Kalee Hansen
Maxwell Hart
Bethany Hazerjian
Gregory Hazerjian
Yazmani Hernandez Sanchez

Janae' Hinds
Ryan Hsu
Aidan Hurley
Maria Ingles Salmeron
Zoe' Irving
Marco Iskandar
Simon Jawhar
Jagger Jeannetti



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Anne Joseph
Jordy Joya
Emily Keefe
Raya Khalil
Masha-Allah Khan Matos
Emma King

Aristides Koktsidis
Benjamin Kravitz
Alyssa Lahaise
Rudy-Schiender Lamy
Cailyn Lavinder
Brianna Leblanc
Shiloh Ledesma
Harrison Leduc

Mary Lee
Miranda Lee
Eustace Leitch
Jahmree Lewis
Melanie Lirette
Francesco Lopez
Riley Lopiccolo
Cristina Lussier

Jack Lydon
Meghan Macdougall
Emily Mace
Dominic Maddocks
Richard Maffeo
Dayra Maldonado
Laura Maloney
Molly Mannering

Chloe Mason
Evelyn Mathews
Jasmine Matos
Jake McCarthy
Erin McDermott
Cameron McDonough
Vanessa McGrath
Madden McMahon

John Michienzi
Samyosaki Milord
Saibah Mohiuddin
Hayley Moleon
Fares Msalleem
Jonathan Murphy
Camilly Neto
Aanchal Nigam

Elmer Nolasco Rivera
Lindsey Nychay
Matthew O'Connell
Maeve O'Connor
Jillian Olbrys
Daniel Oloyede
Juliana O'Neil
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Angelo Otayek
Quinlan O'Toole
Jonathan Palumbo
Marc Palumbo
Krushi Patel
Micaelly Paulo
Christopher Perriello
Andrew Perry
Jade Perry
Stephan Petithomme
Marco Petrillo
Tiziana Pinto De Souza Nasci
Sylus Prasad
Jennifer Puzey
Giovanna Quiareli
Rusali Rajbandari
Fabian Ramaj
Jonathan Ramos Cornejo
Nichole Randolph
Nyree Resignac
Justin Ring
Matthew Ritchie
Gabriella Rodriguez
Katherine Rogers
Murphy Rowan
John Ryan
Christian Sales
Jasmine Samulonis
Leilany Sanchez
Hector Santos Suazo
Anthony Scavotto
Matthew Schick
Karl Schletbaum
Kymauri Seams
Connor Segreve
Khushi Shah
Macgregor Sharkey
Sydney Sharkey
Vivienne Sharkey
Jared Shea



SOPHOMORES

2021



Jack Silletti
Grace Smelstor
Casey Smith
Justin Smith
Megan Sopie
Nicholas Spadocia
James Spellman
Ryan Steele

Grace Sullivan
Kevin Sullivan
Michelle Tannous
Jayda Taylor
Jordane Taylor
Jedadiah Tinlin
Brayan Torres
Alison Trahon

Pyotr Umbay-Guliaeff
Isabelle Vitarisi
Sydney Waitekus
Janet Weber
James Whelan
Kevin White
Ryan White
Liam Wilson

Robert Wladkowski
Davida Wood
Nathan Wroe
Sydnie Wu
Katie Yanes
Bryan Yuen
Dylan Zalanskas
Dante Zaldivar
Ashley Zammito



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Vice President

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Ally Steates

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Fine Arts Advisor



Tina Caravella

Boys Athletic Advisor



George Tolman

Girls Athletic Director



Erin Reen

Julia Abruzzese
Beyonca Ademulegun
Bola Agaiby Mikhaeil
Blessing Aimiwu
Kelly Alfaro
Matthew Alves
Jeremy Ambers
Isabella Anderson



Gabriel Andrade
Ziad Awde
John Ayoub
Junior Baez
Reese Barnett
Tyler Barrett
Steven Barron
Ethan Barrows

Madelyn Barry
Olivia Bedard
Elizabeth Begg
Kylie Bennett
Sara Bernal
Izabelle Blanchette
Jacob Bodenhofer
Isa Botelho

Christopher Boudreau
Natalie Bray
Rylee Burke
Donnovan Cahill
Ryan Cain
Caroline Campbell
Davidson Cange
Tea Caravello

Elizabeth Cardini
Shawn Casavant
Eddy Cassandra
Marissa Cataldo
Benjamin Charland
Elizabeth Chau
Beehera Chloe
Christina Christian

James Clayton
Bryan Connolly
Caitlyn Connolly
Olivia Connor
Jenna Costa
Grace Curran
John Curran
Erik Da Silva

FRESHMEN



Gabriel Da Silva
Omar Da'arah
Sofia D'Annunzio
Gizielly Dasilva
Isabel De Jesus
Shane Delamere
Timothy Delaria
Jonathan Demarais

Anthony Demera Morales
Subodh Dhakal
Daniel DiBlasi
Grace Dileo
Joseph Dimarzo
Melvin Dohbila
Jonathan Doyle
Erin Dunn

Alannah Evans
Skylar Evans
Margaret Federico
Ryan Ferzli
Ryan Fitzsimmons
Joseph Flaherty
Sean Flaherty
Katelyn Flynn

Hope Ford
Branden Francis
Shelby Francis
Celia Frawley
Mia Freeman
Talia Fruci
Brenda Galan Ramos
Samantha Gale

Galicia Cruz
Caroline Galvin
Christos Georgopoulos
Neo Getgano
Rikesh Ghimire
Maren Giambanco
Christopher Giovanni
Emily Gordon

Vivienne Gough
Delaney Gover
Shannon Gover
Jesenia Grasso
Sairys Greene
Timothy Grenham
Kayla Hancock
Kimberly Hanoian

Briana Harnett
Brendon Harper
Asher Hatch
Michael Hawco
Julia Healy
Jaeden Hernandez
Danny Hernandez Pacheco
Elizabeth Hinkson



Kayla Horton
Calian Howell
Dillon Huntington
Mikhaila Hurley
Hannah Islam
Sophia Isme
Rubenstein Jean Louis
Melhem Jennifer



Aswanth Jeyaram Kumar
Bryce Kanser
Coleman Keady
Julia Kelleher
Patrick Kelly
Marikate Kenny
Myles Kidd
Hannah Kiessling



Tanya Kolli
Michael Koutrouba
Corra Lavinder
Myungjae Lee
Kyle Leger
Kyle Leonard
Leo Leonard
Isabella Lirette



Gauri Loomba
Yamil Lopez
Blake Luciano
Ashley Luise
George Lynch
Valeria Macedo Gomez
Pedro Magalhaes
Ryan Mahmoudi



Gabriel Maldonado
Jessica Marcelonis
Lucas Marchand-Seery
Victoria Marquis
Alexia Martinez
Alicia Martinez
Rebeca Mazzoni
Aidan McCahon



2022



Brenden McCann
Kallie McCann
Sean McCarthy
Abdur-Rahman McCloud
Alyssa McCormick
Sydney McCue
Kylie McDonagh
Ja'Quis McIver

Katherine McLeish
Korbyn McWhirk
Katherine Mellen
Gabrielle Mercado
Yasin Merritt
Bryan Metayer
Randall Michael
Ioanna Minasidis

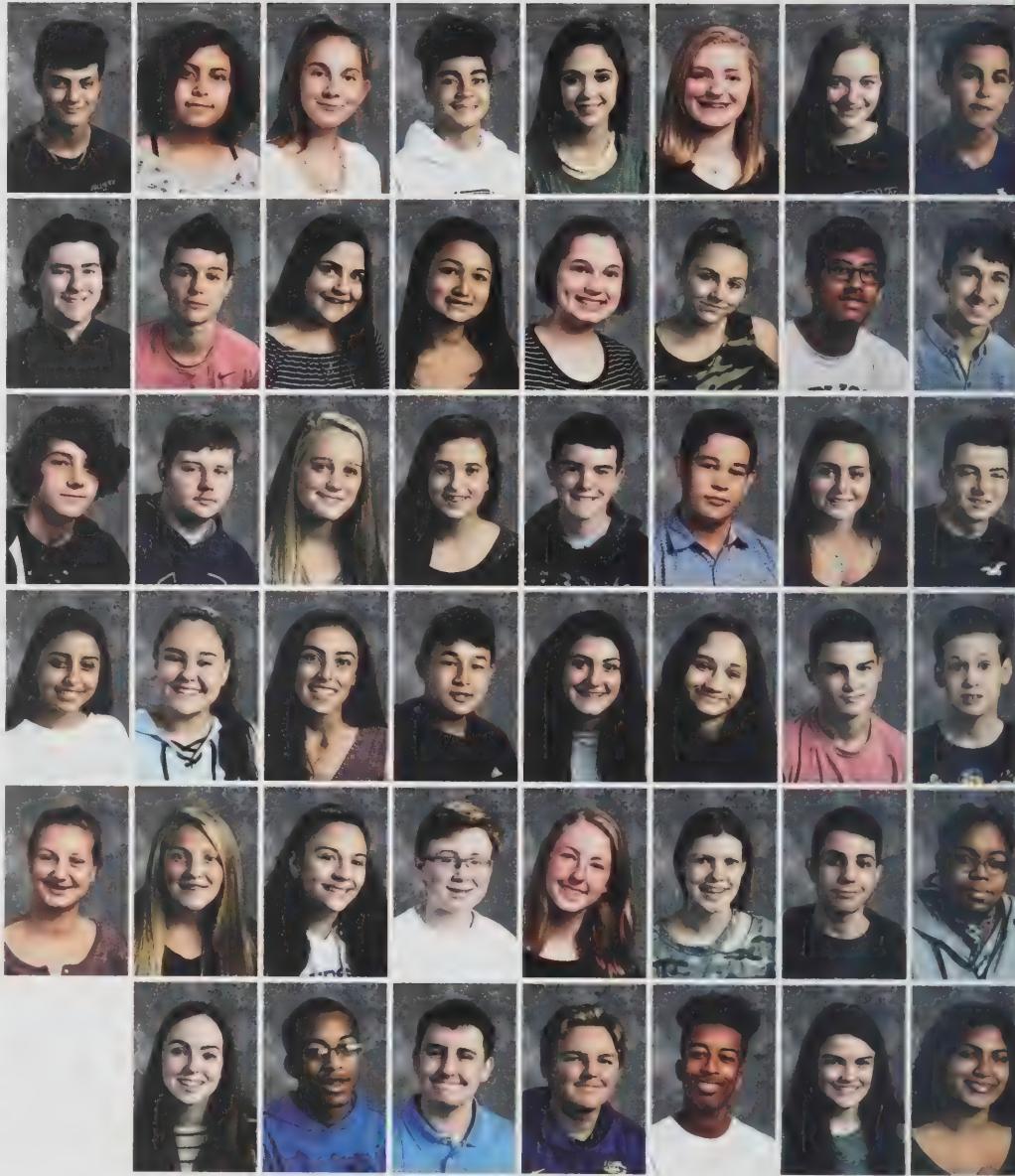
Jonathan Montilla
Joshua Morrison
Adam Mroue
John Nababout
Gurucharan Naikar
Della Nakimuli
Abigail Naughton
Ksean Noel

Carney Nyno
Kennedy O'Brien
Megan Olbrys
Christopher O'Neal
Jessica O'Toole
Shishir Pai
Sadiel Pardo Sanchez
Mark Parise

Ally Parkinson
Alina Parra
Marion Pastore
Jaion Perry
Jahsias Perryman-Rivers
Joseph Petruzzelli
Ethan Cornelius Picpcan
Michel Pierre

James Pinciaro Jr.
Sean Quinn
Shannon Quinn
Jayden Raymond
Francesca Reardon
Caeli Reed
Erin Reen
Samantha Reen

Igor Reis
Vaneza Reyes Mejia
Camille Ritchie
Nelson Rivas-Santos
Amelia Roberts
Jillian Rogala
Samantha Rogala
Douglas Ross



John Ruggiero
Benjamin Ryan
Line Saab
Mya Santos
Sireena Schenck
Samantha Schulze
Rohan Sedhay
Francesco Serratore

Christopher Sharkey
Brendan Sheehan
Sadie Sheehan
Ann Sisk
Justin Skehill
Daniel Sorensen
Ally Steeves
Joseph Steeves

Estell Stupler
Crystal Stylic
Erin Sullivan
Pawan Tamang
Dori Theos
Angelina Toledo
George Tolman
Zachary Torres

Eliza Van Hoesen
Cecilia Venditti
Nicole Vinson
Connor Walsh
Olivia Walsh
Abigail Warner
Hussein Watfa
Sanai Watson

Sarah Welch
Elias West
Jeffrey Wilds
Jake Wilkinson
Lorenzo Woodley
Shayla Wynne
Brenda Yanes

FRESHMEN

NHS is...

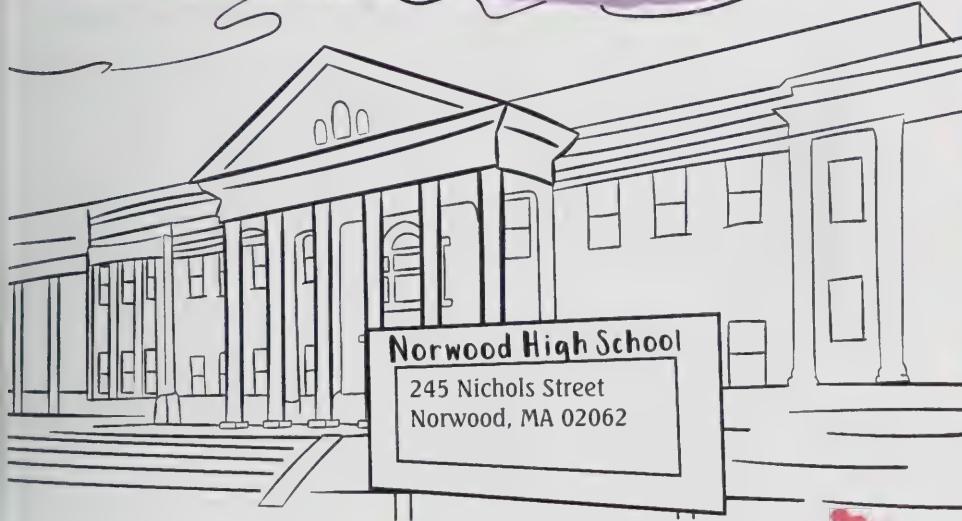
985 students

493 male

492 female

18.4% speak a first language other than English

2011 - new high school building opened



67.4% White

13.1% Hispanic

12.4% Black or African-American

4.5% Asian

2.5% Multi-race

37 male

72 female

13.7 to 1 - student to teacher ratio

109 staff members

Art



Music Groups

Tri-M

Anya Bodenhofer (president), Kristen Campbell, Jennifer Ciarletto (historian), Jessica DelliCarpini, Carolyn Ferris (junior president), Aidan Flaherty, Noirret Francis, Victor Greene, Leah Hall, Kaylee Hansen, Amy Heil, Kaylee Hoover, Rachel Howard, Robyn Jones (band rep), Mikayla Jordan, Catherine Kennedy (orchestra rep), Aristides Koktsidis, Elizabeth Marquis, Evelyn Mathews, Caroline McDonald (choral rep), Prerana Mistry (treasurer), Erin Ryan (vice president), Emili Serratore, Khushi Shah, Casey Smith (secretary), Priscilla Zhang



Concert Band

Izabelle Blanchette, Joseph DiMarzo, David Dipierro, Sairys Greene, Maxwell Hart, Connor Henkin, Alicia Martinez, Jonathan Murphy, Matthew Schick, Nathan Wroe

Wind Ensemble

Jason Amis, Jessica Delli Carpini, Carolyn Ferris, Aidan Flaherty, Adam Gorine, Leah Hall, Amy Heil, Alexander Ice, Benjamin Jackson, Robyn Jones, Aristides Koktsidis, Mark Larrivee, Cailyn Lavinder, Corra Lavinder, Kyle Leonard, George Lynch, Laura Maloney, Elizabeth Marquis, Victoria Marquis, Evelyn Mathews, Justin McGuire, Owen Nee, Caleb Ramos, Emili Serratore, Casey Smith, Justin Smith, Mya Tomlinson, Pyotr Umbay-Guliaeff, Priscilla Zhang

Jazz Ensemble

Members: Jason Amis, Tea Caravello, Jessica Delli Carpini, Adam Foley, Adam Gorine, Amy Heil, Benjamin Jackson, Robyn Jones, Aris Koktsidis, Kyle Leonard, Katie McLeish, Gerry O'Reilly, Makana Umbay-Guliaeff



String Orchestra

Tea Caravello, Sofia D'Annunzio, Joel Du Plessis, Adam Foley, Noirret Francis, Emily Gordon, Victor Greene, Kalee Hansen, Briana Harnett, Bhavana Jammalamadaka, Jonathan Joseph, Catherine Kennedy, Tanya Kolli, Sungjae Lee, Dayra Maldonado, Alexia Martinez, Stephanie Mastingal, Matthew Murphy, Jessica O'Toole, Jahsias Perryman-Rivers, Joseph Stenstrom



Celtic Strings

Members: Jessica O'Toole, Sophia D'Annunzio, Noirret Francis, Kyle Leonard, Bhavana Jammalamadaka, Jonathan Joseph, Tonya Kolli, Catherine Kennedy, Victor Greene, Joseph Stenstrom, Adam Foley, Caleb Lee, Kalee Hansen, Matthew Murphy, Mikayla Jordan





Madrigals

John Ayoub, Anya Bodenhofer, Ryan Cain, Jennifer Chiarletto, Julia Cropper, Claire DeSouza, Joseph DiBlasi, Mackenzie Eugene, Madeleine Flores, Rachel Howard, Sarah Jackson, Mikayla Jordan, Alexander Khalil, Caroline MacDonald, Gabriel Maldonado, Prerana Mistry, Giovanna Rodriguez, Erin Ryan, Khushi Shah, Jayda Taylor

Women's Chorus

Elizabeth Begg, Olivia Connor, Taylor Lynch, Stefani Martins Samuel, Kallie McCann, Della Nakimuli, Michel Pierre, Jordane Taylor, Abigail Warner



Concert Chorale

John Ayoub, Anya Bodenhofer, Ryan Cain, Kristen Campbell, Marianna Carey, Jennifer Ciarletto, Julia Cropper, Claire DeSouza, Joseph DiBlasi, Diana Ekechukwu, Mackenzie Eugene, Madeleine Flores, Kaylee Hoover, Rachel Howard, Sarah Jackson, Mikayla Jordan, Alexander Khalil, Caroline MacDonald, Gabriel Maldonado, Prerana Mistry, Joshua Morrison, Tiziana Pinto De Souza Nascimento, Giovanna Quiareli, Gabriella Rodriguez, Giovana Rodriguez, Erin Ryan, Francesco Serratore, Khushi Shah, Jayda Taylor



A Capella

Savannah Bannon, Sophia Bellande, Kristen Campbell, Ryan Cain, Jennifer Ciarletto, Vivica Coard, Tommy Connor, Julia Cropper, Claire DeSouza, Diana Ekechukwu, Mackenzie Eugene, Carolyn Ferris, Madeleine Flores, Sairys Greene, Vivienne Gough, Kaylee Hoover, Rachel Howard, Aris Koktsidis, Gabriel Maldonado, Jenna Mazzola, Kallie McCann, Prerana Mistry, Della Nakimuli, Khushi Shah, Brady Sheehan, Jaida Taylor, Anthony Venuto



Jazz Choir

Members: Fiona Campbell, Kristen Campbell, Mackenzie Eugene, Carolyn Ferris, Celia Hazerjian, Sarah Jackson, Alex Khalil, Erin Ryan

Junior Districts

John Ayoub, Elizabeth Begg, Ryan Cain, Olivia Connor,
Gabriel Maldonado, Kallie McCann, Abigail Warner



All-State

Matthew Murphy, Giovanna Rodriguez, Erin Ryan



Senior Districts

Chorus:

Anya Bodenhofer, Jennifer Ciarletto, Claire DeSouza,
Joseph DiBlasi, Giovana Rodriguez, Erin Ryan, Khushi
Shah, Jaida Taylor

Band: Alex Ice, Pyotr Umbay-Golieth,

Orchestra:

Kalee Hansen, Matthew Murphy

Madrigals



MEMBERS

Kristen Campbell
Tea Caravello
Sherry Chen
Joe DiMarzo
Carolyn Ferris
Aidan Flaherty
Gregory Gassoway
Joseph Greene
Leah Hall
Kalee Hansen
Shylah Hansen
Thomas Harder
Maxwell Hart
Amy Heil
Benjamin Jackson
Robyn Jones
Catherine Kennedy
Solomon King
Aris Koktsidis
Tanya Kolli
Cailyn Lavinder
Corra Lavinder
Ryan Lee
Caleb Lee
Kyle Leonard
Richard Maffeo
Laura Maloney
Elizabeth Marquis
Victoria Marquis
Charlotte Mathews
Evelyn Mathews
Sarah McCarey
Justin McGuire
Benjamin McLeish
Katie McLeish
Owen Nee
Atlas Nelson
Keira O'Donnell
Gerard O'Reilly
Caleb Ramos
Matt Richie
Matthew Schick
Emili Serratorre
Casey Smith
Zachary Smith
Justin Smith
Stephanie Sol
Matthew Sullivan
Makana Umbay-Guliaeff
Olivia Walsh
Amelia Wilson
Nathan Wroe
Bryan Yuen
Alex Yuen
Jacob Zhang
Priscilla Zhang



Marching Band

SCORES

NESBA @ Medford- 1st place score of 76.1

NESBA @ Melrose- 1st place score of 86.43

NESBA @ Wakefield- 1st place score of 86.70

MICCA Norwood- 5 star overall score

MICCA Finals @ Lawrence- 5 star overall score

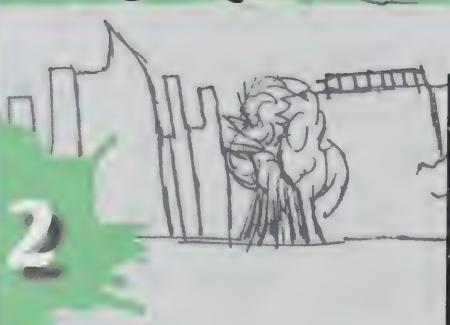
NESBA Finals @ Lawrence- 1st place score of 97.5



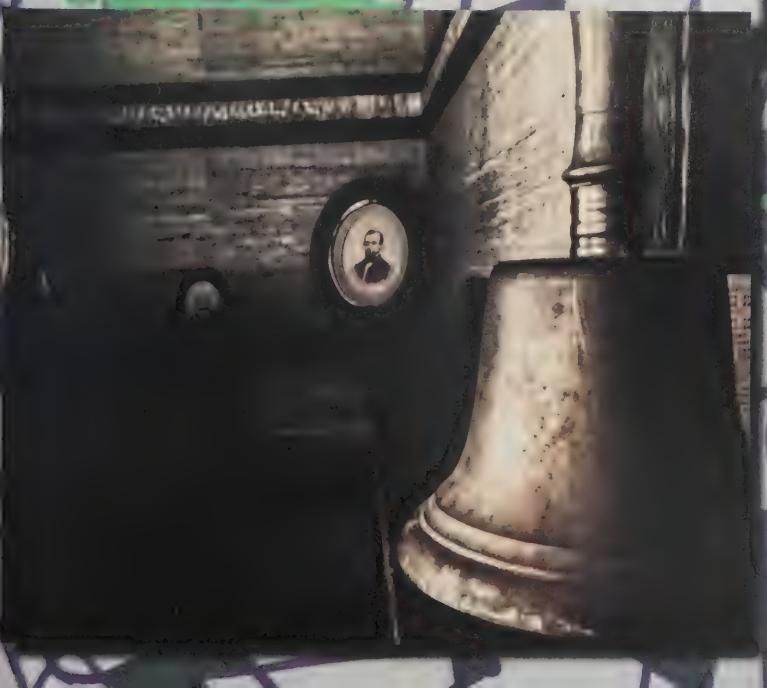
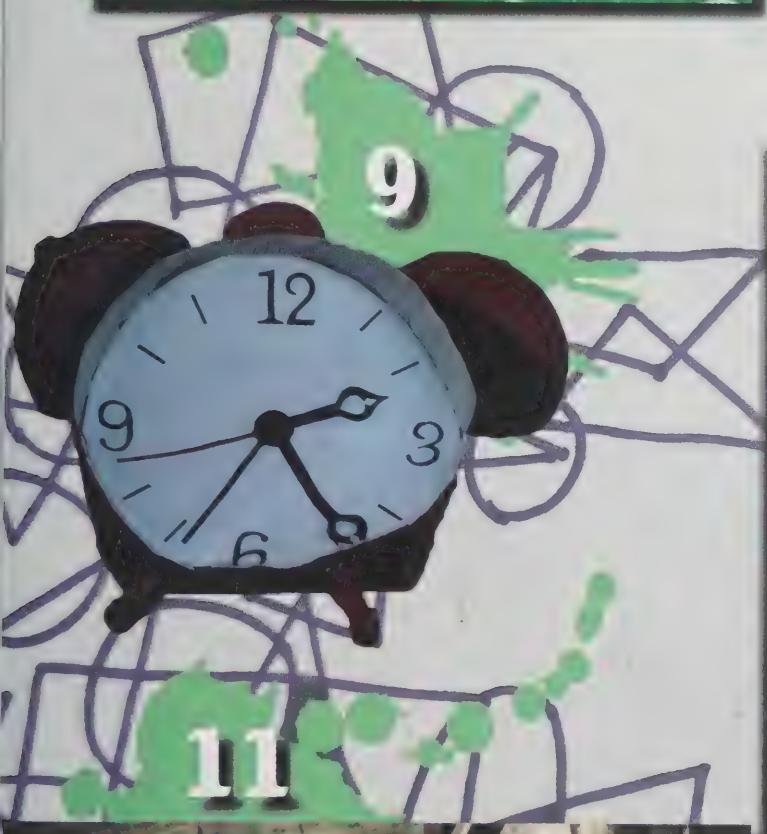
SENIORS

Gregory Gassaway
Alex Yuen
Amelia Wilson
Amy Heil
Caleb Ramos

Student Artwork



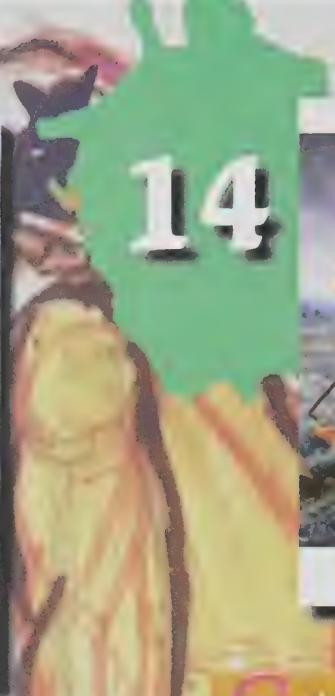
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13



14



EXTREME CONSUMERISM

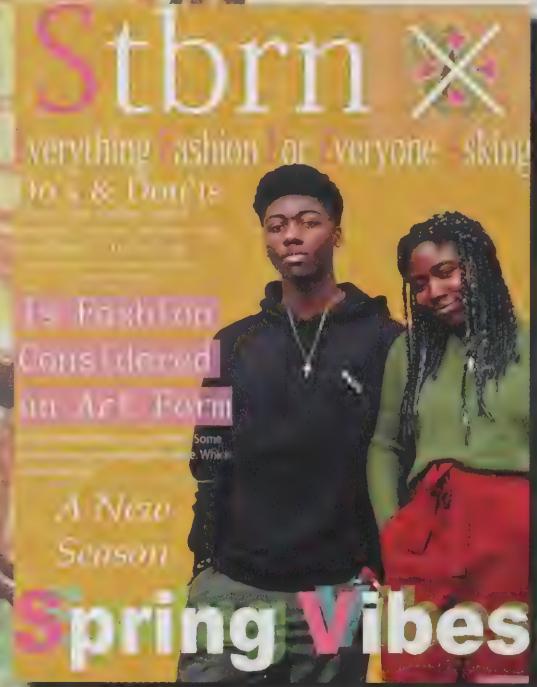


WAS THIS THE FUTURE OUR FOUNDING FATHERS ENVISIONED?

15



NORWOOD, 1960

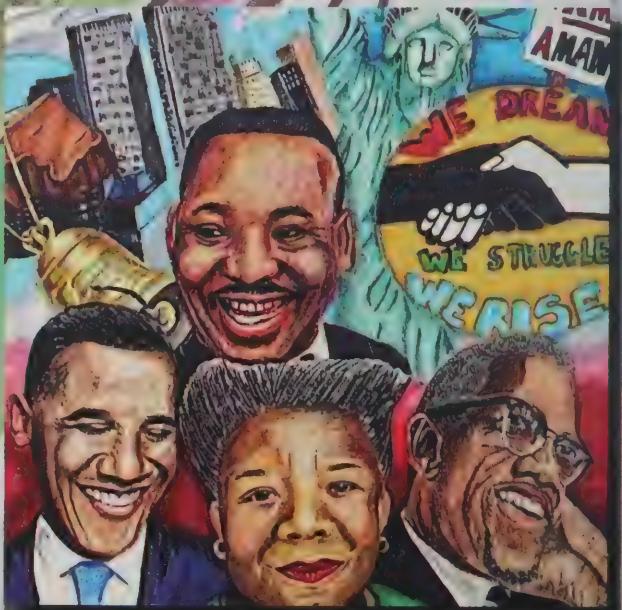


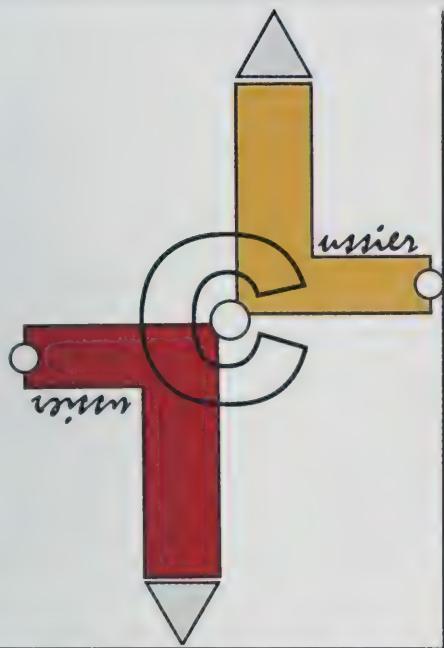
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17

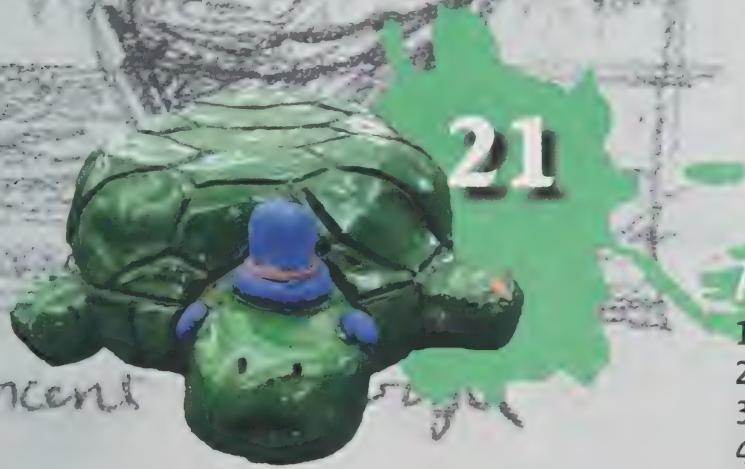


18





19



21



ARTISTS

1. Sean Pugatch
2. Fiona Campbell
3. Mya Tomlinson
4. Ally Steeres
5. Ana Bernal Torrico
6. Dennys Perez Molina
7. Nariya Benjamin
8. Emily Moran
9. Hailey Barrows and Richard Maffei
10. Elena LeSavage
11. Kelly Daher
12. Fiona Campbell
13. Zena Watfa
14. Evan Van Hoesen
15. Alexandra Dimitriou
16. Salomon Klarou
17. Vivienne Gough
18. Mya Tomlinson
19. Cristina Lussier
20. Alyssa Lahaise
21. Katie McLeish
22. Salomon Klarou

Backgrounds created by Sarah Mohiuddin

22



All About Youth

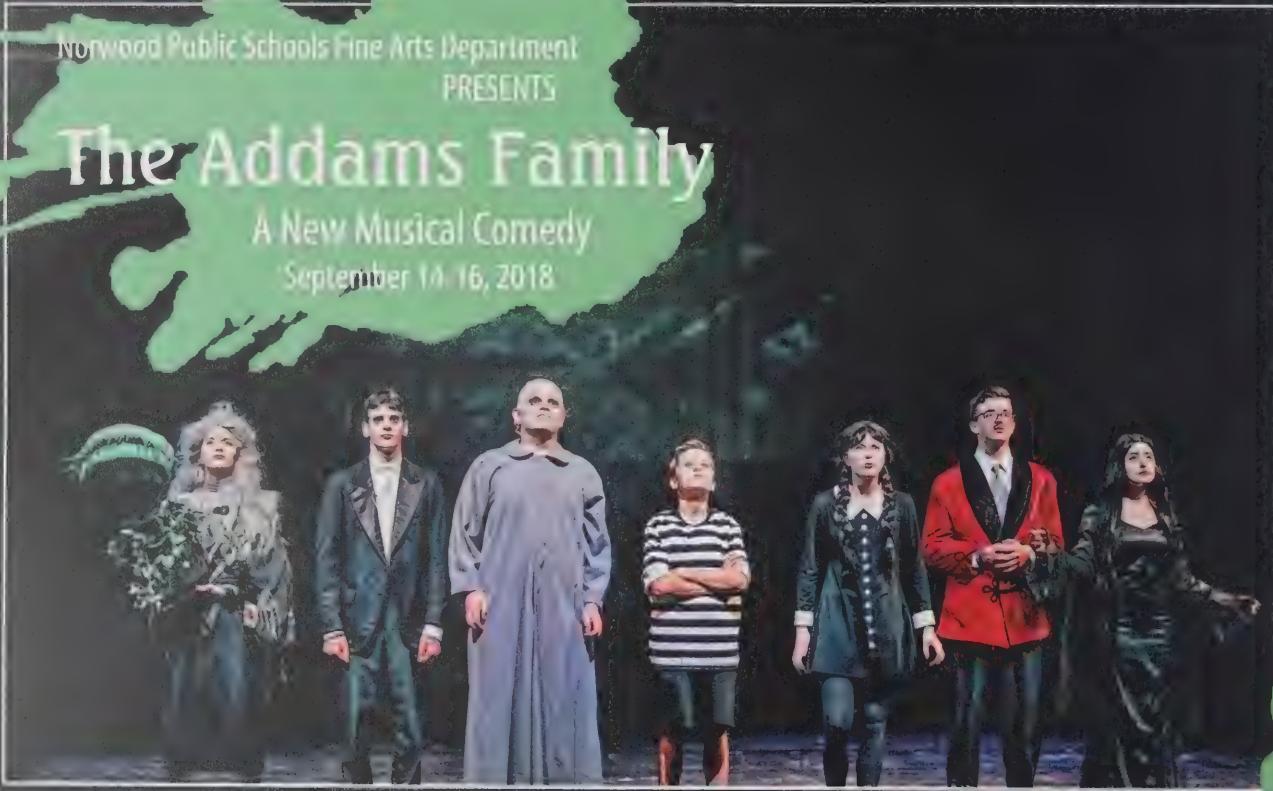


Norwood Public Schools Fine Arts Department
PRESENTS

The Addams Family

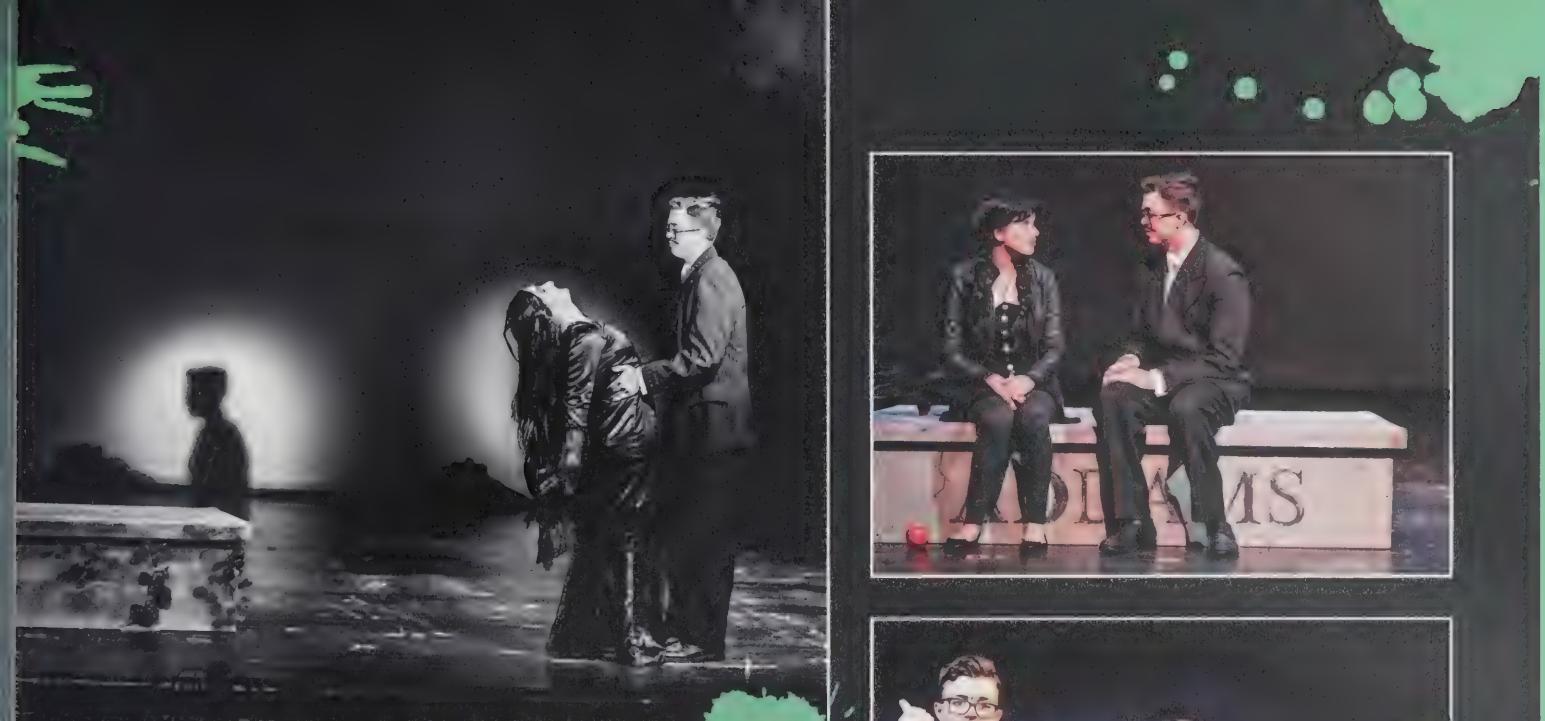
A New Musical Comedy

September 14-16, 2018



We can't wait to torture you... with laughter





CAST

Gomez Addams- Brady Sheehan
Morticia Addams- Julia Cropper
Uncle Fester- Matthew Ritchie
Grandma- Savannah Bannon
Wednesday Addams- Vivienne Madden-Gough
Pugsley Addams- George Lynch
Lurch- Johnny Ayoub
Mal Beineke- Anthony Venuto
Alice Beineke- Carolyn Ferris
Lucas Beineke- Aris Koktsidis
Addams Family Ancestors- Maura Beades, Sara Bernal, Sean Bernyk, Ryan Cain, Kristen Campbell, Aidan Cataldo, Jennifer Ciarletto, Marissa Dwinells, Talia Fruci, Sairy's Greene, Rachel Howard, Olivia LeSavage, Gabriel Maldonado, Samantha Magan, Charlotte Mathews, Kallie McCann, Sarah McCarey, Emma Naughton, Kiera O'Donnell, Erin Ryan, Saheli Shah, Jaida Taylor



When you're an Addams...



CREW

Director John Quinn
 Assistant Director Zoe Irving
 Stage Manager Carolyn Ferris
 Assistant Stage Manager Jacob Zhang/Ben McLeish
 Lighting Design Carolyn Ferris
 Lighting Board Operator Ben McLeish
 Sound Design Kelly McGowan
 Asst. Sound Design/Sound Board Operator Max Hart
 Costume Design Tess Gautreaux
 Costume Crew Jeanna Ayoub, Zoe Irving, Christine Venuto
 Stage Design James Bowers
 Set Building Crew Johnny Ayoub, Steve Ayoub,
 Danny Bannon, Colleen Cardinal,
 Angelina Clayton, Jenna Greene,
 Kian Lyon, Kimberly Ndegwa,
 Michael Petrie-Hicks, Joel du
 Plessis, Tim Rose, Joey Saba,
 Anthony Venuto



The Three Musketeers



CAST

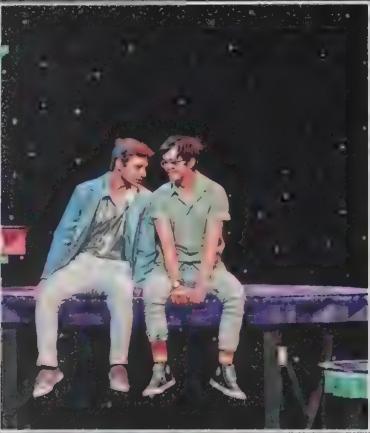
The Men

D'Artagnan	Johnny Ayoub/Ben Jackson
Athos	Tim Rose
Porthos	Sarah Jackson/Sarah McCarey
Aramis	Anthony Venuto
Cardinal Richellieu	Joel du Plessis/Abigail Warner
Rochefort	Sairy's Greene
Stanley/Basille/Fache	Emma Naughton
King Louis XIII	Marissa Dwinnells
D'Artagnan's Father/Innkeeper	Justin McGuire
Treville/Ravanche	Kian Lyon
Duke of Buckingham	Daniel Sorensen/Angelina Clayton
DeBris	Keira O'Donnell

The Women

Sabine	Colleen Cardinal/Julia Cropper
Milady	Danessy Auguste
Old Woman/Adele/Sister	Nadine Thomas
Constance Bonacieux	Audrey Scafati
Queen Anne	Kristen Campbell/Kimberly Ndegwa
Mother Superior	Emma Naughton
Elise/Abbess	Charlotte Mathews





Massachusetts Educational Theatre Guild
DRAMA FESTIVAL
FEBRUARY 18, 2019

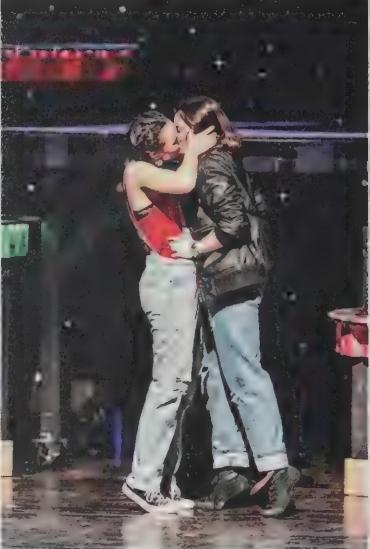
CAST

Jaime Brown	Dea Rosa
Jimmy	Brady Sheehan
David	Colleen Cardinal
Sammy	Kimberly Ndegwa
Hughie	Nadine Thomas
Boris	Anthony Venuto
Tina	Savannah Bannon
Wilson	Matt Richie
Marie	Kaileigh Lennon

Mechanics of the Universe

Featured Dance Ensemble	Savannah Bannon, Sairys Greene, Cailyn Lavinder, Corra Lavinder, Elizabeth Marquis, Atlas Nelson Joel du Plessis, Anthony Venuto
-------------------------------	--

Movement & Acting Ensemble	Kian Lyon, Michael Petrie-Hicks
----------------------------------	------------------------------------



CREATIVE AND TECHNICAL CREW

Direction: John Quinn

Choreography: Kelly McGowan

Student Direction: Zoe Irving

Stage Mgmt.: Mea SanGiacomo

Sound Design: Carolyn Ferris

Stage Crew Chief: Kylie McDonough

Stage Crew: Emma Naughton

Sarah McCarey

Marianna Achi

Kelly McGowan

Sound Board Op.: Ava Hurwitz

Maeve Lyon

Costumes: Colleen Cardinal

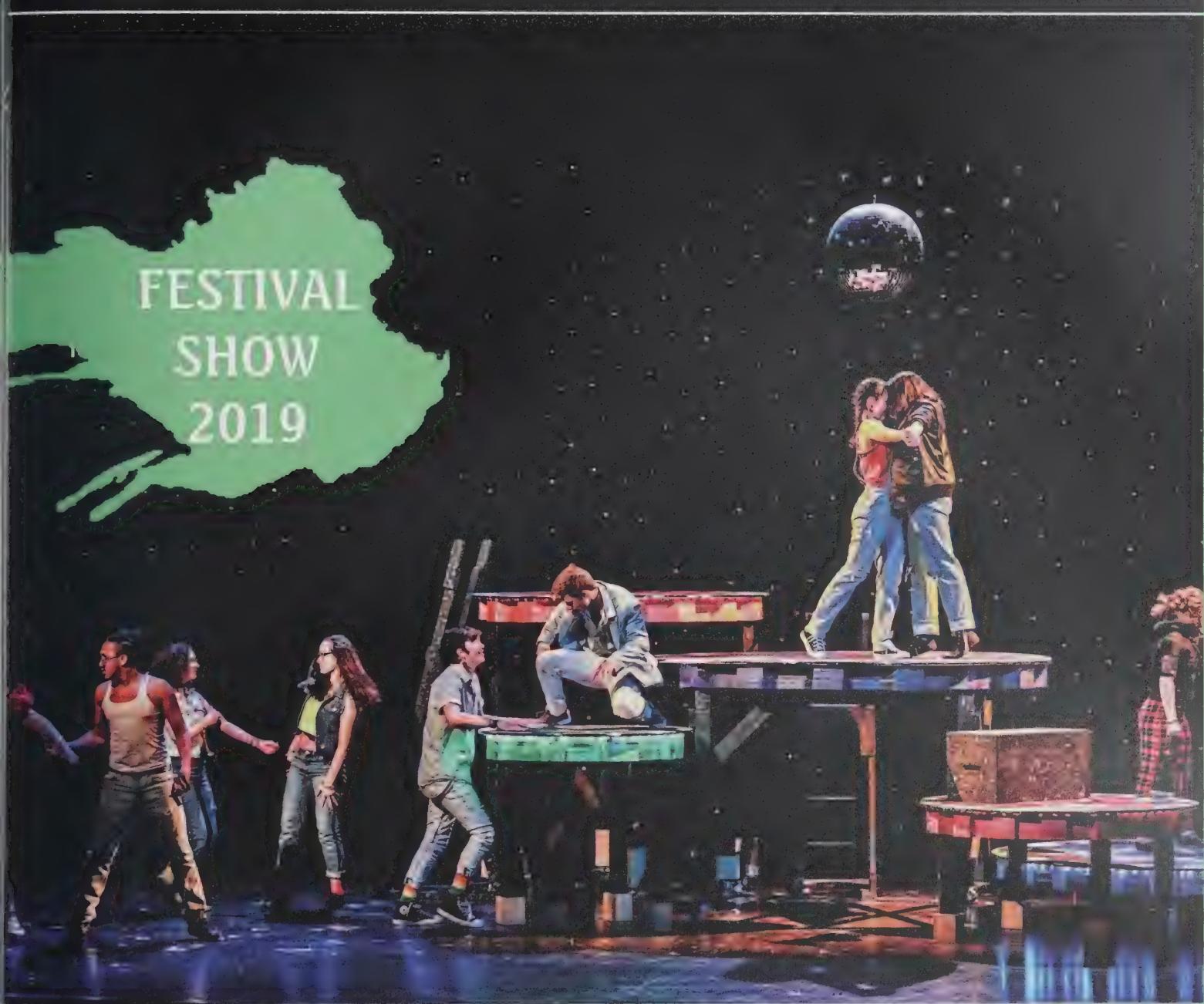
Mea SanGiacomo

Zoe Irving

Carolyn Ferris



FESTIVAL SHOW 2019

**Makeup:**

Colleen Cardinal
Mea SanGiacomo
Savannah Bannon
Atlas Nelson
Mea SanGiacomo
Colleen Cardinal

Dance Cptn: Cailyn Lavinder
Scenic Design: Colleen Cardinal**Scenic Dsgn. Adv:
Set Construction:**

James Bowers
Mea SanGiacomo
Colleen Cardinal
Zoe Irving
Daniel Bannon
Quinton Blanchard

Scenic Art:

Zoe Irving, Colleen Cardinal,
Mea SanGiacomo, Cailyn
Lavinder, Carolyn Ferris, Kylie
McDonough, Kimberly Ndegwa,
James Bowers
Mea SanGiacomo
Carolyn Ferris

Light Board Op.: Mea SanGiacomo**Hair Design:**

Athletics



VARSITY ROSTER

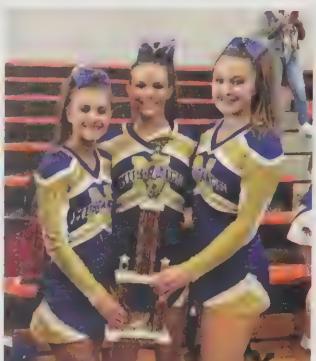
Back: Coach Jill Buckman, Kendra D'itullio, Jillian Olbrys, Marisa Geary, Francesca Reardon, Alina Parra

Middle: Sydney Sharkey, Shayla Keady, Grace Buckman, Samantha Weinstein, Paige Whitcomb

Front: Charlotte Kelly, Kayla Duffy, Amanda Olbrys, Allison Kelleher, Skylar Lundblad



2018 Tri-Valley League Champions



CAPTAINS

Allison Kelleher, Skylar Lundblad, and Amanda Olbrys

Cheerleading

SCOREBOARD

David Proudy High School
Invitational - 1st Place

Natick High School
Invitational - 4th Place

Oliver Ames High School
Invitational - 2nd Place

Mansfield High School
Invitational - 2nd Place

Tri-Valley Leagues - 1st
Place

Regional Competition -
9th Place



AWARDS

Tri-Valley League All-Star: Amanda Olbrys and Allison Kelleher

Tri-Valley League Honorable Mention: Charlotte Kelly

MVP: Amanda Olbrys

Unsung Hero: Allison Kelleher

Rookie of the Year: Skylar Lundblad

Girls' Cross Country

COACHES

Aimee Worcester
Nora Glynn

VARSITY ROSTER

Tegan Bartlett (Capt.)
Olivia Beaudet
Sara Bernal
Christina Christian
Samantha Gale
Emma King
Elena LeSavage
Haley McDonagh (Capt.)
Jennifer Puzey
Ariana Zavala

SCOREBOARD

Loss v. Medfield
48-15

Loss v. Hopkinton
42-19

Loss v. Holliston
42-20

Loss v. Ashland
34-24

Loss v. Westwood
42-19

Loss v. Dedham
31-26

AWARDS

TVL All Star:
Olivia Beaudet

TVL Honorable Mention:
Haley McDonagh

MVP: Olivia Beaudet
Unsung Hero: Haley McDonagh
Most Improved: Emma King



CAPTAINS: Haley McDonagh and Tegan Bartlett



Boys' Cross Country

COACH

Matthew Curran

VARSITY ROSTER

Daniel Carr
Michael Catalano
Luca Colosimo
Preston Coyle
Venkata Dasuri
Joel Du Plessis
Aidan Flaherty
Liam Fogarty
Paul Forrest
Calian Howell
Geoffrey Jandruie
Davis Jordan
Myles Kidd
Francesco Lopez
George Lynch
Aidan McCahon
Aidan Mulligan
Andrew Perry
James Pinciaro
Jack Silletti
Kevin Sisk
Joseph Needham



CAPTAINS: Luca Colosimo, Kevin Sisk, Paul Forrest, and Aidan Mulligan



SCOREBOARD

Loss v. Medfield
35-20

Loss v. Hopkinton
50-15

Loss v. Holliston
40-17

Loss v. Ashland
28-27

Loss v. Westwood
45-15

Win v. Dedham
20-35

AWARDS

TVL Honorable Mention:
Paul Forrest

Coach's Award: Paul Forrest

Coach's Award: Kevin Sisk

Most Improved: Luca Colosimo

COACHES

Allison Doliner
Caitlin Nottebart
Melissa Romaine

VARSITY ROSTER

Talia Fruci
Shannon Gover
Bryn Garczynski
(capt.)
Myra Hines
Mary Lee
Katie Welch
Allie Martin
Emily Trahon
Delaney Gover
Brianna LeBlanc
Rose Campbell
(capt.)
Molly Mannerling
Maddy Barry
Rory Cayer
Caroline Davey
Allie McDonough
Noelle Connolly
Theresa Flaherty
Kate Rodgers
Grace Sullivan
Maggie Curran
Sophia Serratore



MIAA D1 SOUTH SECTIONAL TOURNAMENT

Preliminary Round: Hingham 3-1 W
First Round: King Phillip 1-3 L

CAPTAINS: Bryn Garczynski, Rose Campbell

SENIORS: Katie Welch, Myra Hines, Rose Campbell, Bryn Garczynski, Theresa Flaherty, Emily Trahon

Field Hockey

SCOREBOARD

Westwood: 4-2 W

Ashland: 2-0 W

Medway: 1-6 L

Holliston: 2-0 W

Hopkinton: 5-0 W

Walpole: 0-2 L

Medfield: 5-0 W

Wellesley: 2-2 T

Dover-Sherborn: 2-2 T

Westwood: 0-2 L

Bellingham: 3-0 W

Ashland: 5-0 W

Canton: 2-2 T

Natick: 1-4 L

Holliston: 2-1 W

Dedham: 2-3 L

Hopkinton: 3-2 W

Medfield: 5-2 W



ALL STARS AND AWARDS

TVL ALLSTARS:
ROSE CAMPBELL
NOELLE CONNELLY
ALLIE MCDONOUGH (**MVP**)
BRYN GARCZYNKI

TVL HONORABLE MENTION: MAGGIE CURRAN

MVP: ALLIE MCDONOUGH
UNSUNG HERO: BRYN GARCZYNKI
COACHES' AWARD: ROSE CAMPBELL



VARSITY ROSTER

- 1 Tim Denehy
- 2 Teddy Willett
- 4 Jason Denehy
- 5 Jon Maffeo
- 6 Marc Murphy
- 7 Rudy Lamy
- 8 Anthony DeAngelis
- 9 Fabian Ramaj
- 10 James Spellman
- 12 Dylan Zalanskas
- 14 Pedro DeOliveira
- 19 J.T. Tinlin
- 20 Dan Barron
- 22 Jake Smelstor
- 23 James Gamel
- 26 Dorian Reynaud
- 27 Brendan Linehan
- 28 Chris DeAngelis
- 30 Rob Wladkowski
- 32 Jay Wladkowski
- 34 Solomon Klarou
- 44 Abdallah Khalil
- 45 Sean McCann
- 50 Ryan Hsu
- 52 Dan Oloyede
- 54 Sam Wong
- 55 Frank Keady
- 59 Aiden Prior
- 62 Mike White
- 63 Kevin Curtis
- 67 Cordell Souther
- 68 Domonic Maddocks
- 72 Jared Langlois
- 73 Jake Pratt
- 77 Kevin Linehan
- 78 Mike Gasbarro
- 87 James Whelan
- 88 Joe DiBlasi



CAPTAINS: Abdallah Khalil, Jake Smelstor, Marc Murphy, Brendan Linehan

Football

SCOREBOARD

Walpole 0-27 L
Medway 18-34 L
Hopkinton 6-28 L
Westwood 6-7 L
Ashland 0-31 L
Holliston 18-41 L
Medfield 21-2 W
Silver Lake Regional 9-27 L
Oliver Ames 28-12 W
Milford 23-27 L
Dedham 6-26 L



ALL STARS AND AWARDS

TVL Allstars:
Abdallah Khalil
Jay Wladkowski

TVL Honorable Mention:
Timmy Denehy

MVP: Abdallah Khalil

Unsung Hero: Marc Murphy

Most Improved: Samuel Wong

Thanks to Tony DeAngelis with Performance Action Photography for taking some of these amazing photos!

VARSITY ROSTER

Head Coach: Chuck Allen

Chris Martin (C)
Chris Cox
Brendan Gillis
Erin Sullivan
Joey Demarais
Zach Reagan
Ethan Barrows
Charlie Hanoian (C)
Dom Fanizzi
Nick Spadocia
Jared Shea
Matt Hennessey (C)
Brian Connelley

*Missing:
Michael Curley (C)



CAPTAINS: Michael Curley, Charlie Hanoian, Matthew Hennessey, Christopher Martin

Golf

SCOREBOARD

Win v. Dedham 264 - 297
Win v. Medfield 259 - 265
Loss v. Dover-Sherborn 253 - 239
Loss v. Holliston 245 - 244
Win v. Medway 256 - 290
Loss v. Hopkinton 241 - 240
Win v. Medfield 259 - 268
Win v. Bellingham 270 - 298
Loss v. Westwood 268 - 243
Win v. Norton 241 - 255
Loss v. Holliston 250 - 238
Win v. Millis 257 - 294
Loss v. Westwood 241 - 240
Loss v. Hopkinton 265 - 231
Win v. Ashland 237 - 276
Win v. Ashland 240 - 303



Record: 9-7

Notable Results

Loss to Hopkinton (2017 and 2018 state champs) by 1 at home

Loss to Westwood on 7th score card-off at home

7-5 record on the road

Win vs Ashland to clinch tournament bid

Notable Players

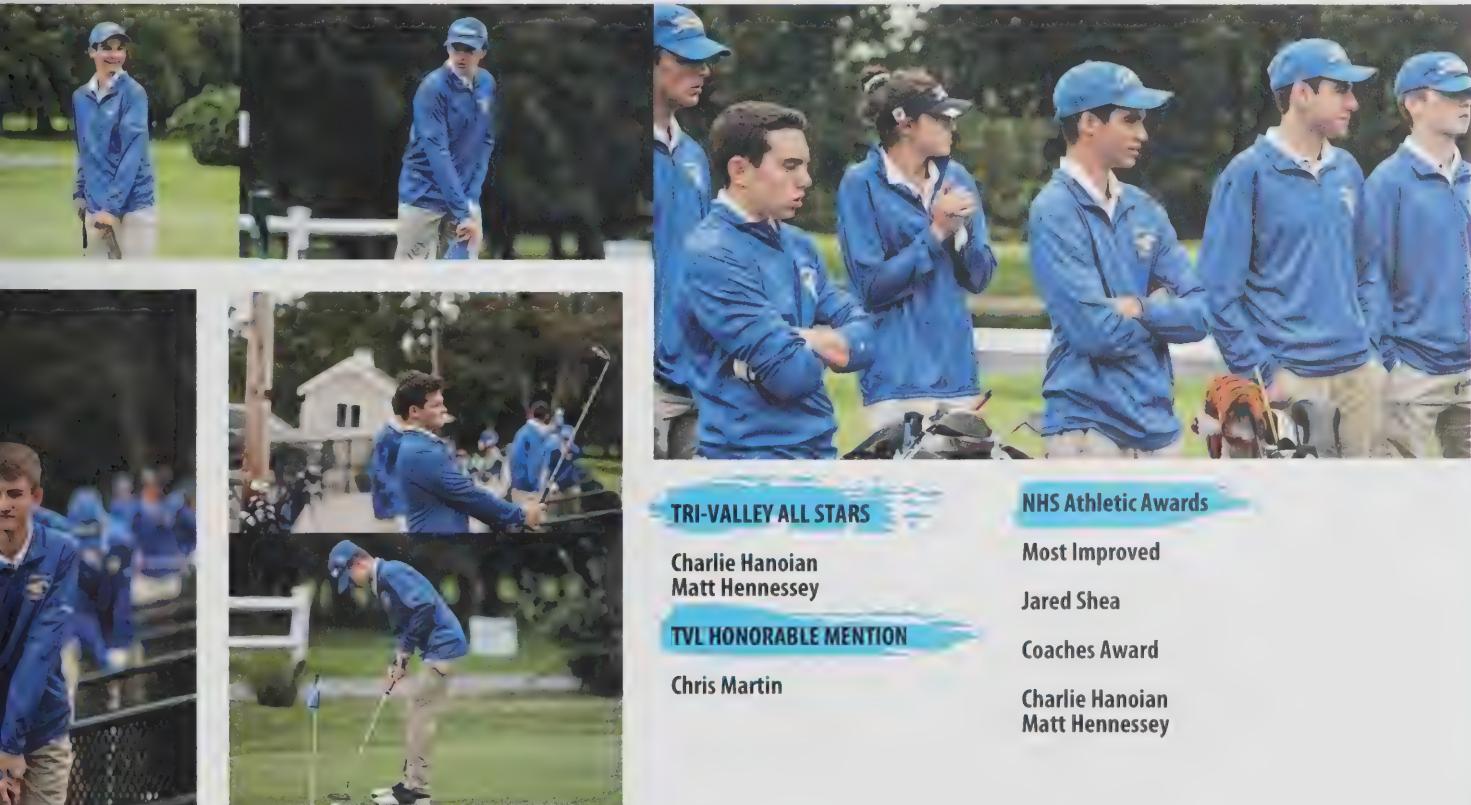
Charlie Hanoian - 5th in TVL scoring average for season

Matt Hennessey - 7th in TVL scoring average for season

Chris Martin and Michael Curley other senior starters

Jared Shea - huge improvement and big part of success

Erin Sullivan - first female in recent history - started all season



TRI-VALLEY ALL STARS

Charlie Hanoian
Matt Hennessey

TVL HONORABLE MENTION

Chris Martin

NHS Athletic Awards

Most Improved

Jared Shea

Coaches Award

Charlie Hanoian
Matt Hennessey

VARSITY ROSTER

00 Valter Santiago GK
1 Neo Getano S
2 Dan Pugatch D
3 Jaden Ryan M
4 Raheem Remi M
5 Mikaili Puckerine M
7 Sean Pugatch D
8 TJ Fehm D
10 Julyanny Peguero M
12 Vincent Connors D
13 Thebeau Paul M
14 Erik Danehy S
15 Jack Kelley M
16 Jagger Jaennetti S
17 Karl Schletzbaum D
18 Anthony Marchant D
20 Quinn O'Toole M
28 Finn Kelley D



CAPTAINS: Anthony Marchant, Julyanny Peguero, Valter Santiago

Boys' Soccer

SCOREBOARD

Medfield 0 - 4 L
Dedham 0 - 2 L
Westwood 0 - 4 L
Dover-Sherborn 0 - 3 L
Walpole 0 - 1 L
Holliston 0 - 2 L
Medway 0 - 1 L
Ashland 0 - 0 T
Millis 3 - 0 W
Stoughton 3 - 1 W
Hopkinton 0 - 2 L
Medfield 0 - 4 L
Westwood 0 - 2 L
Norton 0 - 2 L
Holliston 0 - 2 L
Hopkinton 1 - 2 L
Ashland 3 - 1 W
Bellingham 1 - 0 W



ALL STARS AND AWARDS

MVP:
Julyanny Peguero

TVL Honorable Mention:
Julyanny Peguero

MVP:
Jaden Ryan

Unsung Hero:
Finn Kelley

VARSITY ROSTER

- 1 Jessica Keller S
- 3 Maeve Glavin M
- 5 Alison Giambanco D
- 6 Hannah Grupposo M
- 7 Kathy Lima D
- 8 Marion Donovan M
- 9 Caroline Galvin S
- 11 Ally Steeves S
- 12 Maeve O'Connor D
- 13 Maren Giambanco M
- 14 Mikayla Jordan D
- 15 Anya Bodenhofer D
- 16 Erinn Wagner D
- 17 Olivia Dunn D
- 21 Rachel Ringler D
- 22 Laura Danehy D
- 23 Taylor Brincklow M
- 24 Tara O'Brien M
- 28 Erin McDermott M
- 29 Catherine Hurley GK
- 30/00 Heather Gagliardi GK



CAPTAINS: Anya Bodenhofer, Jessica Keller, Rachel Ringler, Erinn Wagner

Girls' Soccer

SCOREBOARD

Medfield 0-11 L

Dedham 0-5 L

Dover-Sherborn 1-7 L

Walpole 0-6 L

Holliston 0-11 L

Westwood 1-3 L

Medway 0-6 L

Hopkinton 0-10 L

Millis 1-6 L

Stoughton 3-0 W

Medfield 0-5 L

Bellingham 6-2 W

Westwood 0-4 L

Norton 0-10 L

Holliston 0-6 L

Ashland 3-5 L

Hopkinton 0-6 L

Ashland 1-4 L



ALL STARS AND AWARDS

Unsung Hero:
Erinn Wagner

TVL Honorable Mention:
Erinn Wagner

Most Improved:
Heather Gagliard

Coach's Award:
Maeve Glavin

VARSITY ROSTER

Head Coach:
Paul Nimblett

Noelle Abruzzese
Alexa Currian
Danielle Currian
Annabelle Gasbarro
Emma Gerbutavich
Jasmine James
Marissa Jurgelewicz
Jenny King
Madison McDonough
Megan Olbrys
Sara Oliveira
Erin Reen
Vera Sabha
Katie Schmidt
Sydney Waitekus



CAPTAIN: Jenny King

Girls' Volleyball



SCOREBOARD

Loss vs. Braintree 2 - 3
Loss vs. Westwood 0 - 3
Loss vs. Ashland 0 - 3
Loss vs. Medway 0 - 3
Loss vs. Holliston 0 - 3
Loss vs. Walpole 0 - 3
Win vs. Bellingham 3 - 2
Loss vs. Hopkinton 0 - 3
Loss vs. Norton 2 - 3
Win vs. Medfield 3 - 1
Loss vs. Norton 0 - 3
Loss vs. Westwood 1 - 3
Loss vs. Ashland 1 - 3
Loss vs. Millis 0 - 3
Loss vs. Sharon 0 - 3
Loss vs. Holliston 1 - 3
Win vs. Dedham 3 - 0
Loss vs. Hopkinton 0 - 3
Loss vs. Medfield 0 - 3
Loss vs. Sharon 0 - 3



Record: 3-17-0

Notable Info:

Brought strong Bay States Braintree into 5 sets in the home opener
Brought Norton into 5 sets lost 2-3
Win vs Bellingham 3-2 on September 20th
Win vs Medfield 3-1 on September 28th
Win vs Dedham 3-0 on October 19th
Young core group



Tri-Valley All-Star

Jasmine James

TVL Honorable Mention

Alexa Curriwan

NHS Athletic Awards

MVP
Jasmine James

Most Improved
Megan Olbrys

Coaches' Award
Jennifer King

Atheletes

- 24 Max Angelico
11 Jae-Mario Corrielus
14 Erik Danehy
2 Demauri Daniels
12 Will Gamel
00 Dan Grasso
15 Jack Kelley
22 Cam McDonough
33 Aidan Prior
4 Stephen Reen
3 Jaden Ryan
23 Ben Tomasello



Boys' Basketball



Scores

12-14-18 Medway Away 40 - 53 L
12-18-18 Medfield Away 70 - 63 W
12-20-18 Holliston at Home 62 - 67 L
01-04-19 Ashland Away 62 - 47 W
01-06-19 Archbishop Williams at Home 48 - 50 L
01-08-19 Dover-Sherborn at Home 35 - 56 L
01-11-19 Dedham Away 81 - 78 WOT
01-15-19 Westwood at Home 52 - 56 L
01-18-19 Hopkinton at Home 59 - 63 L
01-22-19 Millis at Home 58 - 48 W
01-25-19 Medfield at Home 61 - 57 W
01-29-19 Holliston Away 67 - 73 L
01-31-19 Walpole Away 50 - 58 L
02-01-19 Ashland at Home 63 - 58 W
02-05-19 Bellingham at Home 33 - 53 L
02-08-19 Norton Away 60 - 69 L
02-10-19 Sharon Away 66 - 70 L
02-13-19 Westwood Away 51 - 70 L
02-15-19 Hopkinton Away 61 - 80 L
02-18-19 Sharon at Home 66 - 76 L

Record

6-14



Team Awards
Benjamin Tomasello: MVP
Erik Danehy: Coaches' Award
Jack Kelley: Unsung Hero

TVL Awards
Ben Tomasello: All-Star
Jae-Mario Corrielus: Honorable Mention

Captains: Erik Danehy and Ben Tomasello

VARSITY ROSTER

- 3 Samantha Reen
- 4 Erin Reen
- 5 Alison Giambanco
- 10 Ally Steeves
- 12 Emma Maturo
- 14 Megan Olbrys
- 20 Samantha Rogala
- 23 Taylor Brincklow
- 32 Jillian Rogala
- 34 Sydney Waitekus
- 55 Kate Earle

Head Coach:
Amy Lepley

RECORD
17-5



Girls' Basketball

Scoreboard

12-14-18 : Norwood vs. Medway 47 - 31 W
12-18-18 : Norwood vs. Medfield 44 - 36 W
12-20-18 : Norwood vs. Holliston 59 - 50 W
12-27-18 : Norwood vs. Dighton-Rehoboth Regional 47 - 38 W
12-29-18 : Norwood vs. Attleboro 39-26 W
1-2-19 : Norwood vs. Milford 61-19 W
1-4-19 : Norwood vs. Ashland 54-33 W
1-8-19 : Norwood vs. Dover-Sherborn 39-29 W
1-11-19 : Norwood vs. Dedham 54-21 W
1-15-19 : Norwood vs. Westwood 51-46 W
1-18-19 : Norwood vs. Hopkinton 44-39 W
1-22-19 : Norwood vs. Millis 40-42 L
1-25-19 : Norwood vs. Medfield 44-43 W
1-29-19 : Norwood vs. Holliston 50-38 W
1-31-19 : Norwood vs. Walpole 42-52 L
2-1-19 : Norwood vs. Ashland 38-45 L
2-5-19 : Norwood vs. Bellingham 63-22 W
2-8-19 : Norwood vs. Norton 51-20 W
2-13-19 : Norwood vs. Westwood 35-45 L
2-14-19 : Norwood vs. Hopkinton 42-23 W
2-28-19 : Norwood vs. Scituate 48-42 W
3-3-19 : Norwood vs. Pembroke 33-46 L



ALL STARS AND AWARDS

Emma Maturo
Erin Reen
Megan Olbrys

Megan Olbrys
Erin Reen
Alison Giambanco

Most Improved Player
Perseverance Award
Rookie of the Year

All-Star
All-Star
Honorable Mention

VARSITY ROSTER

Renee Babineau
Reese Barnett
Elizabeth Broderick
Grace Buckman
Jenna Costa
Alexandra Dimitriou
Kendra DiTullio
Rosemarie Donovan
Erin Dunn
Celia Frawley
Shayla Keady
Charlotte Kelly (Capt)
Isabella Lirette
Emily Mace
Hazel Narcisse
Olivia Norton
Lindsey Nychay
Amanda Olbrys (Capt)
Jillian Olbrys
Marion Pastore
Hailey Roberts
Ann Sisk
Samantha Weinstein
Shayla Wynne

Head Coach
Karen Broderick

Assistant Coach
Christine Heenehan



Seniors: Livie Norton, Charlotte Kelly, Amanda Olbrys, Alex Dimitriou, *Hazel Narcisse

Gymnastics

Scoreboard

12-20-18 : Norwood vs. Braintree 136.8 - 115 W
01-05-19 : Norwood vs. Medfield 132.9 - 133.3 L
01-07-19 : Norwood vs. Norton 138.35 - 122.5 W
01-16-19 : Norwood vs. Medfield 136.1 - 135.8 W
01-19-19 : Norwood vs. Medway 134.4 - 130.8 W
01-24-19 : Norwood vs. Walpole 138.5 - 127.1 W
01-29-19 : Norwood vs. Medway 139.25 - 134.75 W
02-04-19 : Norwood vs. Brookline 136.45 - 123.5 W
02-05-19 : Norwood vs. Medfield 138.2 - 135.6 W
02-05-19 : Norwood vs. Medway 138.2 - 114.5 W

RECORD
9-1



ALL STARS AND AWARDS

Jillian Olbrys
Charlotte Kelly
Marion Pastore

Unsung Hero
Hardest Worker Award
Coaches' Award

Roster:

- 1 Michael Curley
- 2 Myles Kidd
- 4 Hunter Ford
- 5 Jared Shea
- 6 Stephen Grenham
- 7 Nick Spadocia
- 8 Aidan Reardon (Capt.)
- 9 Brandon Walsh
- 10 Brendan Gillis
- 11 Tommy Dooley
- 12 Dom Fanizzi
- 13 Jared Connell
- 15 Matt Hennessey
- 16 Mac Sharkey
- 17 Joe Spadocia
- 18 Kyle Ledger
- 19 Bryan Metayer
- 20 David Hayes
- 21 Jack Lydon
- 22 Lars Boothroyd
- 23 Chris Martin (Capt.)
- 24 George Tolman
- 25 Mike Catalano
- 26 Harry Gover
- 27 Anthony Marchant
- 28 Michael Cahill
- 29 Jake Russo
- 30 Austin Reardon (Capt.)
- 31 Brendan Bartucca
- 35 Matt Whouley

Coaches:

Chuck Allen- Head Coach
Chris Folan- Asst. Coach
Steve Roe- Asst. Coach
Austin Glaser- Asst. Coach



Boys' Hockey

L vs Westwood 1-2
L vs Ashland 2-3
T vs Medway 1-1
L vs Walpole 1-2
W vs Holliston 2-0
W vs Bellingham 5-1
T vs Hopkinton 3-3
W vs Norton 7-0
T vs Medfield 2-2
T vs Milton 2-2
T vs Westwood 2-2
W vs Brockton 4-0
W vs Ashland 3-2
W vs DS/Weston 3-0
W vs King Phillip 4-1
W vs Holliston 7-0
W vs Dedham 3-0
W vs Hopkinton 5-3
T vs Medfield 1-1
W vs Latin Academy 4-0
Playoffs
W vs Scituate 3-2 (OT)
W vs North Attleborough 3-2
L vs Canton 6-1

Record:
13-4-6

The boys hockey team exceeded everyone's expectations this year. After starting off 0-3-1 in the first four games and most of the state dismissed them as a legitimate competitor. Then the Mustangs pulled out back-to-back wins against Holliston and Bellingham. The boys never looked back as they went unbeaten for the rest of the regular season. Having notable wins whilst

blanking Norton, Brockton, DS/Weston, and Dedham to name a few shutouts. Austin Reardon was named TVL Large Goalie of the Year as he lead the Mustangs into the tournament with a .929 save percentage. In the playoffs the Mustangs defeated the Scituate Sailors in overtime and North Attleborough in a close contest as well. The Mustangs closed off the 2019 season with a large margin loss to number 1 seeded Canton



CAPTAINS:

Chris Martin, Aidan Reardon, and Austin Reardon



LEAGUE AWARDS

TVL Goalie of the Year & TVL All Star
Austin Reardon

TVL All Stars
Aidan Reardon
Chris Martin

TVL honorable Mention
Anthony Marchant

COACHES' AWARDS

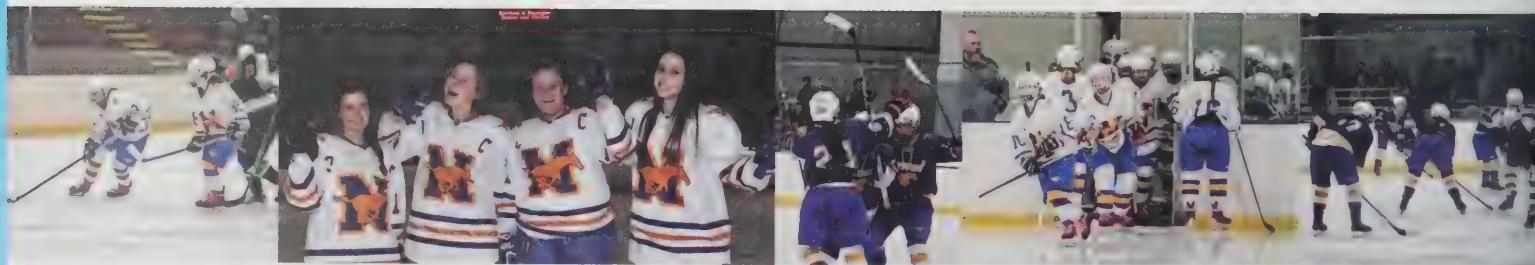
Austin Reardon
Aidan Reardon
Chris Martin

Captain 2019-2020

Anthony Marchant

VARSITY ROSTER

- 1 Jenna Mazzola
- 3 Jessica Keller (Capt)
- 4 Caeli Reed
- 6 Allie Martin
- 7 Maeve Glavin
- 8 Molly Mannering
- 9 Brianna LeBlanc
- 10 Rose Campbell (Capt)
- 11 Vivienne Sharkey
- 13 Maggie Curran
- 15 Kate Rodgers
- 16 Erinn Wagner (Capt)
- 17 Allie McDonough
- 18 Ally Parkinson
- 20 Noelle Connelly
- 23 Alli Kelleher
- 24 Marisa Cataldo
- 30 Mary Lee



Seniors:
Rose Campbell
Jessica Keller
Alli Kelleher



Girls' Hockey

SCOREBOARD

W vs Dover Sherborn 5-1

T vs Medway 2-2

L vs Walpole 3-1

T vs Dedham 4-4

W vs Fontbonne 10-1

L vs Westwood 4-2

W vs Shawsheen 7-1

T vs Medfield 3-3

W vs St. Peter-Marian 3-0

W vs Mansfield 4-2

W vs Shawsheen 4-1

L vs KPR 3-2

L vs Ursuline 5-3

L vs Canton 6-0

W vs Dover Sherborn 9-1

L vs Medway 3-1

L vs Dedham 4-1

T vs Westwood 1-1

L vs Medfield 4-0

L vs Marthas Vineyard 3-2

W vs Franklin 3-2

W vs St Josephs 7-4

PLayoffs

L vs Canton 3-1

Record:
9-10-4

Girls' hockey had a down to the wire season. They won some and lost some as they battled for a playoff spot. The Lady Mustangs were forced to win 2 of their last 3 games in order to accomplish a tournament berth. On the 17th game they were upset in Martha's Vineyard and challenged with beating a powerhouse Franklin

team. Franklin had one loss prior to that game. But, leaving the rink that day, they took their second loss. The Mustangs only needed to defeat the St. Josephs Prep Phoenix to clinch a tournament berth and they did just that. The girls hockey team never gave up.



Captains:
Jessica Keller
Erinn Wagner
Rose Campbell

TVL ALL STARS

Erinn Wagner
Allie McDonough
Honorable Mention
Allie Martin

MIAA BOSTON BRUINS SPORTSMANSHIP AWARD

Jessica Keller (Captain)

AWARDS

7th Player Award
Maeve Glavin
Unsung Hero
Allie Martin
MVP
Allie McDonough



Girls' indoor track and field

Beyonca Ademulegun
 Madelyn Barry
 Olivia Beaudet
 Kylie Bennett
 Vivica Coard
 Mollie Cronin
 Grace Curran
 Caroline Davey
 Alannah Evans
 Maren Giambanco
 Meghan Goffredo
 Myra Hines
 Kayla Horton
 Catherine Hurley
 Sarah Jackson
 Emma King
 Elena LeSavage
 Cristina Lussier
 Kallie McCann
 Sawdah McCloud
 Haley McDonagh
 Kylie McDonagh
 Tara O'Brien
 Jade Perry
 Jennifer Puzey
 Amelia Roberts
 Briana Simms
 Lara Souza
 Paige Whitcomb
 Ariana Zavala



OVERALL SEASON RECORD 2-3-0

Scoreboard

Holliston 26-60 L
 Westwood 49-39 W
 Hopkinton 17-65 L
 Ashland 55-31 W
 Medfield 39-47 L



ALL-STARS AND AWARDS

- MVP**
Sawdah McCloud
- Unsung Hero**
Catherine Hurley
- Coaches' Award**
Olivia Beaudet
- TVL ALL STARS:**
All Stars:
Olivia Beaudet, Vivica Coard
- Honorable Mention:
Caroline Davey



GIRLS' COACHES
 Coach Longley
 Coach Worcester



GIRLS' CAPTAINS:
 Myra Hines
 Catherine Hurley
 Sawdah McCloud

Boys' indoor track and field



OVERALL SEASON RECORD 1-4-0



BOYS' COACHES
Coach Curran
Coach Loja



BOYS' CAPTAIN:
Aidan Mulligan



Robert Bussiere
Luca Colosimo
Liam Fogarty
Aidan Mulligan
Rajeev Relangi
Timothy Rose
Joseph Barry
Adam Burke
Daniel Carr
David Dipierro
James Downing
Patrice FanFan
Paul Forrest
Michael Huha
Benjamin Jackson
Solomon King
Joseph Needham
Matthew Norris
Kenneth Obour-Bekoe
Jacob Pratt
Mikaili Puckerine
Dorian Raynaud
Connor Shoop
Kevin Sisk
Brady Stanton
Matthew Sullivan
Anthony Venuto
Aidan Flaherty
Mason Gold
Davis Jordan
Riley LoPiccolo
Jake McCarthy
Fares Msalem
Jonathan Palumbo
Marc Palumbo
Christopher Perriello
Justin Ring
Jack Silletti
Neo Getgano
Lorenzo Jordan Woodley
Aidan McCahon
James Pinciaro Jr.
Jonathan Doyle
Adam Mroue
Bryce Kanser
Jack Sullo

Scoreboard

Holliston 41-44 L
Westwood 34-52 L
Hopkinton 26-60 L
Ashland 67-18 W
Medfield 32-54 L

ALL-STARS AND AWARDS

- MVP**
Aidan Mulligan
- Unsung Hero**
Paul Forrest
- Most Improved**
Solomon King
- TVL ALL STARS:**
All Stars:
Aidan Mulligan, Paul Forrest,
Solomon King

Varsity Roster

Hailey Barrows
Olivia Bedard
Anya Bodenhofer
Kristen Campbell
Tea Caravello
Elizabeth Cardini
Madison Evans
Samantha Gale
Victor Greene
Kalee Hanson
Aidan Hurley
Mikhaila Hurley
Isabella Inzodda
Mikayla Jordan
Melanie Lurette
George Lynch
Laura Maloney
Evelyn Mathews
Justin McGuire
Matthew Murphy
Maeve O'Connor
Caleb Ramos
Giovana Rodriguez
Erin Ryan
Justin Smith
Megan Sople
Ryan Steele
Estelle Stupler
Jayda Taylor
Eliza Van Hoesen
Zena Watfa
Jake Wilkinson



Seniors: Anya Bodenhofer, Mikayla Jordan, Matt Murphy, Gia Rodriguez, Zena Watfa, Erin Ryan, Caleb Ramos, Maddie Evans



Captains: Maddie Evans, Mikayla Jordan, Gia Rodriguez, Matt Murphy

Swim and Dive

Record:

2-6

All-Stars and Awards

Girls' MVP: Gia Rodriguez

Boys' MVP: Aidan Hurley

Unsung Hero: Matt Murphy

Most Improved: Mikayla Jordan

TVL ALL STARS:

All Stars:
Gia Rodriguez, Aidan Hurley

Honorable Mention:
Megan Sople, Jake Wilkinson



National Anthem Singers:
Gia, Anya, Erin, Mikayla
Sang the anthem at every home dual meet as well
as the Sectionals and States meets!



Team Manager: Zena Watfa

Diving Coach: Sarah Pekar
Swim Coaches: Jen Rodger and
Kate Curtin

VARSITY ROSTER

Lesley Baez
Johnny Baez
Junior Baez
Daniel Barron (Capt)
Steven Barron
James Beauchemin
Kevin Curtis (Capt)
Jake Francis
Michael Gawargi
Ryan Hsu
Coleman Keady
Rudy-Schiender Lamy
Francesco Lopez
Blake Luciano
Domonic Maddocks
Jonathan Maffeo
Richard Maffeo
Ja'Quis McIver
Korbyn McWhirk
Matthew O'Connell
Joseph Phillips
Cordell Souther (Capt)
James Spellman
Jedadiah Tinlin
Pyotr Umbay-Guliaeff
Sean Wetherell
Kevin White
Dylan Zalanskas

Coach: Bill McDermott

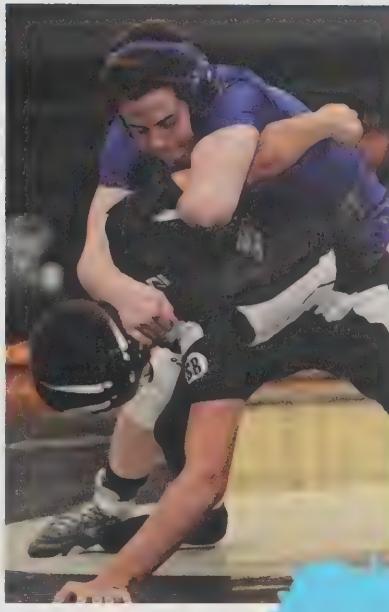


SENIORS: Jonathan Maffeo, Daniel Barron, Cordell Souther, Kevin Curtis, Lesley Baez

Wrestling

Scoreboard

12-08-18 : Norwood vs Watertown 45 - 36 W
12-08-18 : Norwood vs Taunton 49 - 21 W
12-08-18 : Norwood vs Carver 37 - 22 W
12-12-18 : Norwood vs Ashland 27 - 42 L
12-19-18 : Norwood vs Bellingham 36 - 6 W
12-21-18 : Norwood vs Duxbury 39 - 39 T
12-21-18 : Norwood vs Silver Lake Reg. 60 - 22 W
12-30-18 : Norwood vs Mount Hope Christian 24 - 36 L
12-30-18 : Norwood vs Sharon 9 - 58 L
1-2-19 : Norwood vs Holliston 21 - 54 L
1-4-19 : Norwood vs Newton South 42 - 39 W
1-4-19 : Norwood vs Boston Latin 27 - 49 L
1-4-19 : Norwood vs Excel 49 - 30 W
1-9-19 : Norwood vs Norton 16 - 48 L
1-12-19 : Norwood vs Walpole 30 - 45 L
1-12-19 : Norwood vs Bridgewater-Raynham Regional 39 - 40 L
1-16-19 : Norwood vs Barnstable 36 - 52 L
1-19-19 : Norwood vs King Philip Regional 30 - 48 L
1-23-19 : Norwood vs Dedham 18 - 63 L
1-26-19 : Norwood vs Concord Carlisle 36 - 27 W
1-26-19 : Norwood vs Arlington 39 - 37 W
1-30-19 : Norwood vs Hopkinton 51 - 27 W
2-2-19 : Norwood vs Coyle & Cassidy 40 - 36 W
2-2-19 : Norwood vs Whitman-Hanson 45 - 28 W
2-2-19 : Norwood vs Everett 24 - 6 W



RECORD
13-11-1



ALL STARS AND AWARDS

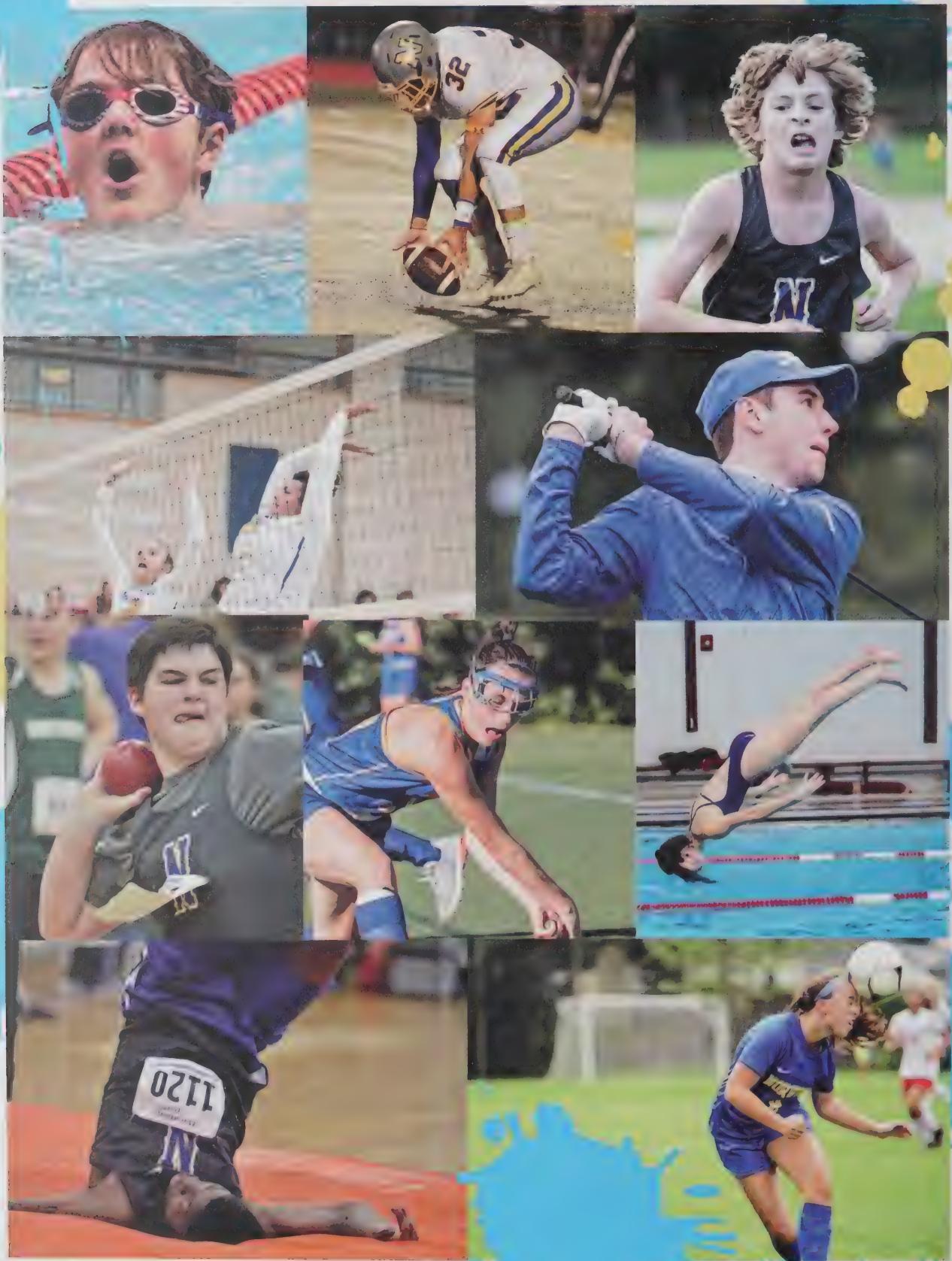
**Cordell Souther
Kevin Curtis
Ryan Hsu**

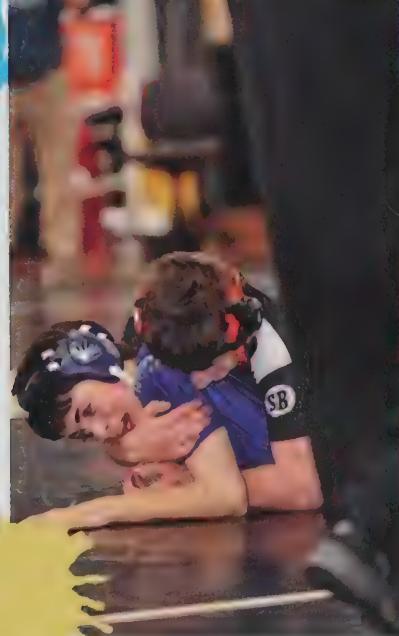
**Cordell Souther
Daniel Barron
Kevin White
Kevin Curtis**

**MVP
Unsung Hero
Most Improved**

**All-Star
All-Star
All-Star
Honorable Mention**

Sports Bloopers





Activities



Clubs

S C L U B P I R I T

Syndie Wu, Julia Abbruzze, Jessica O'Toole, Annie Sisk, Shayla Wynne, Amanda Njam, Preana Mistry, Surya Adeleye, Dayra Maldanado, Stephanie Mastinggal, Allie McDonough, Myra Hines, Marissa Silk, Rory Cayer, Noelle Connolly, Sophia Bellande, Molly Mannerling, Mary Lee, Megahn Mc Dougall, Megan Sople, Isabel Haglund, Laura Danehy, Tara O'Brien, Allie Martin

Adviser: Mrs. Glynn



Connor Miller, Alex Yuen, Finn Kelley, Erik Danehy, Charlotte Kelly, Michael Curley, Matthew Hennessey, & Timothy Rose, Christopher Martin, Mikayla Jordan, Mary Panetta, Dagney Overbey, Noelle Abruzzese, Giovana Rodriguez, & Kayla Rowan, Andrea Stebbins, Prerana Mistry, Surya Adeleye, Angelina Varon, Madison McDonough, Morgan Turchetta, Amanda Najm, & Rachel Howard, Matthew Murphy, Sean Pugatch, Sarah Mohiuddin, Erin Ryan, Fiona Campbell, Mohamed Shuman, & Emily Murray, Samuel Wong, Brendan Linehan, Lea Saab, Nancy Blankson, & Emily Moran

Adviser: Ms. Newman

N H S A O N O R T I O N A L S O C I E T Y

M U S T A N G S



Noelle Abruzzese, Surya Adeleye, Ceide Alvarado, Daniel Barron, Tegan Bartlett, Carl Bechara, Sophia Bellande, Nancy Blankson, Anya Bodenhofer, Eva Bola, Robert Bussier, Fiona Campbell, Rose Campbell, Luca Colosimo, Tommy Connor, Lily Cronin, Michael Curley, Danielle Curran, Kevin Curtis II, Kelly Daher, Olivia DeAngelis, Erik Denehy, Tim Denehy, Alex Dimitriou, Kayla Duffy, Mark Dunn, Madeleine Flores, Emma Gerbutavich, Celia Hazerjian, Amy Heil, Matthew Hennessey, Sean Hernon, Myra Hines, Addy Hodson, Kaylee Hoover, Catherine Hurley, Sarah Jackson, Mikayla Jordan, Danielle Joseph, Allison Kelleher, Jess Keller, Finn Kelley, Charlotte Kelly, Abdallah Khalil, Nepal Kusum, Brendan Linehan, Skylar Lundblad, Chris Martin, Christina McCue, Haley McDonagh, Madi McDonough, Prerana Mistry, Sarah Mohiuddin, Emily Moran, Aidan Mulligan, Aidan Murray, Amanda Najm, Kimberly Ndegwa, Saikeshav Nedunchezian, Olivia Norton, Amanda Olbrys, Dagney Overby, Mary Panetta, Dan Pugatch, Aidan Reardon, Rajeev Relangi, Rachel Ringler, Gia Rodriguez, Tim Rose, Kayla Rowan, Lea Saab, Vera Sabha, Valter Santiago, Mohamed Shuman, Jake Smelstor, Andrea Stebbins, Emily Trahon, Morgan Turchetta, Evan Van Hoesen, Angelina Varon, Zena Watfa, Katie Welch, Matthew Whouley, Tess Wilkinson, Sam Wong, Alex Yuen

Advisers: Ms. Cohn and Ms. McDonnell

G C I T I Z E N S H I P R O G R A M



Kalee Hansen, Hailey Barrows, Caroline Galvin, Elizabeth Cardini, Omar Da'darah, Mohamed Shuman, Alrina Sharra, George Lynch, Sara Bernal, Angela Sharra, Ceide Alvarado, Kevin Sisk, Olivia Beaudet, Bernice Pierre, Ryan Hsu, Somika Dakhal, Raggi Oha, Dayra Maldonado, Camilly Neto, Khushi Shah, Makayla Goss, Sophia Serratore, Priscilla Zhang, Norriet Francis, Emili Serratore, Jake Mannering, Cameron Hixon, Sophia Nicastro, Layla Al-Hussaini, Surya Adeleye, Prerana Mistry, Sophia Bellande, Amelia Wilson, Noelle Abruzzese, Amy Heil, Gia Rodriguez, Dagney Overbey, Anya Bodenhofer, Aidan Murray, Catherine Hurley, Mary Panetta, Kelly Daher, Angelina Varon, Sean Pugatch, Dan Pugatch, Riley Smith, Stephanie Mastinggal, Aidan Prior, Stephen Ailinger, Sean Chisholm, Isabel Haglund, Adelene Jeneid, Michael Huha, Matthew Murphy, Sarah Mohiuddin, Madison Evans

Advisers: Ms. Derrane and Ms. Orlinski

G E R M A N C L U B



Mary Marinucci, Mark Larrivee, Elena LeSavage, Ethan Almeida, Sam Clerveau, Evan Van Hoesen, Shawn Flynn, Cameron Hixon, Robert Bussiere, Shawn Brutus, Tim Rose, Sairys Greene, Ryan Moran, Christina Christian, Sara Bernal, Miguel Acevedo

Adviser: Herr Buhler

A S P H E R T I S T E

Layla Al Hussaini, Sanaai Watson, Mya Tomlinson, Emily Moran, Fiona Campbell, Kayla Rowan, Catherine Martin, Katie McLeish, Sarah Mohiuddan, Dagney Overbey, Tegan Bartlett, Jasmine James, Sean Pugatch, Chloe Ronco, Tara Bilotta, Amelia Wilson, Zena Watfa, Lily Cronin

Advisers: Ms. Mead-McGrory and Ms. Mullaney

*many members of this club are also members of the National Art Honor Society



Venkata Dasuri, Kimberly Ndegwa, Mariam El Awak, Sanaai Watson, Gurucharan Naikar, Shishir Pai, Saibah Mohiuddin, Alyssa Lahaise, Sarah Mohiuddin, Benjamin Kravitz, Aanchal Nigam, Declan Andrews, Gregory Gassoway

Adviser: Ms. Apostoli

M A T H C L U B

R O B O T I C S

James Beauchemin, Jake Francis, Eve Andrews, Giuouchafan Naikao, Christopher Giovanni, Tarun Ramani, Brian Terrell, Jake Pratt, Anthony Tritto, James Clary Washington, Khushi Shah, Giacomo Serratore, Jason Rogers, Jade Perry, Ryan Hsu, Omar Da'Darah, Sean Flynnne, Jacob Zhang, Chris Perriello, Eldrick Buissereth, Carl Bechara, Sai Nedunchezhian, Shawn Brutus

Adviser: Dr. Crowley



F C L U B H

Kylie McDonagh, Ioanna Minasidis, Eliza Van Hoesen, Daniel Sorensen, Aswanth Jeyaram Kumar, Shishir Pai, Davidson Cange, Alexia Martinez, Shelby Francis, Gurucharan Naikar, Emily Murray, Giovanni, Christopher West, Elias Begg, Betty Nakimuli, Dellah Ademulegun, Beyonca Ayoub, John Ross, Nelson, Douglas Charland, Benjamin Rivas-Santos

Adviser: Madame Malange



D & D

Dungeons Dragons

Evan Van Hoesen,
Brian Yuen, Gregory Gassoway (President),
Donovan Cahill, Brody Graham

Adviser: Mr. Cyr

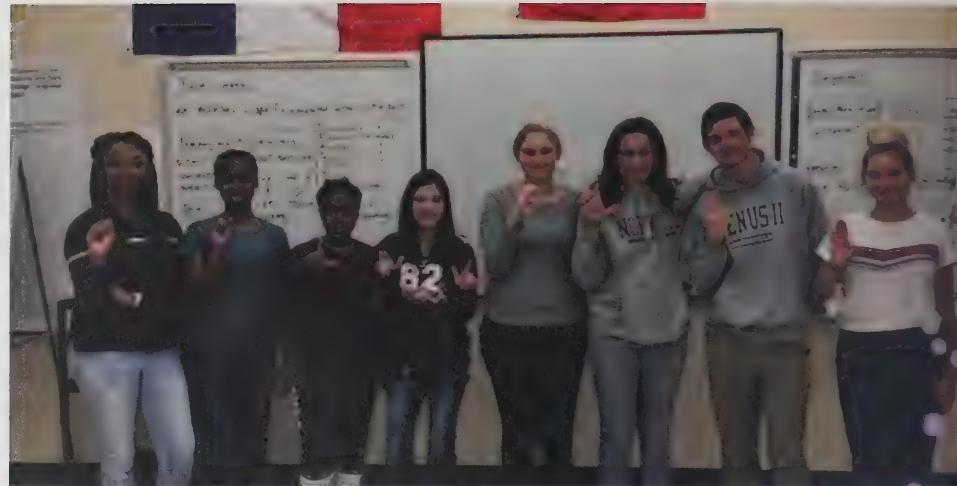


A American S Sign L

Language

Biana Buissereth,
Noirret Francis,
Shelby Francis, Jordan
Drenkhahn, Mary
Marinucci, Elena
LeSavage, Cameron
Hixon, Kylie
McDonagh

Adviser: Mr. Buhler



Tanya Kolli, Khushi
Shah, Adelene Jeneid,
Raggi Oha, Sofia
D'Annunzio, Alrina
Sharra, Bernice
Pierre, Sonika Dhakal,
Xavier Cullen

Adviser: Ms.
Leichtman

E Environmental Y Youth C Coalition

Isaiah Acevado, Stephen
Ailinger, Danessy
Auguste, Hailey Barrows,
Tea Caravello, Marianna
Carey, Sean Chisholm,
Norriet Francis, Kalee
Hanson, Mikhaila Hurley,
Adelene Jeneid, Tanya
Kolli, Gauri Looba, Rusali
Rajbandari, Zachary
Regan, Emma Senna,
Sophia Serretore, Alrina
Sharra, Olivia Walsh,
Sean Wetherell, Priscilla
Zhang

Adviser: Mr. Loja



FRIENDSHIP

C L U B

President -Vera Sabha
Copresident: Riley Smith
Copresident: Morgan Turchetta
Vice President: Surya Adeleye
Treasurer: Joycelyn Ramos,
Jasmine James
Co-secretaries: Bernice Pierre,
Khushi Shah
Public Relations: Noelle Aburzese
Advertising and Marketing: Joel
Yamoah, Jasmine James
Members: Madi McDonough,
Taylor Lynch, Azaria Pittman,
George Priore, Makayla Goss,
Sonika Dhakal, Melanie Lurette,
Danessy Auguste, Clarisse
Sylvestre, Bella Inzodda, Jake
Pratt

Adviser: Mrs. Kelley



Sophia Serratore, Kylie
McDonagh, Norriet
Francis, Emili
Serratore, Kaelyn
Curran, Bernice Pierre,
Marisa Silk, Julie
Salvaggio, Surya
Adeleye, Prerana
Mistry, Amanda Najm,
Ryan Kelly, Stephanie
Mastiggal, Emily
Murray

Adviser: Ms. Cohn

S A D D

Sarah Jackson, Kimberly
Ndengwa, Nadine
Thomas, Atlas Nelson, Tim
Rose, Maeve Lyon, Brady
Sheehan, Kian Lyon, Matt
Ritchie, Johnny Ayoub,
Daniel Sorensen, Michael
Petrie-Hicks, Angelina
Clayton, Audrey Scafati,
Carolyn Ferris, Anthony
Venuto, Savannah
Bannon, Ben Jackson,
Colleen Cardinal, Dea Rosa

Adviser: Mr. Quinn

D R A M A C L U B

FRIENDSHIP

Club spotlight on...

Student Council



CLASS OFFICERS

	SENIOR	JUNIOR	SOPHOMORE	FRESHMAN
President:	Gia Rodriguez	Aidan Prior	Juliana O'Neil	Grace Dileo
Vice President:	Tim Rose	Conor Sheehan	Anthony Scavotto	Shannon Gover
Secretary:	Noelle Abruzzese	Tara O'Brien	Mollie Cronin	Katelyn Flynnne
Girls Treasurer:	Surya Adeleye	Lily Prior	Meg MacDougall	Ally Steeves
Boys Treasurer:	Sam Wong	Sean Chisholm	Joey Demarais	Ethan Picpcian
Girls Athletics Advisor:	Bryn Garczynski	Erinn Wagner	Rosemarie Donovan	Erin Reen
Boys Athletics Advisor:	Aidan Reardon	Jaden Ryan	Robbie Wladkowski	George Tolman
Fine Arts Advisor:	Sarah Jackson	Brady Sheehan	Jennifer Ciarletto	Tea Caravello

NHS Student Council is always working to...

"represent and serve the needs of the student body by advocating for the needs of students, working with the administration in matters affecting the welfare of the student body, stimulating good citizenship among students, and coordinating and encouraging participation in all student activities and events"

- Student Council Advisor Ms. Curtin

"When I first took on the role of Student Council Advisor, one of my goals was to provide all NHS students with consistent opportunities for performing community service while hopefully fostering a greater sense of community among the student body and their local area." -Ms. Curtin



Christmas
in the City

SERVICE SATURDAYS



Veterans' Service



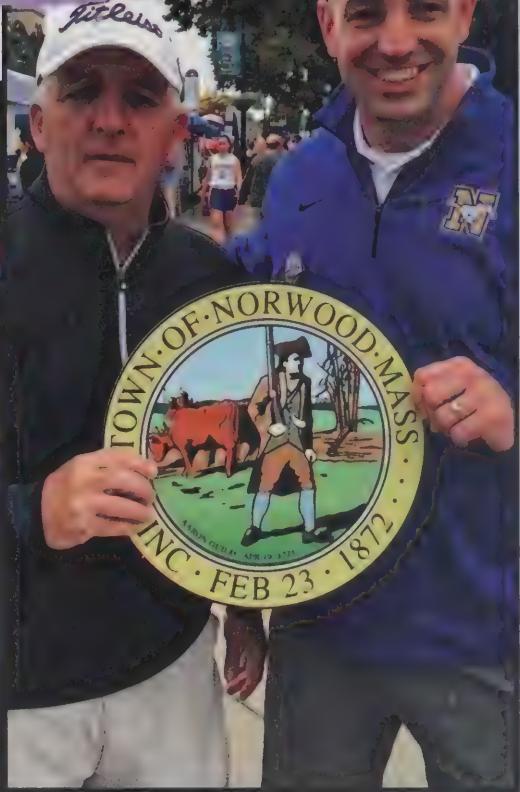
Children's Hospital
Cards and Care Packages



"But what does StuCo DO?" Well, this year they have...

- Raised over \$2,000 for our 4th annual Putting for Patients fundraiser with the Jimmy Fund
- Hosted our second talent show "Class Act" with thirteen acts -- winners saxophone trio Pyotr Umbay-Guliaeff, Adam Gorine, Kyle Leonard
- Launched Service Saturday campaign the second Saturday of each month and volunteered with the VFW in West Roxbury, Christmas in the City, Boston Children's Hospital, Norwood Food Pantry, Impact Norwood, EYC, and more!
- Presented Style on the Hill & Man on the Hill (with over 65 seniors participating) in collaboration with Post Prom Committee
- Introduced Senior Week for the class of 2019's last week at NHS
- Organized the 2nd annual Senior Walk at Norwood elementary schools: "Our aim is to bring together the Norwood community and not only instill pride for our town, but also pride for education and learning with a reminder to the Senior class of how far they have come"

Norwood Day



SEPTEMBER 8, 2018



FRIDAY OCTOBER 5, 2018



Fall Pep Rally



America Monday



Twin Day



Way-Back Wednesday

Fall Spirit Week

Pajama Day



Color Wars Friday



Class of 2019 HOMECOMING COURT

King &
Queen



Jake Smelstor and Gia Rodriguez



Austin Reardon, Sophia Bellande, Michael Curley, Amanda Najm, Jake Smelstor, Gia Rodriguez, Sarah Mohiuddin, Joe Spadocia, Lily Cronin, Aidan Mulligan

Tim Rose, Surya Adeleye





NHS CIVICS TRIP
WASHINGTON D.C.
OCTOBER 4-9, 2018





Michael Curley helping his team take a win with encouragement from his friends



Erin Wagner and Allie Martin estimating how much power to put behind this next stroke.



Zena Watfa, Sophia Bellande and Surya Adele having the best time ever at Putting For Patients



Chris Martin and Charlie Hanoian carefully watching as Matt Hennessey lines up for his shot.



Putting For Patients

NORWOOD HIGH SCHOOL GYM - OCTOBER 13, 2018

Giovanna Rodriguez evaluates the scores of contestants Jaden Ryan and Erik Rocha



The NHS Student Council partners with the Dana Farber Cancer Institute to sponsor the annual "Putting for Patients" fundraising event. The generous donations of participants and members of the Norwood community raised over \$3000 for cancer research.

In the miniature golf competition, Joe Spadocia won for best individual score, and the team of Michael Curley, Charlie Hanoian, Matt Hennessey, and Chris Martin won for best team score.



Senior vs Faculty

Volleyball

Thursday, November 15th, 2018



2-1

Seniors Win!



Demi Formal





Four Points Sheraton
November 5th, 2018





Powderpuff

Monday, November 19th, 2018

Scores	
Seniors	Juniors
12	10

Seniors Win!



Thanksgiving Pep Rally



NOVEMBER 21, 2018
NHS GYM

Turkey Toss Winners: Sam Wong, Dan Pugatch, Sean Pugatch, Charles Hanoian, Connor Miller, Erik Danehy



Class Act

Performing Acts

Jordan Drenkhan

Jessica Delli Carpini

Kimberly Ndegwa

Kyle Leonard, Pyotr Umbay-Guliaeff, and Adam Gorine

Emily Keefe

Savannah Bannon and Jayda Taylor

Brady Sheehan

Sydney Wu

Skylar Evans

Salomon Klarou

Ashley Gomez

Fiona Campbell

Maggie Curran, Maeve Glavin, Brianna Leblanc, Mary Lee, Molly Mannering, and Kate Rogers

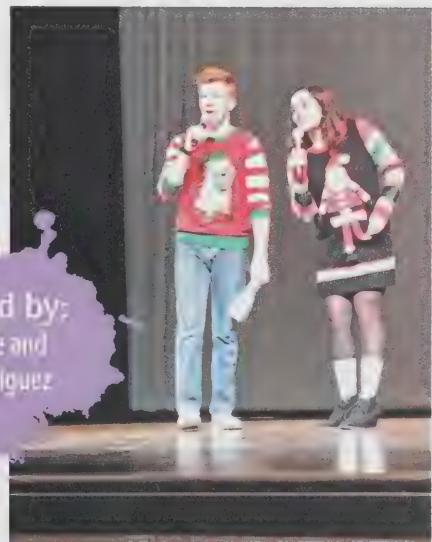
December 13, 2018
NHS Auditorium





Winning Act

Kyle Leonard, Pyotr Umbay-Guliaeff, and Adam Gorine



Hosted by:
Tim Rose and
Gia Rodriguez



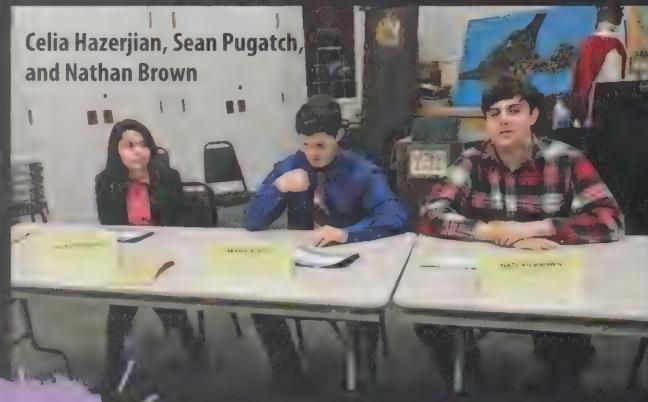


JANUARY 26, 2019
Edward M. Kennedy Institute on the Senate
Building, MA



We The People

Celia Hazerjian, Sean Pugatch,
and Nathan Brown



Matt Murphy, Kian Lyon, Angie Varon, and
Catherine Hurley



UNIT AWARD
WINNERS!



Xavier Cullen, Sarah Mohiuddin, and Danayja Gardner

Unit 3

Unit 5



Hannah Grupposo, Stephanie Mastiggal, Morgan Turchetta, and
Danielle Joseph

Unit 4

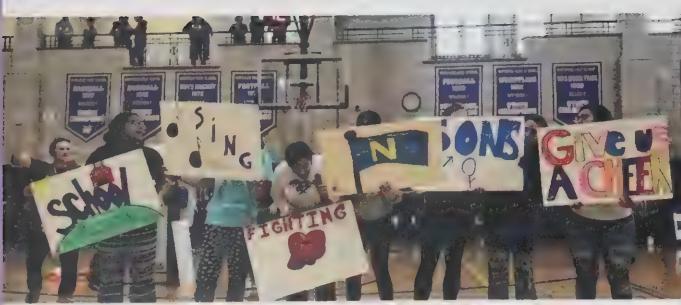
Unit 6



Fine Arts Semi Formal



**FEBRUARY 8, 2019
SHERATON FOUR POINTS, NORWOOD**



WINTER Pep Rally

FRIDAY
February 15, 2019





Seniors vs Faculty

Basketball



Scoreboard

HOME	PERIOD	GUEST
42	4	60
FOULS 0	FOUL PLAYER	FOULS 0
SCORE	ADVANTAGE	SCORE

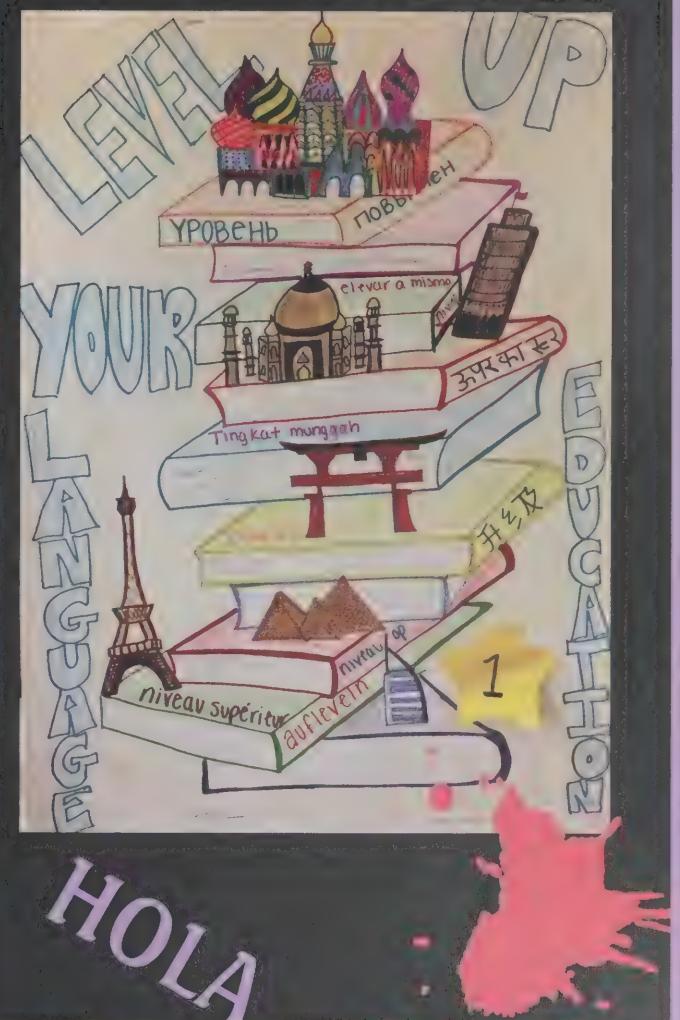
Faculty Win!



Foreign Language Week

BONJOUR





Style on the Hill



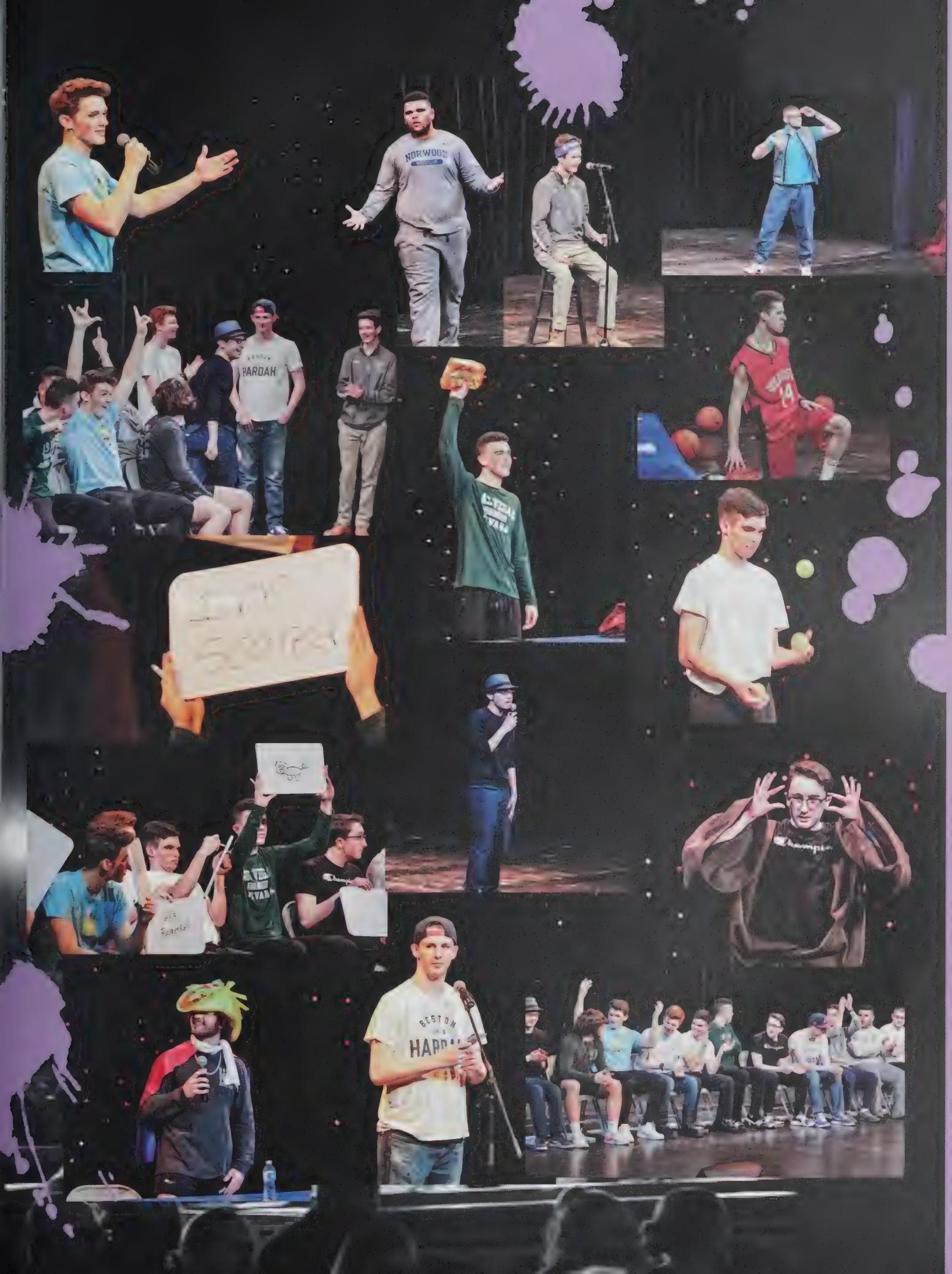


Mr. Man on the Hill



Tim Rose



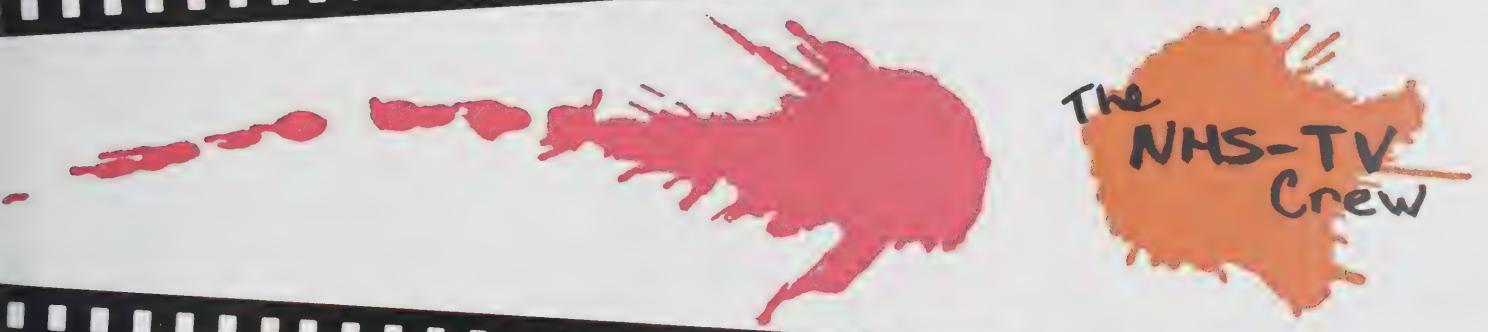


NHS-TV





GOOD MORNING MUSTANGS



Global Mustangs



Kelly Daher

Hometown: Kesserwen, Lebanon

Moved To the US: Born in US, Moved to Lebanon in 2005, then came back to the US in 2012.

Moved to Norwood: 2012

What are the biggest differences between your home country and Norwood?

The language, the houses, and the alphabet.

What do you miss most about your hometown?

My sister, relatives and friends, the beautiful mountains, and how you can explore the whole country in 1 day.

What advice do you have for students new to the U.S. and to Norwood?

It is hard to make new friends, so be friendly with everyone. Also, everything will be easier over time. They might feel lonely in the beginning, but it won't last.



Alex Yuen

Hometown: Hong Kong, China

Moved To the US: 2007

Moved to Norwood: 2007

What are the biggest differences between your home country and Norwood?

The food and adjusting to a suburban area as opposed to an urban area.

What do you miss most about your hometown?

The food and my family.

What advice do you have for students new to the U.S. and to Norwood?

Embrace your heritage.



Nancy Blankson

Hometown: Accra, Ghana

Moved To the US: 2012

Moved to Norwood: 2014

What are the biggest differences between your home country and Norwood?

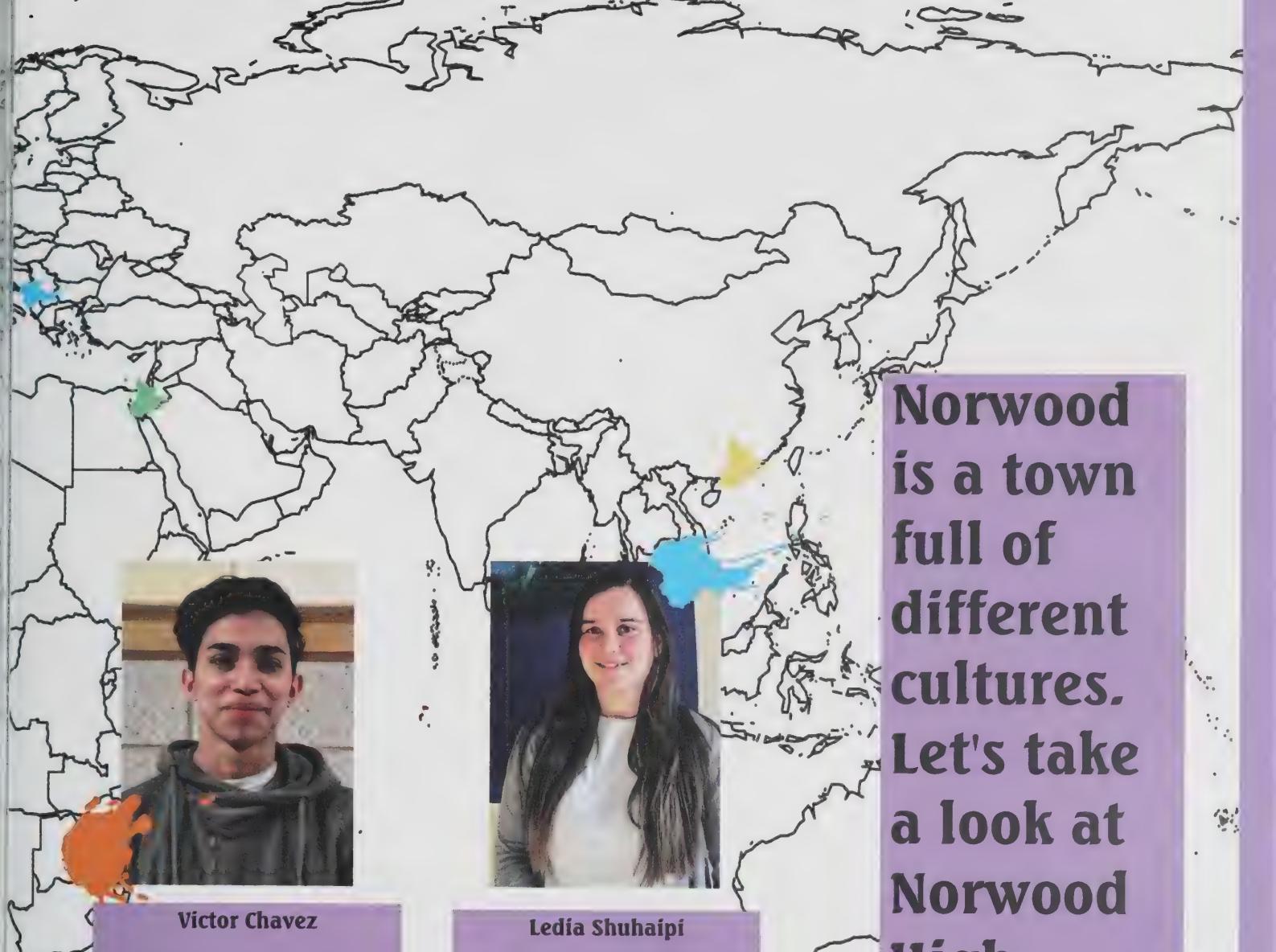
The fact that in my country we are like a big family. We are all surrounded by people and there is more freedom to do what you like. However, in Norwood it seems like everyone minds their own business unless they know you. There is a saying in Ghana that says "It takes a village to raise a child" which I believe describes Ghana because everyone is involved with helping each other.

What do you miss most about your hometown?

The food, the weather, hanging out with friends, living a "simple" life as well as the length of the days.

What advice do you have for students new to the U.S. and to Norwood?

have patience but also not be afraid to be themselves. Don't worry about having friends and fitting in because they will eventually fit in therefore they might as well live and learn this as a new experience.



Norwood is a town full of different cultures. Let's take a look at Norwood High seniors from around the world!



Victor Chavez

Hometown: San Salvador, El Salvador

Moved To the US: September 2015

Moved to Norwood: 2016

What are the biggest differences between your home country and Norwood?

Probably the language, but I actually don't know, there are so many things that are different from my country, like the weather, here it's cold, opposite to my country, which is hot most of the time.

What do you miss most about your hometown?

The weather, sometimes I think about moving west to places like Cali, Texas, or Nevada. I like the cold weather here, but is not my thing.

What advice do you have for students new to the U.S. and to Norwood?

Newcomers should just be cool and enjoy their time here, there is so many nice people here that they should just try to feel like in home, get involve in sports and activities.



Ledia Shuhaipi

Hometown: Berat, Albania

Moved To the US: September 2017

Moved to Norwood: September 2017

What are the biggest differences between your home country and Norwood?

The school system, the culture, and the food.

What do you miss most about your hometown?

My friends and grandparents.

What advice do you have for students new to the U.S. and to Norwood?

Be who you are and work hard for what you want because is worth it.

NHS Favorites

Coffee Chain:

**NORWOOD HIGH RUNS ON
DUNKIN'**

Norwood Restaurant:

CONRAD'S

Local Pizza:

1A

Book Read in School:

**TO KILL A
MOCKINGBIRD**

School Subject:



History

Boston Sports Moment:

**28-3**

*The Patriots' huge
comeback against the
Falcons in Super Bowl LI*

Social Media:



Instagram

TV Show of All Time:

**The
Office**



Actor:



TV Show of 2018:

GREY'S ANATOMY

ZAC EFRON

Movie of 2018:

A SIMPLE FAVOR



Actress:



BLAKE LIVELY

Singers:



POST MALONE



DRAKE



**ARIANA
GRANDE**

Songs of 2018:

"GOD'S PLAN"

by Drake

and

"DRIP TOO HARD"

by Lil Baby x Gunna



**PANIC!
AT THE
DISCO**

Bands:

MIGOS and

THE MASKED MUSTANG

THE CASE: For the past four years, concerned students such as myself have been collecting evidence about the true people behind the infamous NHS mascot, the Mustang. These people have eluded us for too long, and we have finally narrowed the suspect list down to only three seniors. We have interviewed countless witnesses and connected all the dots. The following evidence is confidential, and, under no circumstances, should it be leaked to the press or the public, as it could jeopardize the investigation...

Thank you.





AIDAN MULLIGAN

- Has a lot of spirit
- Has memorized the entire school song
- Loves horses, especially mustangs



KIARA GUGLIETTI

- Has never been in the same room as the Mustang
- Rumor has it that she was caught putting the costume on before a rally



AIDAN REARDON

- Very athletic
- Exactly as tall as the Mustang
- Constantly says that the mascot is a cool guy



Congrats



Congratulatory Advertisements

ROBERT BUSSIERE, CONNOR MILLER, TIM ROSE, KATIE SCHMIDT, and EVAN VAN HOESEN



CONGRATULATIONS CLASS OF 2019!



Congratulations Connor, Evan, Katie, Robert and Tim,

It has been a joy watching you grow up together. We are proud of all of your accomplishments and we wish you much success and happiness in the future.

With Love,
Your Families



GREGORY GASSOWAY



Congratulations, Gregory!! We're all so proud of you! You've always been so independent and strong. It's been a joy to watch you grow into the fine young man you are today. Now your passion for math and science are leading away to Chicago to study aerospace engineering. We'll miss you, but we're excited that you're pursuing your dreams. Look out, Chicago, here he comes!!

We love you so much,
Dad, Mom, Larry, Teresa, Brady, Charlotte and Nick

LUCA COLOSIMO



Congratulations Luca!

We are so proud of all your accomplishments and the person you've become. We look forward to watching you exceed all of your dreams. Stay true to yourself and always remember that we love you!

SEAN MASON

Love you, Sean! I'm so very proud of you! I know you'll be successful in whatever you do, and remember you'll always have my support!

Love,
Mom



Congratulations, Sean! And good luck next year!

Love,
Luke

BRETT LAMPRON

**"Today you are you, that is truer than true.
There is no one alive who is youer than you!"**

There isn't a kinder soul in the world! We are over the moon proud of the young man you have become!

Love,
Mom, Dad and Travis



SEAN MASON



Sean, I am very proud of you. You have grown up to be a fine young man. I love you.
Dad

Your futures look bright!

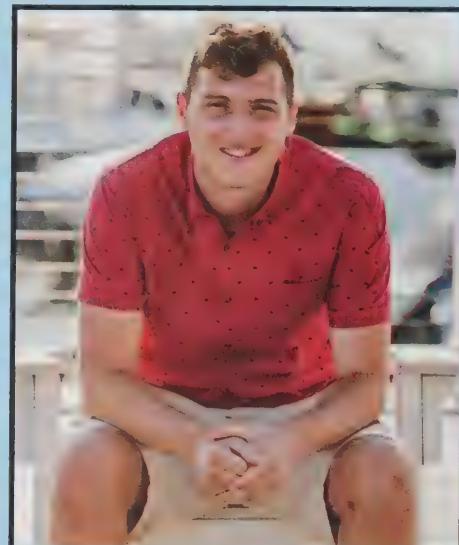


Congratulations Emily Murray and all members of the class of 2019!



EVAN VAN HOESEN

"There is nowhere to go but everywhere. So just keep on rolling under the stars." - Jack Kerouac.



We are so very proud of all your achievements! Spread your wings, but always remember your roots.
Make safe and smart choices.
Love you so much! Mom, Dad, Eliza, Elayna and Zoey



Lily Cronin

Dear Lily, Congratulations to you and the class of 2019.
We are so proud of you! You are amazing! We love you,
George, Nanny, Mom, Andrew, Mollie and Catherine



Noelle Abruzzese

"You're off to Great Places! Today is your day! Your mountain is waiting. So...get on your way!"
We are so proud of you! And, always remember, you will be fine!
Love Dad, Mom, Alyssa and Julia



ERIN RYAN



Congratulations Erin! We are so proud of you. Follow your dreams & do what you Love. Live life with the joy of childhood, and Travel the Road Less Taken. And so the adventure begins...

Love,
Mom and Dad

JOHN WILLIAMS



Congratulations!!!! The sky is the limit.

Love, Mom, Dad, Luke and Gregory

KIARA GUGLIETTI

*Braver than you believe, stronger than you seem,
smarter than you know, loved more than you
know. We are so proud of you Boodle!*





Business Advertisements



broderick gymnastics

Wishing the Graduating Class of 2019
Best Wishes for a
Happy & Healthy Future
Congratulations!



Saint Catherine of Siena Parish
547 Washington St., Norwood, MA 02062
(781) 762-6080
www.stcatherinenorwood.org

CONGRATULATIONS
CLASS OF 2019!

CONGRATULATIONS
to the class of 2019!

Mon - Thur: 9 A.M. - 10 P.M.
Fri - Sat: 9 A.M. - 11 P.M.
Sundays & Holidays 1-10 P.M.

781-769-0606

The Norwood Sport Center, Inc.
Established 1940

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Norwood, Mass.

Poirier
Sales & Service

Congratulations NHS Graduates!



MONDAY – WEDNESDAY: 9AM-6PM

THURSDAY: 9AM-7PM

FRIDAY & SATURDAY: 9AM-5PM

SUNDAY: 12PM-5PM



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KitchenAid

FRIGIDAIRE

Fisher&Paykel

Thermador

GE

Miele

BOSCH

MAYTAG

SUB-ZERO

ASKO

Amana

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(781) 769-2446 (617) 558-5500





- Photo Booths
- Outdoor Movies
- Hashtag Printers
- Inflatable Dartboards

Congratulations Class of 2019!!

Best wishes to our team members
graduating this year -
Xavier Cullen & Joe Spadorcia!

NORWOOD

GRIDIRON CLUB

Invites you to help support NHS Football... And especially the

Robert Jesseau Scholarship Fund

Sean Danaher, President

Scott Whitcomb, Vice President

Sean Barnicle, Secretary

Ed Hickey, Treasurer

Go
Mustangs!



NORWOOD



DIAMOND CLUB

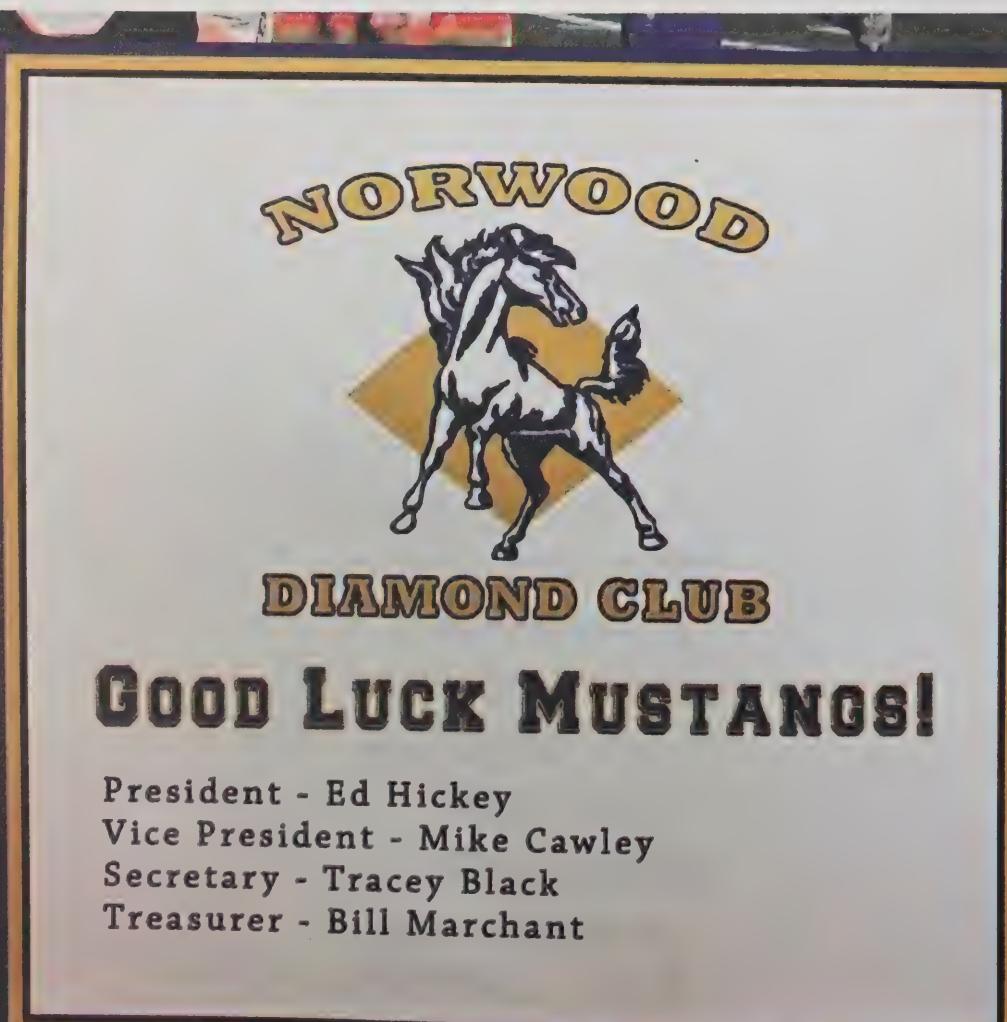
GOOD LUCK MUSTANGS!

President - Ed Hickey

Vice President - Mike Cawley

Secretary - Tracey Black

Treasurer - Bill Marchant





Congratulations
Norwood High School
Class of 2019

No matter where you go, we
will always be here to support you!

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Orange leaf

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Stop in today!

CONGRATS NHS SENIORS!



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Fax (781)762-1848
Email: nzi@nziagency.com

NAMASKY-ZAMMITO INSURANCE AGENCY, INC.

Serving your insurance needs.

Charles B. Zammito

955 Washington Street
Norwood, MA 02062

***Congratulations to
the Class of 2019!***

Dempsey Insurance Agency

145 Railroad Ave • Norwood • 781-762-0042

www.demsure.com



Robert A. Dempsey - President & Owner

Patrick R. Dempsey - Vice President & Commercial Lines Specialist

Congratulations & Good Luck

Class of 2019

Proudly Serving Norwood and Surrounding Communities Over 70 Years!



**Norwood Light Broadband
congratulates the
Graduating Class of 2019!**

We also thank the thousands
of families and businesses
in Norwood
who have made us
the #1 Provider of
*Cable TV, High-Speed Internet
and Telephone* in town!

NORWOOD LIGHT BROADBAND
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**Congratulations Class of 2019!
Best Wishes to our Seniors:**

Erik, Julyanny, Finn, Sean, Dan, and Valter



Friends of Norwood Boys' Soccer

Congratulations! Class of 2019



Frederick J. Wobrock, Managing Funeral Director

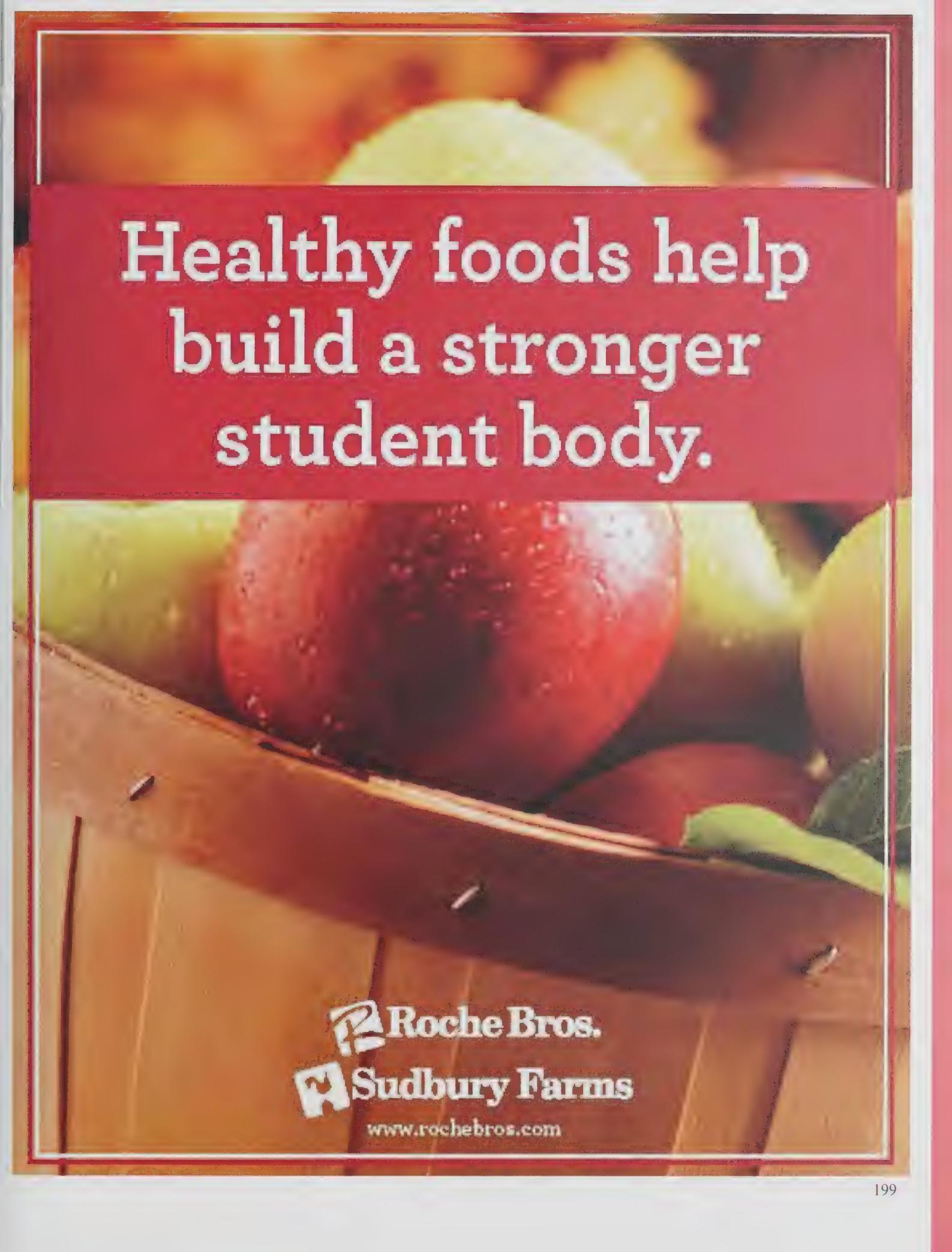
Eric A. Fay, Licensed Funeral Director



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Director: John P. Kornack

Serving the families of Norwood and the surrounding communities
with thoughtful care for over 60 years.

Complete funeral and cremation services.

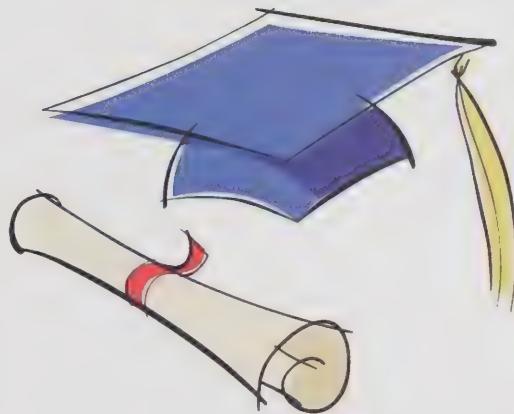
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Congratulations Norwood High School Class of 2019



We wish you every success as you begin
a new chapter in your life.



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Congratulations to the Class of 2019!



NORWOOD POLICE ASSOCIATION



BEST WISHES TO THE ENTIRE CLASS OF 2019

NORWOOD TEACHERS' ASSOCIATION

President: Jodi Smith

Vice President: Anne Marie Busler

Secretary: Erica Lockwood

Treasurer: Anne Watson

Best of Luck to the Class of 2019!



"We touch the future. We teach!"

Congratulations, Class of 2019! - **Mr. Oliveira**

Congratulations Class of 2019! Live your truth. - **Ms. Cohn**

"The longest journey starts with a single step.....best not to take any." - Grumpy Cat
Congratulations Class of 2019 !!! We will miss you. -**Mr. O'Connor**

Congratulations, Class of 2019! -**Mrs. Kaplan**

Congratulations and Best Wishes to the class of 2019! - **Mr. Betz**

"Always remember, you are braver than you believe, stronger than you seem, smarter than you think, and loved more than you know."
Congratulations John and the Class of 2019! -**Mrs. Calligan**

Congrats Class of 2019! Remember that life is 10% what happens to us and 90% how we react to it. Now go conquer the world! :) -**Ms. McDonnell**

Congratulations Class of 2019! Live, love, laugh, and do great things! - **Mrs. Busler**

Congratulations to the Class of 2019! - **Mr. Casali**

Congratulations Class of 2019 and good luck! - **Jim Sweeney**

Life is all about making connections. Be the best friend you've always wanted. With love and friendship, **Señora Kelley and The Friendship Club**

Wishing the Class of 2019 a bright and successful future! Make us proud! - **Miss Rodger**

"If you have built castles in the air, your work need not be lost; that is where they should be. Now put the foundations under them." -Henry David Thoreau
Congratulations, Class of 2019! Do the work! -**Ms. Treloar**

Congratulations Class of 2019 - May you be happy, may you be healthy and Stay Positive! - **Mrs. Glynn**

Congratulations Class of 2019! Be the best version of yourself and you will accomplish great things. -**Mrs. Lemieux**

"Do not anticipate trouble, or worry about what may never happen. Keep in the sunlight." (Ben Franklin) Good luck, graduates! - **Ms. John**

"You're off to great places! Today is your day! Your mountain is waiting, so....Get on your way!" -Dr. Seuss. -Best of luck Class of 2019 -**Ms. Romaine**

Tente in animis: Errre hmnum est, labor omnia vincit, et carpe diem! - **Mrs. Holmes**

Be involved in your community - ask questions, show up when it matters, and VOTE. Congratulations, class of 2019! - **Ms. Uppenkamp**

No one says it better than Woody and Buzz. Reach for the sky! To infinity and beyond! -**Ms. Sheffield**

Now is only the end of so many more beginnings. Go out there and do amazing things, Class of 2019! -**Ms. Curtin**

Congratulations, Class of 2019! I know you will go into the world and do great things! Make us proud. -**Ms. Newman**

"The more you read, the more things you will know. The more that you learn, the more places you'll go." Dr. Seuss - I Can Read With My Eyes Shut! Kudos to you, Class of 2019 -**Ms. Drummeay**

"You are a child of the universe, no less than the trees and the stars; you have a right to be here. And whether or not it is clear to you, no doubt the universe is unfolding as it should" - Max Ehrmann
Congratulations Class of 2019, you will be missed! - **Ms. Leavitt**

Some words of wisdom from Atticus Finch: Courage is "when you know you're licked before you begin but you begin anyway and you see it through no matter what." Whatever you choose to do, see it though, work hard, and do it well! Congratulations! -**Ms. Connolly**

CONGRATULATIONS TO THE
CLASS OF 2019,
FROM THE FACULTY AND STAFF OF
NORWOOD HIGH SCHOOL

Faculty Sponsors

Yearbook Staff

Meet the cool people who made your yearbook!





Ms. Uppenkamp
Actually-Appointed
Advisor
-self appointed mom
-prefers dogs over people



Tegan Bartlett
Self-Appointed Assistant
(to the) Regional
Manager
-peaked sophomore year
-loves unicorns



Xavier Cullen
Self-Appointed
International Relations
Specialist
-peaked freshman year
-not seen on tv



Celia Hazerjian
Self-Appointed Quality
Control Coordinator
-chaotic good
-has probably talked to her
mom about you



Fiona Campbell
Self-Appointed Graphic
Designer
-fastest growing channel
on YouTube
-robloxlets player



Alli Kelleher
Self-Appointed
Supervisor
-showed up late
-left early



Joe Spadorcia
Self-Appointed President
-put "Yearbook President"
on college resume
-as seen on tv



Zena Watfa
Self-Appointed Vice
President
-hasn't slept in 18 years
-uses "lol" as punctuation



Amelia Wilson
Self-Appointed Human
Resources Rep
-still thinking...
-couldn't think of anything

Colophon

Production and Printing Details

The 81st edition of the TIOT was printed by Lifetouch in Loves Park, Illinois. The theme of the yearbook - "Paint your future" - is inspired by the boundless and undefined futures that the students, staff, and community members of Norwood High School have ahead of them, especially the class of 2019.

PHOTOGRAPHY

Senior portraits were taken by many local photographers, including but not limited to: Dan Busler Photography, Kate Kelley Photography, Donna Doliner, Judy Fiola, Prestige Portraits, and many other talented photographers. Underclass portraits were taken by Lifetouch Photography.

COVER AND ENDSHEETS

The cover is printed with Lithographic ink; the cover is protected with a matte lamination, with a clear silkscreen on the cover graphics. The cover design was created by Joe Spadocia. The front endsheet art was created by Fiona Campbell, and the back endsheet text was created by Zena Watfa.

PROFESSIONAL STAFF

Our Lifetouch sales representative was Debbie Cohen. Yearbook creative and content adviser was Ms. Molly Uppenkamp. Yearbook financial adviser was Ms. Jennifer Rodger. Additional photography support was provided by Lifetouch staff, Dan Busler Photography, and Performance Action Photography. Additional yearbook consultation and support was provided by Dr. Hugh Galligan and Ms. Cindy Derrane.

DESIGN AND PRODUCTION

The book is 208 full color pages in 8.5x11 format. The spring supplement is 30 full color pages. All pages were created by TIOT staff and submitted over 5 deadlines. Core colors were custom Orange, Yellow, Green, Blue, Purple, and Pink. Font families used included Seagull BT, Myriad Pro, and a custom font created by Zena Watfa, with tech support from Joe Spadocia. The cost of the book ranged from \$75 to \$90, with lower prices available to early purchasers.

WHY TIOT?

TIOT (pronounced tie-ott) originates from the language of the native Neponsets, a branch of the Algonquin tribe. Translated to "enclosure of waters", the term refers to the fact that Norwood is surrounded by water on three sides.

The first few settlers of the Norwood area situated themselves for the most part on the fertile land beside the Neponset River and along the Trapole and Hawes Brooks. The settlers gradually transformed the wilderness into a small, self-contained village that came to be known as TIOT.

Around the 17th century, TIOT became a nickname for the area that is now known as South Norwood. In 1639, TIOT was a part of Dedham, along with 14 other communities in Southeastern Massachusetts. The town of Norwood was officially formed in 1872.

Today, TIOT remains a visible symbol of town pride, and it has been the name of the high school yearbook since 1939.

THANK YOU FOR
SUPPORTING THE
2019 NORWOOD
YEARBOOK!

Paint your !

future here:

2019

Lifetouch